

UW Medicine MEMORY & BRAIN WELLNESS CENTER



MEMORY LOSS: A GUIDE TO NEXT STEPS

A free one-time introductory class for people diagnosed with mild cognitive impairment or dementia and their families.

2 - 3:15 p.m. on the 2nd Thursday of the month: 6/10, 7/8, 8/12, 9/9, 10/14, 12/9

*No session 11/11, Veterans Day. Offered **virtually** using Zoom. Join by video online, or call in with your phone.

Space is limited; Register 2 days in advance.

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