

BOOKS & BEATS

BOOK GROUP FOR CAREGIVERS MUSIC GROUP FOR PEOPLE WITH MEMORY LOSS

Come with your loved one to enjoy an afternoon at the Memory Hub!

Caregivers will have a book discussion group led by Seattle Public Library. People with memory loss will have a music engagement program led by a certified music therapist. At the end, we'll come together for social time and snacks! A free event; registration required.

2:30 - 4 p.m. every 3rd Wednesday of the month.

Each book is discussed for two months:

November 19 + December 17

The Emperor of Gladness by Ocean Vuong (Novel)

November article discussion

What Happens When We Stop Remembering

December article discussion: TBD

The Memory Hub: 1021 Columbia St, Seattle

Sign up: www.tinyurl.com/Books-and-Beats

Questions: mbecker1@uw.edu, 206-543-2440



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