**Primary Care Physician: @PCP@**

**Chief Concern:**

 Cognitive disorder care planning visit

**HPI:**

@NAME@ is a @AGE@ @SEX@ followed in clinic for \*\*\*, who presents for a comprehensive care planning visit today. The patient was last seen \*\*\*.

**Updated Neurological History:**

|  |  |
| --- | --- |
| **New diagnosis of neurological disease**  |  **{Previous diagnosis of neurological disease:24599::"None"}** |
| **New Head injury/concussion**  | **{History of head injury:24604::"None"}**  |
| **New visual symptoms** | **{History of visual symptoms:24601::"None"}** |
| **New hearing symptoms** | **{History of hearing symptoms:24602::"None"}** |
| **New abnormal movements** | **{History of abnormal movements:24603::"None"}** |
| **New stroke or TIA** | **{Previous stroke or TIA:24607::"None"}** |
| **Seizure since last visit** | **{Previous seizure:24609::"None"}** |

**Past Medical History:**

**PMH/PSH/Meds/All/FH/SH/ROS reviewed with patient, updated as needed.**

**New medical problems:** {ABSENT/PRESENT:20306}

**New surgical procedures:**  {ABSENT/PRESENT:20306}

**New family history:** {ABSENT/PRESENT:20306}

**Updated Social History:**

|  |  |
| --- | --- |
| **Lives with** | **\*\*\*** |
| **Cared for by** | **\*\*\*** |
| **Accompanied today by** | **\*\*\*** |
| **Home safety concerns**  | {ABSENT/PRESENT:20306} |
| **Driving** | {ABSENT/PRESENT:20306} |
| **Falls in past year** | {ABSENT/PRESENT:20306} |
| **Power of Attorney (health)** | {ABSENT/PRESENT:20306} |
| **Power of Attorney (financial)** | {ABSENT/PRESENT:20306} |
| **Advanced directive** | {ABSENT/PRESENT:20306} |

**Allergies:**

@ALLERGY@

**Medications:**

@NMEDS@

**Review of Systems: see health assessment - reviewed with patient**

**Constitutional**: No weight change, fever, chills, fatigue

**Eyes**: No diplopia, blurry vision, dry eyes, cataracts, macular degeneration

**ENT**: No headache, sinus issues, hearing loss, tinnitus, dry mouth, vertigo

**Cardiovascular**: No chest pain, tachycardia, bradycardia

**Respiratory**: No difficulty breathing

**GI**: No abdominal pain, constipation/diarrhea, nausea, incontinence

**GU**: No pain on urination, incontinence, kidney stones

**Skin/Teg**: No rash, lacerations, easy bruising

**Musculoskeletal:** No significant neck or back pain, history of arthritis, broken bones

**Psychiatric**: No anxiety, depression

**Endocrine**: No thyroid abnormalities, DM

**Hematologic**: No anemia, transfusions

**Immunologic**: No recent infections

**Neurologic**: See above

**Vital Signs:**

@VITALSM@

**General Physical Examination:**

Gen: Well developed, well nourished in no apparent distress. Awake and alert.

Neck: supple, full range of motion. No carotid bruits

Cardiac: Rate and rhythm regular without any murmurs and with normal S1 and S2 sounds.

Chest: clear to auscultation, no wheezes, rales or rhonchi, symmetric air entry

Abdomen: soft, nontender, nondistended, no masses or organomegaly

Extremities: no pedal edema

Skin: Intact

**NEUROLOGICAL EXAMINATION:**

**Last neuropsychological testing/in office test scores:**

|  |  |
| --- | --- |
| MMSE (7s) | \*\*\*/30 |
| MMSE (spelling) | \*\*\*/30 |
| Geriatric Depression Scale (GDS) | \*\*\*/30 |
| Instrumental ADLs | \*\*\*/31 |
| NPI-Q severity | \*\*\* |
| NPI-Q distress | \*\*\* |

General behavior: {General behavior:24610}

Deficit Anosognosia: {Deficit Anosognosia:24611::"None"}

Judgement: {Desc; good/fair/poor:18582}, estimated from: {estimated from:24612::}

Dysarthria: {ABSENT/PRESENT:20306}

Physician estimated decision making capacity: {ABLE/UNABLE:23867}

**Cranial Nerves:**

II: Acuity deferred. VFF. Fundus: \*\*\*

III, IV, VI: PERRL, EOMI, no nystagmus.

V1-V3: intact to light touch bilaterally

VII: face symmetric

VIII: intact to finger rub bilaterally

IX, X: palate elevates equally and symmetrically

XI: SCM 5/5

XII: tongue movements symmetric and midline. No fibrillations or atrophy.

