Molecular & Cellular Biology Program
Information Links – 2015

- UW Employee Self-Service (ESS)
  http://f2.washington.edu/fm/payroll/payroll/ESS
- UW IT Connect, Top Services for Students
  http://www.washington.edu/itconnect/forstudents.html
  https://depts.washington.edu/uwtscat/views/Students
- FHCRC/UW/SLU Shuttle Schedule
  http://www.washington.edu/facilities/transportation/uwshuttles/
- Graduate School – Choose Students link
  http://www.grad.washington.edu/
- Graduate School Forms
  http://www.grad.washington.edu/mygrad/student.htm
  http://www.grad.washington.edu/forms/
- MCB Courses (Ungraded, Core & Electives)
  http://depts.washington.edu/mcb/current/courses
- MCB Forms
  http://depts.washington.edu/mcb/current/mcb-forms
- MCB Program Requirements
  http://depts.washington.edu/mcb/current/requirements
- MCB Faculty & Student Directories
  http://depts.washington.edu/mcb/people/faculty
  http://depts.washington.edu/mcb/people/students
- Student ID Card
- Student Insurance
  Domestic: http://www.washington.edu/admin/hr/benefits/insure/gaip/index.html
  International: http://www.washington.edu/ship/
- Student Services and Activities Fee
  http://opb.washington.edu/content/quarterly-tuition-and-fees
- Washington State Residency
  http://www.washington.edu/students/reg/residency/domicile.html
  http://www.washington.edu/students/reg/residency/

**MCB EMAIL LISTS**

- Incoming Class (incomingclass@uw.edu)
- MCB First Year Students (mcb1styr@uw.edu)
- MCB Students (mcbstdent@uw.edu)
- MCB Office (mcboffice@uw.edu)
- MCB Seminars (mcbseminars@uw.edu)
The MCB office and students will be communicating with you until Autumn Quarter on the Incoming Class email list (incomingclass@uw.edu). You may communicate with your fellow first-year students on this email list throughout your first year. When posting messages, be sure to use your @uw email address for immediate postings. Beginning Autumn Quarter, our Directors and Staff will be using the mcb1styr@uw.edu email list to communicate with you regarding first-year courses, activities, lab rotations, etc.

mcbstdnt@uw.edu is the MCB Student email list. This list is used for communicating with all MCB students and contains general emails regarding offered courses, dissertation announcements, graduate school changes/notifications, etc. **IMPORTANT, OFFICIAL AND NOT TO BE IGNORED:** MCB Program emails from Directors/Staff to all MCB students will come to you via MCB Office (mcboffice@uw.edu) and will contain pertinent MCB program information that must be read and acted upon if action is required.

MCB Seminars (mcbseminars@uw.edu) is a list for those of you who wish to receive all seminar information that comes in from other departments, FHCRC, SBRI, etc. Because we are an interdisciplinary program and our students have such varied interests, there is a lot of this type of information. You will be added to the list at this time but you can remove yourself from the list if you don’t want this type of information or feel overwhelmed by it. This is the ONLY list you can remove yourself from as the others contain information considered to be for the most part, important or in your best interests to be made aware of.

**MCB Program Contacts**

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