

HOW TO INSTANTLY IMPROVE YOUR ZOOM CONVERSATIONS WITH A PERSON LIVING WITH DEMENTIA

DISCUSSION AND DEMONSTRATION OF SOME TOOLS OF TEEPA SNOW

BY

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3 STRATEGIES FOR BUILDING BETTER CONNECTIONS ON A VIDEO CALL

1. Be mindful of your body language

- Seated sideways presents a supportive stance, while head on can be intimidating
- Be aware of how the cameras are focused on participants



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2. See if someone can help limit their self-view

- If it is 1:1 call, put on Speaker View vs. Gallery View
- If it's more than 2 screens, it may be better to use Gallery View
- Set Rules for all participants to not cross-talk, or stop talking if you hold up your hand or similar cue



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2.2 Tips for Communicating

- Matching your pace to others
- Reflection
- This or something else
- Tell me more about it (Circumlocution)
- Visuals

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3. Use objects or music for engagement

- Show and Tell
- Pattern Recognition
- Call and Response
- Other ideas?????



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Questions?

Thank You!

Feel Free to Connect with Questions:

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