**General Motor Survey:**

Posture: {NORMAL/ ABNORMAL:19060}

Tone: {tone:24616::"normal"}

**Motor Examination:**

Power 5/5 throughout in all 4 extremities

**Deep Tendon Reflexes:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **DTRs** | Bic  | Tric  | BR  | Pat | Ankle  | Toes  |
| Right  | 2+  | 2+  | 2+  | 2+  | 2+  | flexor  |
| Left  | 2+  | 2+  | 2+  | 2+  | 2+  | flexor  |

Abnormal reflexes: {Abnormal reflexes:24617::"none"}

**Sensory Examination:**

 Vibration: Normal in both legs

Joint Position: Normal in both legs

Light Touch: Normal in all 4 extremities

Pinprick: Normal in all 4 extremities

**Coordination:**

Finger to nose: \*\*\*

Heel to shin: \*\*\*

**Movement:**

Rigidity: none

 Bradykinesia: none

 Tremor: no rest tremor or postural tremor noted

 Posture: no significant postural instability

**Gait and Station:**

Gait and posture: {Gait and posture:24618::"normal"}

Romberg testing: Normal

 Posture: no significant postural instability

**Review of Medical Records:**

\*\*\*

**Impression:**

@NAME@ is a @AGE@ @SEX@ who presents with {MILD/MOD/SEV:15682} \*\*\* based on clinic evaluation and standardized instruments.

**Plan:**

The following care plan was discussed with the patient and family at length.

Diagnosis: @DIAGO@

Management of neuropsychiatric symptoms: {BPSD:23516}

Home safety, caregiver knowledge and needs and advanced planning issues were discussed.

Additional information: \*\*\*

**Thank you for the opportunity to participate in the care of your patient.**

**CC:@REFADDR@**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Patient instructions (cognitive care plan)

**Your Cognitive Impairment Care Plan**

**Your diagnosis is**: @DIAGO@

**Today we discussed:**

**1. Home safety concerns:**

\*\*\*

**2. Psychological symptom management:**

\*\*\*

**3. Advanced Care Planning:**

\*\*\*

**Follow up is recommended in** \*\*\*.

**Your current medications:**

@NMEDS@

**Additional Resources**

**Caregiver Resources:**

**Alzheimer's association:** [**www.alz.org**](http://www.alz.org)

Community resource finder: [alz.org/CRF](http://alz.org/CRF)

24/7 helpline: (800)272-3900

(disease education, support groups, personalized care consultation)

**Administration on Community Living:** [**alzheimers.gov**](http://alzheimers.gov)

(support for individuals living with dementia, community resources)

**Aging Life Care Association:** [**aginglifecare.org**](http://aginglifecare.org)

(geriatric care manager locator)

**ALZConnected:** [**Alzconnected.org**](http://Alzconnected.org)

(online support community)

**Alzheimer's Disease Education and Referral (ADEAR):** [**nia.nih.gov/alzheimers**](http://nia.nih.gov/alzheimers)

(800)438-4380

(disease information)

**Family Caregiver Alliance:** [**caregiver.org**](http://caregiver.org)

(support for family and friends providing long term, in home care)

**Safety Resources:**

**Driving evaluations:**

**Aging Life Care Association (see above)**

**Alzheimer's Association Dementia and Driving Resource Center:** [Alz.org/driving](http://Alz.org/driving)

**Alzheimer's Association Safety Center:** [**alz.org/safety**](http://alz.org/safety)

**Car Safety Guides:** [**Thehartford.com/resources/mature-market-excellence/publications-on-aging**](http://Thehartford.com/resources/mature-market-excellence/publications-on-aging)

**If You Live Alone:**  [**Alz.org/i-have-alz/if-you-live-alone.asp**](http://Alz.org/i-have-alz/if-you-live-alone.asp)

**Medication Management Caregiver's Guide:**

[Nextstepincare.org/uploads/file/fuides/medication/medication\_management\_guide/medication\_management.pdf](http://Nextstepincare.org/uploads/file/fuides/medication/medication_management_guide/medication_management.pdf)

**Staying Safe brochure:** [**Alz.org/national/documents/brochure\_stayingsafe.pdf**](http://Alz.org/national/documents/brochure_stayingsafe.pdf)

**Wandering and Getting lost:** [**Alz.org/care/alzheimers-dementia-wandering.asp**](http://Alz.org/care/alzheimers-dementia-wandering.asp)

**End of Life Concerns**

**Aging with Dignity:** [**Agingwithdignity.org**](http://Agingwithdignity.org)

**The Conversation Project:** [Theconversationproject.org](http://Theconversationproject.org)

(guide to talking about the end of life)

**National Association for Elder Law Attorneys:** [**Naela.org**](http://Naela.org)