

# Assuring Pediatric Nutrition in the Hospital and Community



Tuesday - Friday  
May 7-10, 2019  
Seattle, Washington

Co-provided by:



University of Washington  
Center on Human Development and Disability

•



Seattle Children's  
HOSPITAL · RESEARCH · FOUNDATION

Seattle Children's Hospital, Research, and Foundation



# Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019

Talaris Conference Center • Seattle, Washington

## COURSE DESCRIPTION

**Part 1** of this training program prepares registered dietitians to screen children for nutritional problems, assess specific nutrient needs, and develop interventions for children with nutrition-related problems and special health care needs.

**Part 2** explores more advanced topics of pediatric nutrition, in-depth.

Throughout the conference, speakers emphasize decision-making processes and the use of evidence-based practice. Teaching methods include lecture, interactive discussions, demonstration, and case-based learning. Upon completion of the course, participants will be subscribed to the closed listserv, Pediatric Nutrition Consultation On-Line, which provides ongoing pediatric nutrition consultation and resources. Enrollment is limited to facilitate interactive, small group learning experiences and to promote the development of clinical competencies.

## OBJECTIVES

### ***Part 1 - After attending this training program, participants will be better able to:***

- Develop and use screening and assessment tools for pediatric patients
- Select appropriate infant formulas or breastmilk supplements for infants with medical conditions or chronic illnesses
- Describe typical feeding development, identify problem feeding, and determine approaches to feeding problems
- Identify standards for growth assessment and interpret growth data
- Discuss nutrition management of enteral (tube) feedings
- Describe the components of nutrition follow-up of premature infants after hospital discharge
- Describe basic concepts of nutritional management of selected chronic disorders
- Describe potential nutrition risk factors and treatment strategies for children with developmental disabilities and neurodevelopmental disorders
- Identify early breastfeeding problems and describe potential solutions
- Identify resources available for families and nutrition professionals
- Describe implications of food insecurity on the nutrition status of children with chronic conditions and identify strategies to address food insecurity
- Describe approaches to management of overweight and obesity
- Identify and document malnutrition, use physical assessment tools, and describe approaches to intervention

### ***Part 2 - After attending this training program, participants will be better able to:***

- Describe typical feeding development, identify problem feeding, and utilize an interdisciplinary treatment approach
- Identify and document malnutrition, use physical assessment tools, and describe approaches to intervention
- Describe considerations for implementing a blenderized diet in inpatient and outpatient settings
- Describe concepts of nutritional management for selected disorders which use nutrition approaches as primary intervention (GI disorders, celiac disease and non-celiac gluten sensitivity, and ketogenic diet for seizure disorders)
- Identify and describe intervention approaches for several GI issues (reflux, constipation, poor weight gain, and functional abdominal pain) seen in general pediatrics practices



# Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019

Talaris Conference Center • Seattle, Washington

## SPEAKERS

### SPEAKERS

**Suzanne Baily-Yin, RD, CD, CNSC**, Clinical Dietitian, Epic Medical Solutions

**Barb Buchanan, MS, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Susan Casey, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Kim Nowak Cooperman, MS, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Alicia Dixon Docter, MS, RDN, CD**, Manager, Ambulatory Nutrition and Wellness Programs and Dietitian in Adolescent Medicine at Seattle Children's; UW LEAH (Leadership Education in Adolescent Health) Faculty; and Clinical Instructor, Family and Child Nursing, UW School of Nursing

**Sharon Feucht, MA, RD, CD**, LEND Nutritionist, CHDD, UW; Nutritionist, Holly Ridge Center; Editor, Nutrition Focus Newsletter; Coordinator, Nutrition Training Grant, UW

**Katrina Hoch, PhD, MS, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Mary Jones Verbovski, MS, RD, CD, CSO**, Clinical Pediatric Dietitian, Seattle Children's

**Rachel Kay, RD**, Clinical Pediatric Dietitian, Seattle Children's

**Carley MacRae, MPH, RDN**, Clinical Pediatric Dietitian, Seattle Children's

**Hannah Maxbauer, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Lenna Liu, MD, MPH**, Professor of Pediatrics UW School of Medicine; Odessa Brown Children's Clinic; Seattle Children's Obesity Program

**Mari Mazon, MS, RDN, CD, Co-Chair**, LEND Nutritionist, CHDD, UW; Nutritionist, Kindering Center; Nutritionist, Pediatric Pulmonary Training Program, UW

**Beth Ogata, MS, RDN, CSP, Co-Chair**, Nutritionist, PKU Clinic, CHDD; Lecturer, UW Department of Pediatrics

**Erin Phelps, MS, RDN**, Clinical Pediatric Dietitian, Seattle Children's

**Ginna Wall, MN, RN, IBCLC**, Lactation Services Coordinator, UWMC; Faculty, Bastyr University and Evergreen Perinatal Education

**Nila Williamson, MPH, RD, CD**, Clinical Pediatric Dietitian, Seattle Children's

**Joan Zerzan, MS, RD, Co-Chair**

*CHDD=Center on Human Development and Disability, UW*

*Seattle Children's=Seattle Children's Hospital, Seattle*

*UW=University of Washington, Seattle*

*UWMC=University of Washington Medical Center/UW Medicine, Seattle*



# Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019

Talaris Conference Center • Seattle, Washington

## REGISTRATION

The registration fee includes tuition, course syllabus and notebook, continental breakfast, lunch, coffee and refreshment breaks. Travel and housing costs are not included.

