

Point-of-Care Diagnostic Lateral Flow Tests:

Why are they successful and
what can we learn?

Roger B. Peck

Microfluidics 2.0 Workshop

01 October 2011



The Ideal POC Test

Affordable

Sensitive

Specific

User-friendly

Rapid and robust

Equipment-free

Deliverable to end-users



Pregnancy Test Evolution

- Berlin Papyrus – 1350 BCE
- One of the earliest written references for a urine pregnancy test.
- Barley and Wheat
- Approximately 70% sensitive



Pregnancy Test Evolution

Middle age urine tests

- Visual inspection

clear pale lemon color leaning toward off-white, having a cloud on its surface

- Precipitation

mixing urine and alcohol



Pregnancy Test Evolution

Early 1900's Exploitation of Human Reproduction Research

- Bioassay A-Z Test



+



+

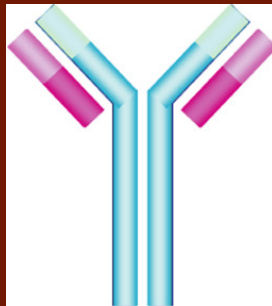


Pregnancy Test Evolution

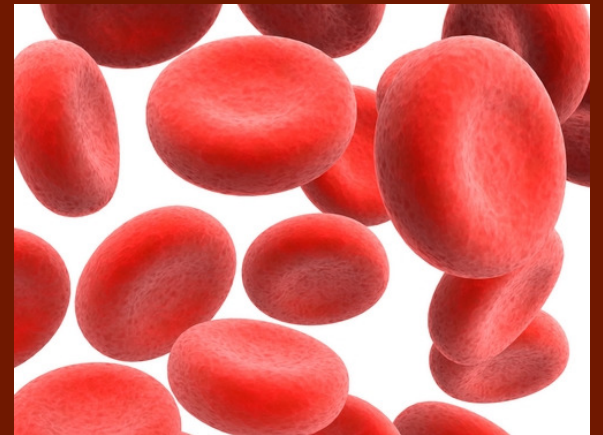
- 1960 First Immunoassay for Pregnancy
- Hemagglutination inhibition assay
- Significantly faster and cheaper



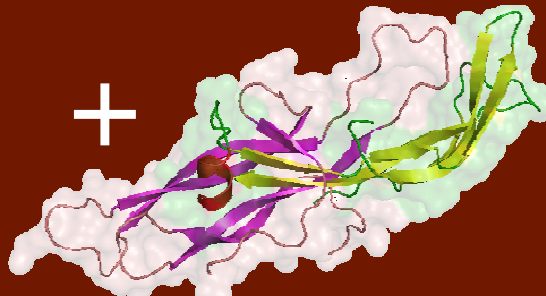
+



+



+



Pregnancy Test Evolution

- 1970's

“For your \$10 you get pre-measured ingredients consisting of a vial of purified water, a test tube containing, among other things, sheep red blood cells...as well as a medicine dropper and clear plastic support for the test tube, with an angled mirror at the bottom.”

The test took two hours

97% Sensitive, 80% Specific

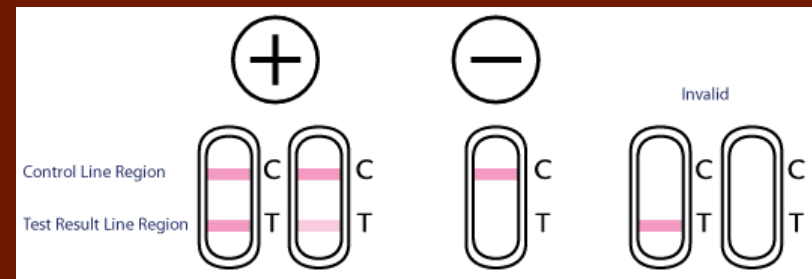
1976 FDA approval

1977 First marketed



Pregnancy Test Evolution

- 1980's-1990's
 - Expansion of pregnancy tests to the home market with single step testing procedures



Pregnancy Test Evolution

- 2003 Digital Pregnancy Test Introduced



Lateral Flow Test Characteristics

- Accurate
- Easy to use and interpret
- Inexpensive
- Portable
- Stable
- Accepted
- Mass producible



Downfalls

- Lack sensitivity for certain applications
- Frequently used incorrectly
- Difficult to properly develop and make
- Vulnerable to environment
- Controlled IP
- Need good materials and reagents



Developing the test is more than Research and Development

- Understand user needs
- Use a need driven development approach
- Validate tests in a meaningful way



Making the test useful

- Understanding interactions between:
 - Users
 - Device
 - Healthcare system



Examples of user design features

- Ergonomic design
- Integrated sample collection
- Graphic instructions
- Build on intuition



Defining Point-of-Care

- Doctor's office/Primary care facility
- Clinic
- Pharmacy
- Kiosk
- Home



Control Lines

- Procedural Control
- Sample Adequacy
- How do you know if you did something wrong?
- How do you trust the results?
- Is the test good?



