2018-2019
University of Washington
Orthopaedics & Sports Medicine
Shoulder & Elbow Service
Fellowships
University of Washington
Department of Orthopaedics and Sports Medicine
Shoulder and Elbow Service

2018-2019 Shoulder and Elbow Fellowships
Who are We?

Department of Orthopaedics and Sports Medicine

The fellowship-trained surgeon faculty members of University of Washington Department of Orthopaedics and Sports Medicine provide expert and personalized surgical approaches to the bone and joint problems that threaten the comfort and function of thousands of individuals each year. These surgeons combine decades of experience, knowledge of the world’s literature, and their own cutting edge research to optimize the approaches to the vast range of conditions that can be effectively managed by arthroscopic surgery, arthritis and arthritis surgery, foot and ankle surgery, hand and wrist surgery, hip and knee reconstruction, pediatric orthopaedic surgery, shoulder and elbow surgery, spine surgery, orthopaedic trauma surgery, as well as tumor surgery and post surgical reconstruction.

Shoulder and Elbow Service

The Shoulder and Elbow Service, a specialty service of UW Medical Center’s Bone and Joint Surgery Center, provides comprehensive evaluation and management for a wide range of shoulder and elbow problems, including:

- Arthritis of the shoulder
- Arthritis of the elbow
- Dislocation or instability
- Rotator cuff tear
- Joint stiffness
- and complex revision surgery of failed prior procedures

We offer the full spectrum of shoulder and elbow surgeries, from arthroscopy and minimally-invasive procedures, to complex fracture work, partial replacement (hemiarthroplasty) and complete replacement (total shoulder or elbow arthroplasty, as well as reverse shoulder arthroplasty).

Nationally Recognized Program

The Shoulder and Elbow Service is recognized as one of the Nation’s leading academic and clinical Shoulder and Elbow programs.
Our physicians and research programs lead the way in innovative care for shoulder and elbow problems. We are constantly developing new, more effective methods of evaluating and treating our patients.

Our Approach

Our team of specialty-trained physicians, therapists, physicians’ assistants, and nurses uses a multidisciplinary approach in caring for patients, with easy access to other world-class experts at UWMC who can assist with diagnosis and treatment plans.

Management options can range from simple exercises to major reconstructive surgery performed at UW Medical Center, where specially trained nurses and anesthesiologists work with us to ensure quality patient care before, during, and after surgery. Our goal is maximum recovery of joint function.

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The physical therapists in the Exercise Training Center, also part of the Bone and Joint Surgery Center, offer non-surgical care and post-surgical rehabilitation programs.

Advanced Clinical Experience (ACE) in Shoulder and Elbow Surgery

We are proud of our program and of the many graduates who have become international leaders in this exciting field. Our program is of one to two years in duration. We usually have two ACEs each year. The experience includes in-depth participation in patient care, teaching, basic science research and clinical outcomes studies. Our goal is to help advance the careers of individuals who are committed to (1) a practice consisting of over 50% shoulder and elbow cases, (2) continuing active research and publication in the field of shoulder and elbow surgery, and (3) qualifying for membership in the American Shoulder and Elbow Surgeons (ASES).

Clinical

Our patients come from a wide area, predominantly the states of Washington, Montana, Idaho, and Alaska. Most are seen at our main clinic, the Bone and Joint Center (above) and at our new Sports Medicine Center at Husky Stadium (next page, below). Their problems range from straightforward traumatic instability to complex revisions of shoulder and elbow arthroplasty. Approximately 85% of our clinical work is devoted to the shoulder region and 15% to the
elbow. While our primary clinical goal is to offer excellent service to the referring physicians and patients of our region, we are increasingly serving patients from all across the United States. We perform an average of 450 shoulder and elbow procedures per year and see an average of 3,500 outpatient visits per year. The ACEs have their own clinics concurrent with those of the faculty and provide call coverage at the University of Washington Medical Center.

