

Looking for guidance around memory loss and caregiving?

REACH OUT TO THE

Memory Navigator Service

AT THE MEMORY HUB



- Free 30-Min Appointment with a Care Consultant
- In-Person, by Phone or Online by Zoom
- Memory Loss and Caregiving Info and Resources

The Memory Navigator service at the Memory Hub is offered by various providers including Kin On Health Care Center, Nolia Health, and MSW Social Work Interns. Offered in English and Chinese.

Bring your questions and learn about helpful resources:

- Info about memory loss and caregiving
- Support groups
- Dementia-friendly programs and activities
- Resources for legal and financial planning
- Safety assessments
- Respite care, home care, assisted living



The Memory Hub

Sign up for an appointment by calling
the Memory Hub at 206-616-6035, or book online:
www.thememoryhub.org/page/memory-navigator