

## Nursing Sample Protocol for MUA Management in the Outpatient Setting

- 1) Confirm documentation of counseling, consents, and patient education
- 2) Review chart, vitals, labs, diagnostics, and patient history
- 3) Perform Hgb or Hct and blood typing
- 4) Review orders and verify no contraindications to procedure
- 5) Assess patient's prior surgical history and review any allergies to medications and anesthesia
- 6) Assess patient's cognitive, psychosocial and cultural status and any factors that may impact understanding or readiness for procedure, provide emotional support
- 7) Offer hydration and snacks
- 8) Prepare procedure room
  - a. Sterile pack instruments
    - i. Tenaculum
    - ii. Ring forceps
    - iii. Long hemostat
    - iv. Sound
    - v. swabs
  - b. Sterile 4x4 gauze packs
  - c. Manual uterine aspirator
  - d. IUD if patient desires method for contraception post-procedure
  - e. Lidocaine, vasopressin, sodium bicarbonate medications for paracervical block
  - f. Syringe and spinal needle/needle extender
  - g. Antiseptic solution
  - h. Basin for removed pregnancy tissue
  - i. Sterile gloves
  - j. Sterile speculum
  - k. Sterile cannula (sizes 4-12 mm available)
  - l. Sterile dilators (sizes 4-12 mm available)
  - m. Monsels solution/silver nitrate sticks
  - n. Music source (ipod, CD player, etc.)
  - o. Stethoscope and blood pressure cuff (pulse oximeter if required)
  - p. Emergency medications including but not limited to:
    - i. Methergine and misoprostol
    - ii. Ammonia smelling salts
    - iii. Atropine
- 9) Prepare patient with appropriate draping, chux pad, and heating pad for abdomen
- 10) Assist provider with procedure
- 11) Support patient through procedure and offering information and "vocal local"
- 12) Take products of conception to be evaluated and prepare them for examination over light box
  - a. Strainer
  - b. Distilled water
  - c. Clear pyrex dish
  - d. Light box

- e. Container with appropriate preservative if necessary for pathology
- 13) Support patient through recovery, ensuring stable vital signs, level of consciousness, pain status and bleeding within normal limits
- 14) Confirm patient understanding of warning signs and symptoms, when to call and 24 hour contact information
- 15) Administer Rhogam 50 mcg if patient is Rh negative
- 16) Review medication and contraceptive instructions
- 17) Process and clean equipment
- 18) Re-order medications and equipment as necessary
- 19) Send labs as ordered