## Instructions for Presenters:

Please keep in mind that the NWBS audience is diverse (e.g., engineering, biological sciences, exercise science, etc.) so be sure to provide the context and broad perspective of your work, explaining any terminology, abbreviations and/or concepts that may be specific to your field.

## Podium Presentations:

- Please plan on an 11 minute presentation, followed by 3 minutes for questions. Please be respectful of your fellow presenters and adhere to the time limit.
- Bring your presentation (e.g. PowerPoint slides, videos, etc.) on a USB drive and transfer it to the Windows laptop in the presentation room during the following allotted times. A technical assistant will be available to assist you.
$\infty$ Friday presenters: Between 1:00-1:30 pm
$\infty$ Saturday presenters: During the Friday slot or between 8:00-8:30 am or 12:00-1:00pm.
- Session moderators will introduce speakers and enforce time limits on the presentations and question periods. Be sure to check in with the moderators a few minutes before the start of the session in which you are presenting.
- During the question period please repeat the question before answering it so that the audience can hear it clearly.


## Poster Presentations:

- Please prepare a poster with a maximum size of 3 ' tall by 4' wide.
- The abstract title, list of authors, and author affiliations should appear in large letters across the top portion of the poster. Ensure that all text and figures are readable from at least 4' away.
- Friday Presenters: Please hang your poster on the board corresponding to your assigned poster number by 3:30 pm on Friday and take it down at the end of the session (by 6:00 pm). Pins will be provided.

Saturday Presenters: Please hang your poster on the board corresponding to your assigned poster number by8:30 am on Saturday and take it down at the end of the day (by $4: 30$ ). Pins will be provided.

- At least one author is expected to be present at each poster throughout the poster session

