

# April 2024



## Dementia Friends Information Sessions and Champion Trainings

### In-Person Sessions:

#### >> *Eastern Washington*

**April 1:** 11am – 12 pm, Loon Lake Library (Loon Lake)

**April 8:** 6:00 pm - 7:00 pm, Argonne Library (Spokane)

**April 12:** 9:30-10:30 am, Argonne Library (Spokane)

**April 18:** 6-7 pm, Spokane Valley Library (Spokane Valley)

**April 19:** 11am -12pm, Newport Library (Newport)

**April 26:** 9:30-10:30am, Spokane Valley Library (Spokane Valley)

**Questions, email-** [dementia@altcew.org](mailto:dementia@altcew.org)

#### >> *King County*

**April 16:** 10:30- 11:30 am, Southeast Seattle Senior Center (Seattle) - Register at front desk or call (206)722-0317

**April 24:** 2-3 pm at the Memory Hub (Seattle)- Sign up: <https://forms.office.com/r/yfJPVBcJJF?origin=IprLink>, Contact [dementiafriendswa@uw.edu](mailto:dementiafriendswa@uw.edu) with questions

#### >> *Snohomish County*

**April 23:** 12-1 pm, Carl Gipson Center (Everett), (425) 818-2784

#### >> *Pierce County*

**April 15:** 11:00 am - 12:15 pm, Puyallup City Library (Puyallup), Contact Wendy for registration/questions: [wendy.morris2@multicare.org](mailto:wendy.morris2@multicare.org)

#### >> *Whatcom County*

**April 17:** 10:30 am-11:30 am, Bellingham Senior Activity Center (Bellingham), (360) 733-4030

### Virtual Sessions:

**April 9th:** 11-1 am, American Indian and Alaska Native Dementia Friends Information Session hosted by International Association for Indigenous Aging. Register: <https://bit.ly/DFInfoApril2024>

**April 11:** 9 am - 10 am Virtual Dementia Friends Information Session  
**April 11:** 10:00 am - 11:30 am Virtual Champion Training, Forms sign up: <https://forms.office.com/r/DF15NMqHMh?origin=IprLink>, Contact [dementiafriendswa@uw.edu](mailto:dementiafriendswa@uw.edu) with questions