- Part 1 (Days 1-3) 22 hours CE credit - \$595 (group rate \$545)
- Part 2 (Days 3-4) 13 hours CE credit - \$395 (group rate \$345)
- Entire conference (Days 1-4) 27 hours CE credit - \$750 (group rate \$700)

The group rate is per person for two or more registrations which arrive together from the same agency or for employees of sponsoring organizations.

**To register:** Please send registration form and fee to UW - CHDD. You may also make payment using VISA or MasterCard or register online at [depts.washington.edu/nutrpeds](http://depts.washington.edu/nutrpeds).

**Program Changes:** We reserve the right to revise the program schedule as needed.

**Refund Policy:** If you register but then cannot attend, you may send a substitute or, prior to the conference, request a refund less \$40 for handling.

**Cancellation Policy:** If the conference is cancelled, all fees will be refunded in full. Airline and/or hotel penalties are the responsibility of the registrant.

**More Information:** Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for additional information.

## Planning Committee

**Cheryl Davis, RD, CNSC**, Inpatient Clinical Manager, Seattle Children's Hospital, Seattle

**Sharon Feucht, MA, RD, CD**, Nutritionist, Center on Human Development and Disability, University of Washington, Seattle

**Mari Mazon, MS, RDN CD**, Nutritionist, Center on Human Development and Disability, University of Washington; Nutrition Faculty, Pediatric Pulmonary Center, UW, Seattle

**Beth Ogata, MS, RD, CD, CSP, Co-Chair**, Nutritionist, Center on Human Development and Disability; Lecturer, Pediatrics, School of Medicine, University of Washington, Seattle

**Joan Zerzan, MS, RD, Co-Chair**

## Case Studies

Participants (all sessions) are invited to submit case studies prior to the program. Cases about feeding problems in infants and children are particularly encouraged. Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for a case study form. Participants will not need to present the information during a session.

## CONFERENCE LOCATION

### Talaris Conference Center

4000 NE 41st St  
Seattle, WA 98105

[www.talarisconferencecenter.com/maps-directions.php](http://www.talarisconferencecenter.com/maps-directions.php)

## EXHIBITORS

Reserve exhibit space! For more information contact Beth Ogata bogata@uw.edu or 206-598-1899.

## HOTEL INFORMATION

Discounted rooms (\$159/night) are available on-site. To reserve a room, contact Talaris 206-268-7000 and reference the "UW Pediatric Nutrition Conference."

Other nearby hotels include the Silver Cloud Inn - University Village (5036 25th Ave NE, Seattle 98105, 206-526-5200) and the Travelodge Seattle University (4725 25th Ave NE, Seattle 98105, 206-525-4612).



# Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019

Talaris Conference Center • Seattle, Washington

## PROGRAM - Part 1

### TUESDAY, MAY 7, 2019

- 8:00 Registration and Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
- 9:00 Pediatric Nutrition Consultation Online - *Beth Ogata*
- 9:10 Evaluating Pediatric Nutrition Problems: Part I  
*Joan Zerzan*
- 10:10 Break and Exhibits
- 10:30 Assessment of Physical Growth - *Beth Ogata*
- 11:20 Evaluating Pediatric Nutrition Problems: Part II  
*Joan Zerzan*
- 12:05 Lunch (provided)
- 1:05 Development of Infant Feeding Skills - *TBD*
- 2:10 Nutrition and Children with Special Health Care Needs - *Sharon Feucht*
- 3:10 Break and Exhibits
- 3:30 Management of Tube Feedings - *Suzanne Baily-Yin*
- 4:15 Tube-feeding Decisions - *Kim Cooperman and Suzanne Baily-Yin*
- 4:45 Case Study Activity
- 5:15 Adjourn

### WEDNESDAY, MAY 8, 2019

- 8:00 Continental Breakfast
- 8:30 Nutrition Follow-up of Premature Infants - *Joan Zerzan*
- 10:00 Break and Exhibits
- 10:20 Breastfeeding: You can do it; we can help!  
*Ginna Wall*
- 11:25 **Concurrent Sessions**  
A. Pediatric Pulmonary Nutrition - *Susan Casey*  
B. Baby-Led Weaning - *Rachel Kay*
- 12:10 Lunch (provided)
- 1:10 **Concurrent Sessions**  
C. Food Allergies - *Susan Casey*  
D. Neurodevelopmental Disorders - *Kim Cooperman*

- 2:00 Food Insecurity in Chronic Disease - *Susan Casey*
- 2:30 Mindful Eating - *Lenna Liu*
- 3:30 Break and Exhibits
- 3:50 Pediatric Weight Management and Childhood Obesity - *Alicia Dixon Docter, Carley MacRae, and Lenna Liu*
- 4:55 Approaches to Management of Overweight - *Alicia Dixon Docter and Carley MacRae*
- 5:30 Adjourn