Teaching

Our educational commitment is to provide students, residents, post-graduates, and practicing physicians the most up-to-date information and techniques on the evaluation and management of shoulder and elbow disorders. The ACEs play a major role in the education of the junior resident and the chief resident on the Shoulder and Elbow Service.

Research

We are actively engaged in clinical research using a standard computerized database, as well as morphologic research and biomechanical investigations. We have established a clinical outcome database called “Codman” which collects initial and follow-up functional outcome measures for the shoulder and elbow, and general health status. Each ACE participates actively in research and is expected to publish at least four peer-reviewed articles based on their year’s work.
Frederick A. Matsen III, MD
Professor

Dr. Matsen, ranked as a “Top Doctor” in the category of “Orthopaedics” according to Seattle Magazine, has dedicated his entire professional life to developing excellence in Orthopaedics and Sports Medicine at the University of Washington. Starting with his residency here in 1971, he developed an interest in shoulder and elbow reconstruction. A fellowship with the father of modern shoulder surgery, Dr. Charles S. Neer II, confirmed his lifetime commitment to improving the art of care for patients with simple and complex problems involving the shoulder and elbow.

He has partnered with Charles Rockwood, a fellow Texan, in editing the definitive text in shoulder surgery The Shoulder, soon to be in its fifth edition from Saunders. He has also written Practical Evaluation and Management of the Shoulder and most recently, along with a former shoulder fellow Steve Lippitt, has published Shoulder Surgery: Principles and Procedures, also published by Saunders.

He is the former chair of the Department of Orthopaedics and Sports Medicine, a position he held from 1986 to 2009, making him amongst the longest tenured chairs among clinical departments at the University of Washington. During his tenure the Department has risen to being one of the top Departments according to rankings by U.S. News and World Report and by the National Institutes of Health. These dramatic accomplishments are a direct result of the wonderful faculty, staff, residents, fellows, postdoctoral students, graduate students, alumni and benefactors that have together made the Department what it is today.

Currently, his research includes work on Propionibacterium acnes, the relatively slow-growing bacterium. Collaborating with Drs. Pottinger, Butler-Wu, and Bumgarner, Dr. Matsen has published original research on these bacterial cultures found in revision shoulder arthroplasties. In addition, he continues his work on conflict of interest questions, chondrolysis and pain pumps, impingement syndrome, and glenohumeral arthritis. He is currently committed to providing quality free information to the world on the shoulder arthritis and rotator cuff tears via the Shoulder Blog (www.shoulderarthritis.blogspot.com) which recently passed 800,000 page views from over 100 countries.
Frederick A. Matsen III, MD
Current and Past Research

Propionibacterium Acnes

Propionibacterium organisms are commonly recovered from deep cultures obtained at the time of revision arthroplasty. This study sought to determine whether deep cultures obtained at the time of primary arthroplasty can be substantially positive for Propionibacterium despite thorough skin preparation and preoperative intravenous antibiotic prophylaxis.

Matsen FA 3rd, Russ SM, Bertelsen A, Butler-Wu S, Pottinger PS. Propionibacterium can be isolated from deep cultures obtained at primary arthroplasty despite intravenous antimicrobial prophylaxis. J Shoulder Elbow Surg. 2015 Jun;24(6):844-7. (Click on image above right for article.)

Publications

Dr. Frederick Matsen has written and edited a number of books on Orthopaedic Surgery (please see here). To see more of his peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Winston J. Warme, MD
Associate Professor
Chief, Shoulder and Elbow Service

Prior to joining the University of Washington, Dr. Warme worked as an academic orthopaedic surgeon in the US Army. His time in the military began as an enlisted Special Forces Medic. Subsequently, he attended college at the University of Colorado and medical school at the Uniformed Services University of the Health Sciences. His time working with elite troops and athletes fostered an interest in sports medicine, with special focus on shoulder and elbow problems. Dr. Warme completed a fully accredited fellowship with Dr. Robert A. Arciero at West Point, NY, in 1998. During COL Warme’s tenure he was a program director for a residency program and a chair of orthopaedic surgery at an Army Medical Center. He served in Operation Iraqi Freedom and received many awards and decorations during his 24 year career.