Interpretation

- One line = negative, right?
- What does a faint line mean
- What if there is heavy color (blood, reporter reagent) in the reading window.

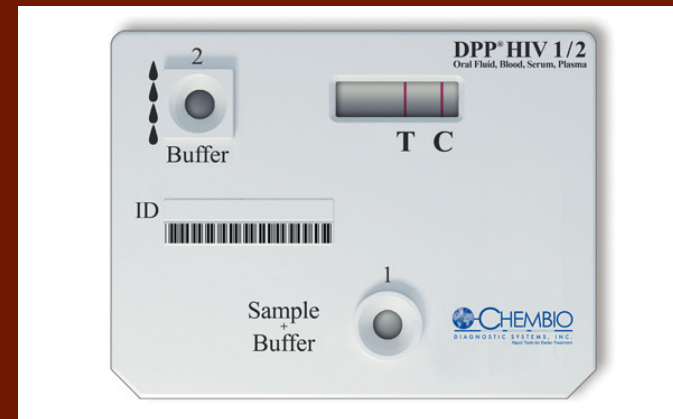
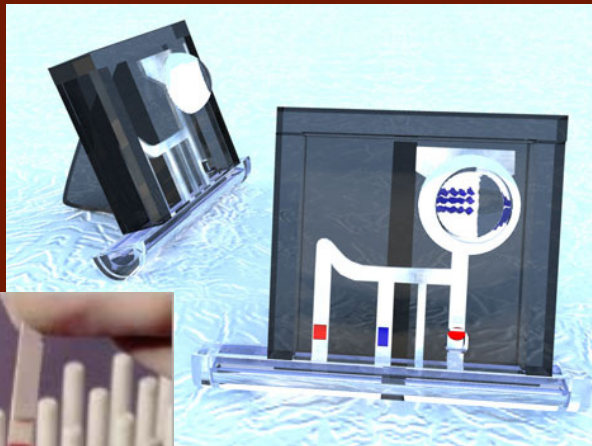
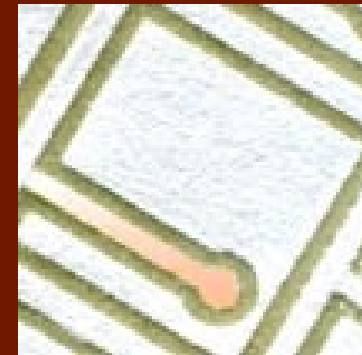
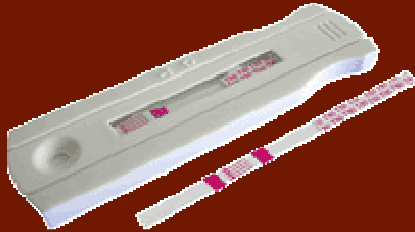


Applications

- Pregnancy
- HIV
- Malaria
- HBsAg
- Syphilis
- Chlamydia
- Gonorrhea
- Cardiac markers
- Hepatitis C
- HPV
- Mononucleosis
- Influenza
- Lymphatic filariasis
- C. difficile
- Dengue
- H. pylori
- Bladder cancer
- Drugs of abuse



Where Next?



Research Bias

- We each bring our own experiences and biases...some are beneficial, some are hindrances
- Let the market need drive your decisions



Moving product to market

- Regulatory
- Manufacturing
- Distribution
- Realistic costs
- Understanding timelines



Conclusions

- POC lateral flow tests fill a need
- There is room for growth
- This is just the beginning



Additional Training Opportunities

- Center for Point-of-Care Diagnostics for Global Health (GHDx Center) training course. Seattle, WA
- Advanced Course on Diagnostics (ACDx). Annecy, France



Contact Information

Roger B. Peck
Research Scientist
ImmunoDiagnostics Portfolio Leader

PATH

2201 Westlake Ave
Suite 200
Seattle, WA 98121
206.285.3500

PO Box 900922
Seattle, WA 98109

rpeck@path.org

