



Volunteer Position description: Elderwise Day Program Co-facilitator

About Elderwise

Elderwise offers a unique approach to aging through cultural enrichment and a deep respect for all people. Our mission is to enrich the lives of caregivers and adults living with dementia through teaching and demonstrating the Elderwise philosophy and practice of Spirit-Centered Care®. Our vision is for widespread recognition of the intrinsic value of each person and their capacity to live a rich and joyful life, regardless of their cognitive or physical condition.

At the core of the Elderwise philosophy is Spirit-Centered Care®. This care approach focuses on working from one's own essence and recognizing the essence of others, viewing all people as whole, and responding to each other with love and respect.

For more info about Elderwise and our programs, visit www.elderwise.org.



Volunteer Position Overview

The Elderwise Adult Day Program builds upon our Spirit-Centered Care® model, offering structured sessions that provide participation in the arts, exercise, discussion, and a shared intentional community.

As a co-facilitator you will engage with elders, practicing the art of presence in a warm, uplifting environment. Using your communication and collaboration skills you'll create a place of connection and camaraderie among participants through meaningful conversation, painting, gentle exercise, and singing.

Our adult day program is held at the Memory Hub in Seattle on Tuesdays from 10:00 a.m. to noon and Thursdays from 1 – 3 p.m. We also have volunteer positions for our online and Outreach (Skyline Senior Living) programs.

The opportunity may arise to transition into a paid position, so consider joining our community, and experience the Elderwise magic.

To learn more about these positions email lindsay@elderwise.org

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