In 2005, Dr. Winston Warme was a American Orthopaedic Society for Sports Medicine (AOSSM) Traveling Fellow.

In 2007, Dr. Warme joined the University of Washington Department of Orthopaedics and Sports Medicine. The following year he took on the responsibilities of running the Shoulder and Elbow Service as Chief, as well as Program Director in charge of the Shoulder and Elbow Fellowship Program. Since then, he has brought in over $200,000 grant funds for the fellowship program.

Most recently, he was awarded the UW Medicine Cares Award (pictured right at the award ceremony with his wife Jeanne). The award was established in 2013 to formally recognize and celebrate the accomplishments and excellences of those in the UW Medicine community who consistently exemplify the Patients Are First Service Culture Guidelines - professional standards that ensure that anyone who encounters UW Medicine receives the same great care and service throughout the system.

Joining the Shoulder and Elbow Service in the Department of Orthopaedics and Sports Medicine at the University of Washington has allowed Dr. Warme to continue to provide optimal care to patients, while also continuing to teach orthopaedic surgeons-in-training and to forward his research efforts.
In an effort to increase safety, we developed a method to reconstruct posterior or anterior SC dislocations using a posterior cruciate ligament drill guide. This technique provides controlled drilling of the sternum and medial clavicle, and therefore reduces the risk of iatrogenic injury to the anatomic structures that are found in the upper mediastinum.

Warme WJ, Papadonikolakis A. The Use of PCL Drilling Aiming Device to Increase Safety in Reconstruction of Unstable Sternoclavicular Joints. Techniques in Shoulder and Elbow Surgery, Sept 2012: 13 (3); 142-144. (Click on image above right for article.)

Publications

Dr. Winston Warme has written numerous peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Albert O. Gee, MD
Assistant Professor

Albert Gee is a sports medicine and shoulder surgeon with specialty training in the care of the injured athlete. He attended medical school at Washington University in St. Louis and completed his training in orthopaedic surgery at the University of Pennsylvania - the oldest training program in the United States. Dr. Gee completed a fellowship in sports and shoulder surgery at the prestigious Hospital for Special Surgery in New York City where he served as assistant team physician for the NBA’s New Jersey Nets. He then served as a member of the medical staff of the U.S. Open Tennis Tournament and served as an assistant team physician for the Iona College Gaels.

His clinical interests include treating shoulder injuries, knee ligament injuries (ACL, PCL, MCL, LCL), and athletic ankle problems. His research interests include ligament and tendon biomechanics and mechanobiology, meniscus and cartilage tissue engineering, and shoulder instability and reconstruction.

Dr. Gee (pictured below with our Department Chair Dr. Howard Chansky) is a member of the American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine, and the Arthroscopy Association of North America.

He has been published in multiple peer reviewed periodicals including the Journal of Hand Surgery, American Journal of Orthopaedics, Biomaterials, Journal of Orthopaedic Trauma, Techniques in Knee Surgery, as well as The American Journal of Sports Medicine among others.

Most recently, he has published original research on bone plug versus suture only fixation of meniscal grafts, a review of the published evidence on factors associated with repair integrity and clinical outcome of rotator cuff repairs, and an article on shoulder instability after total shoulder arthroplasty.
To validate the usefulness of subacromial bursa lidocaine for determination of the therapeutic steroid injection site in patients with adhesive capsulitis. We found that subacromial lidocaine injection prior to steroid injection resulted in better improvement of pain than conventional GH injection for patients with adhesive capsulitis.


