



## **Maude's Garden Work Party at the Memory Hub**

### **2026 Program Description**

2<sup>nd</sup> Mondays, 1:30 - 2:30

Maude's Garden's monthly volunteer work party provides an accessible way for community members living with memory loss to give back to the garden. The work party is led by Maude's Garden Project Lead Genevieve Wanucha, as well as a horticultural therapy student. Enrollment is open to up to 4 volunteers who would like to commit to this monthly service opportunity for 6 months. Volunteers on the waitlist will be contacted as space opens up.

We are enrolling:

- Persons living with dementia and a care partner.
- Persons living with early-stage memory loss who can participate independently.

### **Volunteer Program Features:**

- An exploratory walk together around the garden
- An accessible volunteer task in the garden, tailored to individual preferences and informed by guidance provided by garden staff.
- A seated activity at a table that is related to the day's garden task(s). The goal is to create things to benefit the garden or to make use of harvested plants or seeds in a practical or creative way.
- The work party will transition inside in the cold-weather months.
- Drinking water, tea, and snacks are provided

## Program Timing

The program will run from 1:30 pm to 2:30 pm on 2nd Mondays unless rescheduled in rare instances of staff illness or unavailability. Volunteers are welcome to stay until 3 pm if they would like to continue working, socializing, or engaging in clean-up tasks in the garden.

## Requirements

- Volunteer commitment of 6 months (or currently until December 2026), on a monthly basis, with the option to renew participation for the following 6 months.
  - We would appreciate knowing as soon as possible if a volunteer cannot join on a day, so we can offer the opportunity to other volunteers.
- Prior contact with Genevieve Wanucha, Maude's Garden Project Lead, so that the volunteer or a care representative can share about their garden-related interests, current support needs, and the nature of any physical or cognitive limitations.
- Ability to travel to the Memory Hub and participate in this 1-hour work party.
- Comfortable staying outside in varied weather (up to 82 degrees) for 1 hour.
- Always dressing in layers is encouraged because it can get chilly in the shade, even in the summer.
- Proper use of sun protection (sunscreen/hats)

## More Information and Sign Up

**Community members interested in volunteering can contact Genevieve Wanucha at [gwanucha@uw.edu](mailto:gwanucha@uw.edu) or 206.685.1304.**

**Learn more about Maude's Garden at [thememoryhub.org/garden](http://thememoryhub.org/garden)**