### THURSDAY, MAY 9, 2019

- 8:00 Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
- 9:00 Feeding Problems in CSHCN - *TBD*
- 10:00 Break and Exhibits
- 10:20 Moving Beyond Food Recommendations -  
*Barb Buchanan*
- 11:10 Facilitated Discussion: Feeding - *Barb Buchanan, Joan Zerzan, and TBD*
- 12:10 Lunch (provided)
- 1:10 Pediatric Malnutrition: Identification and documentation - *TBD*
- 1:45 Physical Assessment - *Mary Jones Verbovski*
- 2:20 Physical Assessment - Putting it into action - *Mary Jones Verbovski*
- 3:00 Break and Exhibits
- 3:20 Complementary and Alternative Therapies in Neurodevelopmental Disorders - *Sharon Feucht*
- 3:55 Children with Low Energy Needs - *Mari Mazon*
- 4:30 Problem-based Learning - *Mari Mazon and Sharon Feucht*
- 5:15 Adjourn
- 5:30 Reception



# Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019

Talaris Conference Center • Seattle, Washington

## PROGRAM - Part 2

### THURSDAY, MAY 9, 2019

- 8:00 Continental Breakfast
- 8:30 Welcome - *Beth Ogata and Joan Zerzan*
- 9:00 Feeding Problems in CSHCN - *TBD*
- 10:00 Break and Exhibits
- 10:20 Moving Beyond Food Recommendations - *Barb Buchanan*
- 11:10 Facilitated Discussion: Feeding - *Barb Buchanan, Joan Zerzan, and TBD*
- 12:10 Lunch (provided)
- 1:10 Pediatric Malnutrition: Identification and documentation - *TBD*
- 1:45 Physical Assessment - *Mary Jones Verbovski*
- 2:20 Physical Assessment - Putting it into action - *Mary Jones Verbovski*
- 3:00 Break and Exhibits
- 3:20 Complementary and Alternative Therapies in Neurodevelopmental Disorders - *Sharon Feucht*
- 3:55 Children with Low Energy Needs - *Mari Mazon*
- 4:30 Problem-based Learning - *Mari Mazon and Sharon Feucht*
- 5:15 Adjourn
- 5:30 Reception

### FRIDAY, MAY 10, 2019

- 8:00 Continental Breakfast
- 8:30 Blenderized Diet - *Erin Phelps*
- 9:15 Problem-based Learning: Blenderized Diet - *Erin Phelps*
- 10:00 Break and Exhibits
- 10:20 Diet Therapy for GI Disorders - *Katrina Hoch*
- 11:10 Celiac Disease and Non-Celiac Gluten Sensitivity - *Rachel Kay*
- 12:00 Lunch (provided)
- 1:00 Ketogenic Diet - *Hannah Maxbauer*
- 1:50 Common Pediatric GI Issues - *Nila Williamson*
- 2:35 Case Studies - *Nila Williamson*
- 3:05 Wrap-up and Evaluations
- 3:30 Adjourn

### PROFESSIONAL CREDIT

*Dietitians:* up to 27 hours of continuing education will be awarded. The UW CHDD is a CPE Accredited Provider through the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics.

*Others:* Please contact your accrediting organization for information



## Assuring Pediatric Nutrition in the Hospital and Community

Tuesday - Friday • May 7-10, 2019  
Talaris Conference Center • Seattle, Washington

## Registration Form

To register:

- online: [depts.washington.edu/nutrpeds](http://depts.washington.edu/nutrpeds)
- fax: 206-598-1915
- mail: UW - CHDD  
Assuring Pediatric Nutrition  
Box 357920  
Seattle, WA 98195-7920

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Agency Name \_\_\_\_\_

Agency Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Daytime Phone \_\_\_\_\_

### Conference Planning Information

Your practice setting:

- Inpatient     Outpatient     Community     Other

List two primary objectives for attending this pediatric nutrition course

1. \_\_\_\_\_
2. \_\_\_\_\_

Please describe any food allergies or special dietary needs: \_\_\_\_\_

### Part 1 Participants - Concurrent Sessions

(Choose one topic in each time period)

- Session 1: Wed, 11:25 am     A - Pediatric Pulmonary Nutrition     B - Baby-Led Weaning  
 Session 2: Wed, 1:25 pm     C - Food Allergies     D - Neurodevelopmental Disorders

### Course Fees

- Part 1 - May 7-9, 2019     Individual - \$595     Group\* - \$545  
 Part 2 - May 9-10, 2019     Individual - \$395     Group\* - \$345  
 Entire conference     Individual - \$750     Group\* - \$700

\*Group Rate - Price per person for two or more registrations arriving together from the same agency

**Total Paid** \$ \_\_\_\_\_ (US Funds)

- Check enclosed payable to University of Washington     Purchase order or letter of authorization enclosed. Please bill my agency.  
 Charge my bank card:     Visa     Mastercard    Exp. Date \_\_\_\_\_  
 Number \_\_\_\_\_