Publications

To see more of Dr. Albert Gee’s peer reviewed publications, please click here for a bibliographic listing on Pubmed.
Dr. Jason Hsu is the newest member of our shoulder and elbow team. He joined our department in September 2014. Jason attended medical school at Northwestern University and then completed his residency at the University of Pennsylvania. During his residency, he spent one year in the McKay Orthopaedic Research Laboratory focusing on research involving tendon and ligament injury, repair, and healing. He was also the recipient of the DeForest Willard Award for Outstanding Chief Resident, the Joseph P. Iannotti Award for Excellence in Shoulder Surgery, and the Stanley Chung Award for Excellence in Research. He also participated in the AAOS/OREF/ORS Clinician Scholar Development Program in preparation for an academic career. Prior to joining the University of Washington, he completed a one-year fellowship in shoulder and elbow surgery at Washington University in Saint Louis.

His clinical interests include arthroscopic rotator cuff repair and instability surgery as well as complex primary and revision shoulder arthroplasty. His research interests include work on the basic science of tendon and ligament healing. He also collaborates with Dr. Matsen and members of the infectious disease and microbiology in better understanding the diagnosis and management of Propionibacterium in shoulder arthroplasty. He also is involved in shoulder arthroplasty outcomes research.

He has been published in multiple peer reviewed periodicals including the Journal of Shoulder and Elbow Surgery, the Journal of Bone and Joint Surgery, Clinical Orthopaedics and Related Research, Arthroscopy, Journal of Orthopaedic Research, and Journal of Biomechanics.
Total Shoulder Arthroplasty

The objectives of this study were to determine (1) whether glenoid components with uncontained pegs would be associated with a high rate of failure and (2) whether peg perforation would be associated with inferior clinical outcomes.

Hsu JE, Namdari S, Baron M, Kuntz AF, Abboud JA, Huffman GR, Williams GR, Glaser DL. Glenoid perforation with pegged components during total shoulder arthroplasty. Orthopedics. 2014 Jun;37(6):e587-91. (Click on image above right for article.)

Publications

Dr. Jason Hsu has authored many peer reviewed publications in orthopaedics. To see more of his publications, please click here for a bibliographic listing on Pubmed.
Our Facilities

University of Washington Medical Center
Surgery Pavilion & Bone and Joint Center

The University of Washington Orthopaedics and Sports Medicine Shoulder & Elbow Service operates on patients at the Surgery Pavilion at the main UWMC building (pictured at right). In addition, we run an ambulatory surgery center at the Bone and Joint Center over on Roosevelt Way (lower right).

The UWMC is a 396-bed general medical and surgical facility with 18,919 admissions in the most recent year reported. It performed 7,272 annual inpatient and 7,865 outpatient surgeries. Its emergency room had 25,602 visits.

Every effort has been made to create the ideal patient experience in the UW Medical Center Surgery Pavilion - including convenient parking, one-stop patient registration inside, Internet access in spacious, light-filled lobbies, and operating rooms and clinics featuring the most advanced technology available. “With the Surgery Pavilion, our goal was to establish a new standard for surgical care and training in the Northwest,” said Dr. Mika Sinanan, UW Professor of Surgery. “In designing the building and its clinical operations, we have sought to foster operational efficiency and create an ideal environment for our patients, physicians, students, and staff.”

Dr. Frederick Matsen sees his patients at the Bone and Joint Center and operates at the Surgery Pavilion. Dr. Winston Warme operates on patients at both the Surgery Pavilion and the Bone and Joint Center.

The Shoulder and Elbow fellows see patients at the Bone and Joint Center. They operate with Dr. Matsen at the Surgery Pavilion and with Dr. Warme at both locations.
Sports Medicine Center at Husky Stadium

As team physicians for the UW Huskies, our expertise is in treating athletic injuries. We are committed to providing care to injuries sustained at all levels of physical activity... whether a weekend basketball-warrior, recreational skier, experienced mountaineer, or professional athlete. At our sports medicine center, we offer innovative, advanced and minimally-invasive treatment options to get active individuals “back in the game”.

Our new sports medicine center opened in the renovated Husky Stadium in September 2013. Here, we provide evaluation, prevention and treatment of sports or exercise-related injuries, surgical and specialty care of the shoulder; elbow; hip; back; knee; ankle and foot; hands and wrist; and back-related problems, arthroscopic and minimally-invasive surgery, ultrasound diagnostics and platelet-rich-plasma (PRP) treatments, advanced exercise training programs; performance and sports health analytics; and physical therapy/rehabilitation for returning to activity, brace-fitting; custom orthotics; splinting; casting and bike-fitting; nutritional support; and sports psychology.

