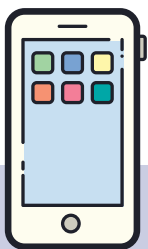


TECH LAB AT THE MEMORY HUB

RESOURCES



SAFETY FIRST: TECHNOLOGY OPTIONS FOR NAVIGATION, FALLS, AND SAFETY AT HOME AND ON-THE-GO

*COMPILED FROM THE TECH LAB WORKSHOP HELD ON
OCTOBER 25, 2022 BY DR. CAROLYN PARSEY*

Medical Alert and Fall Detection device comparisons:

- [The 7 Best Medical Alert Systems with GPS in 2022](#) (National Council on Aging)
- [Best Medical Alert Apps for Seniors](#) (Seniorliving.org)

iPhone Tutorials

- [How to Use “Find My” for iPhone users](#) - YouTube Video (Apple Support Tips and How-tos)
- [Fall Detection for Apple Watch](#) (Apple Support)
- [Emergency Information for your iPhone](#) (Apple Support)

Android/Samsung Tutorials

- [How to Use “Find My Mobile” for Samsung users](#) - Samsung
- [How to Use “Find My Device” for Google phone users](#) - Google



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thememoryhub.org/page/tech-tuesdays