## Alzheimer's Association Education Hosted by the UW Memory & Brain Wellness Center

An education program presented by the Alzheimer's Association



## Free Monthly In-Person Education Programs

Each month, the Alzheimer's Association will host a free in-person education program on a topic related to Alzheimer's and other dementias.

## Join us to learn more about:

- Effective Communication Strategies
  - Wednesday, January 17, 2024
- Managing Money: A Caregiver's Guide to Finances
  - Wednesday, February 21, 2024
- Understanding Alzheimer's & Other Dementias
  - Wednesday, March 20, 2024
- Healthy Living for Your Brain & Body
  - Wednesday, April 17, 2024

When:
Every 3rd Wednesday
of the Month

Time: 1:00 PM - 2:30 PM

Where:
The Memory Hub
1021 Columbia St,
Seattle, WA 98104



## To Register:

Contact Kimber Behrends at kibehrends@alz.org or (206) 529-3865

<sup>\*</sup>Light refreshments will be provided at each education program.