From our Shoulder and Elbow Service, you will find Dr. Albert Gee seeing patients in his outpatient clinics here.

Eastside Specialty Center

UW Medical Center’s Eastside Specialty Center provides residents of Bellevue and neighboring communities outpatient treatment, including minor procedures from some of the region’s finest physicians. Patients can expect outstanding care, thorough diagnostic evaluation, and appointments with specialists in many practices.

The ESC provides:
• Surgical and nonsurgical approaches to injuries and disorders affecting bones, joints and organs
• On-site rehabilitation specialists and physical therapists to help manage patients’ recoveries
• Quick-turnaround lab tests and onsite diagnostics for cardiology and vascular surgery
• Most pre-operative tests and post-op care as a convenience for people who live and work on the Eastside, even though patients’ surgical procedures take place at the UW Medical Center.

Dr. Winston Warme conducts an outpatient clinic here every Monday.
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<thead>
<tr>
<th>Day</th>
<th>MATSEN/HSU ROTATION</th>
<th>WARME/GEE ROTATION</th>
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<td>M</td>
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<td>Warme ESC Clinic</td>
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<td>Matsen BJC Clinic</td>
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<td>6:45 AM Grand Rounds</td>
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<td>Warme BJC Clinic</td>
<td>5:30 AM SWAT Rounds 6:30 AM Case Conference</td>
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Current Shoulder and Elbow ACEs

**Daniel Hackett, MD**
Dr. Hackett joins us from Augusta, Georgia where he worked with Drs. Crosby, Hinson, and Hunter.

Pager 206-994-8750
Email hackettd@uw.edu

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**Ian MacNiven, MD**
Dr. MacNiven joins us from Ottawa, Ontario, Canada where he worked with Drs. Dervin, Lapner, and Werier.

