# Alzheimer's Association Education Hosted by the UW Memory & Brain Wellness Center

An education program presented by the Alzheimer's Association



## Free Monthly In-Person Education Programs

Each month, the Alzheimer's Association will host a free in-person education program on a topic related to Alzheimer's and other dementias.

#### Join us to learn more about:

- Understanding Alzheimer's & Other Dementias
  - Wednesday, September 20, 2023
- Healthy Living for Your Brain & Body
  - Wednesday, October 18, 2023
- Know the 10 Warning Signs of Alzheimer's & Other Dementias
  - Wednesday, November 15, 2023
- Understanding & Responding to Dementia Related Behavior
  - Wednesday, December 20, 2023

#### When:

Every 3rd Wednesday of the Month

Time:

1:00 PM - 2:30 PM

Where:

The Memory Hub 1021 Columbia St, Seattle, WA 98104



### To Register:

Contact Kimber Behrends at kibehrends@alz.org or (206) 529-3865

<sup>\*</sup>Light refreshments will be provided at each education program.