Pager 206-540-5322
Email macniven@uw.edu
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<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Institution</th>
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<tr>
<td>2015-2016</td>
<td>Benjamin Service, MD</td>
<td>Orlando Health, 1222 S Orange Ave, 5th Floor, Orlando, FL 32806</td>
</tr>
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<td></td>
<td>Jeremy Somerson, MD</td>
<td>University of Texas, 301 University Boulevard, Galveston, TX 77555</td>
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<tr>
<td>2014-2015</td>
<td>Robert Lucas, MD</td>
<td>East Bay Shoulder Clinic, 3717 Mt. Diablo Blvd Ste 100, Lafayette, CA 94549</td>
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<td></td>
<td>Ian Whitney, MD</td>
<td>South Texas Orthopaedic, 7500 Barlite Blvd., Suite 311, San Antonio, TX 78224-1363</td>
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<td>2013-2014</td>
<td>Yaw Boachie-Adjei, MD</td>
<td>Southeast Permanente Medical Group, 3495 Piedmont Rd NE, Atlanta, GA 30301</td>
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<tr>
<td></td>
<td>Andrew Pastor, MD</td>
<td>Evergreen Health, 12040 NE 128th Street, Kirkland, WA 98034</td>
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<td>2012-2013</td>
<td>Matthew McElvany, MD</td>
<td>Kaiser Permanente Santa Rosa, 401 Bicentennial Way, Santa Rosa, CA 95403</td>
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<td></td>
<td>Erik McGoldrick, MD</td>
<td>St. Joseph Health, 2826 Harris Ave, Eureka, CA 95503</td>
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<td>2011-2012</td>
<td>Bradley Carofino, MD</td>
<td>Atlantic Orthopaedic Specialists, 230 Clearfield Ave, Suite 124, Virginia Beach, VA 23454</td>
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<td></td>
<td>Matthew Jenkins, MD</td>
<td>Puget Sound Orthopaedics, 1724 West Union Ave Ste 100, Tacoma, WA 98405</td>
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<td>2010-2011</td>
<td>Mark McKenna, MD</td>
<td>Premier Bone &amp; Joint Centers, 1909 Vista Drive, Laramie, WY 82070</td>
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<td></td>
<td>Anastasios Papadonikolakis, MD</td>
<td>Wake Forest Baptist Med Ctr, Medical Center Boulevard, Winston-Salem, NC 27157</td>
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<td>2009-2010</td>
<td>Erica Burns, MD</td>
<td>Providence Orthopaedics, 820 McClellan St., Ste 300, Spokane, WA 99204</td>
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<td></td>
<td>Dan Heaston, MD</td>
<td>Banner Health, 303 63rd Ave, Greeley, CO 80634</td>
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<td>2008-2009</td>
<td>Deana Mercer, MD</td>
<td>University of New Mexico, School of Medicine, MSC10 5600, Albuquerque, NM 87131</td>
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<td></td>
<td>Matthew Saltzman, MD</td>
<td>Northwestern University, Dept of Orthopaedic Surgery, Chicago, IL 60611</td>
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<td>2007-2008</td>
<td>Jeremiah Clinton, MD</td>
<td>Bitterroot Orthopedics &amp; Sports Medicine</td>
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<td>Joseph Lynch, MD</td>
<td>Naval Medical Center San Diego</td>
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<td>2006-2007</td>
<td>Ryan T. Bicknell, MD</td>
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<td>2005-2006</td>
<td>Caroline M. Chebli, MD</td>
<td>Kennedy-White Orthopaedic Center</td>
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<td>Amy K. Franta, MD</td>
<td>UnityPoint Health - Meriter Orthopedic</td>
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<td>Tim R. Lenters, MD</td>
<td>River Valley Orthopedics</td>
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<td>Ben DuBois, MD</td>
<td>Grossmont Orthopaedics</td>
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<td>Emma Woodhouse, MD</td>
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<td>Ira M. Parsons, MD</td>
<td>Seacoast Orthopedics and Sports Medicine</td>
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<td>Robert Titelman, MD</td>
<td>Resurgens Orthopaedics</td>
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<td>2001-2002</td>
<td>Richard S. Boorman, MD</td>
<td>University of Calgary Heritage Medical Research Bldg</td>
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<td>Edward J. Weldon, MD</td>
<td>Straub Clinic &amp; Hospital</td>
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<td>2000-2001</td>
<td>R. Sean Churchill, MD</td>
<td>Aurora Advanced Healthcare</td>
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<td>Edward V. Fehringer, MD</td>
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<td>1999-2000</td>
<td>Samer S. Hasan, MD, PhD</td>
<td>Cincinnati Sportsmedicine &amp; Orthopaedic Center, 328 Thomas More Parkway, Crestview Hills, KY 41017</td>
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<td>Jordan Leith, MD</td>
<td>Fortius Sport &amp; Health, 3713 Kensington Ave, Burnaby, BC V5B 3B8</td>
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<td>1998-1999</td>
<td>Benjamin Goldberg, MD</td>
<td>University of Illinois at Chicago Medical Center, 835 S. Wolcott Ave, Room 270 (MC 844), Chicago, IL 60612-7342</td>
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<td>Marius Scarlat, MD</td>
<td>Clin Chirurgicale St. Michael, Avenue D’Orient, 83100 Toulon, France</td>
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<td>1997-1998</td>
<td>Richard Rozencwaig, MD</td>
<td>Ortho Care &amp; Sports Med Ctr, 21000 NE 28th Ave Ste 104, Aventura, FL 33180</td>
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<tr>
<td>1996-1997</td>
<td>David Duckworth, MD</td>
<td>Sportsmed West, 116 Macquarie Street, Parramatta, New South Wales, 2150 Australia</td>
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<td>1995-1996</td>
<td>Kevin L. Smith, MD</td>
<td>Northwest Hospital, 10330 Meridian Avenue North #190, Seattle, WA 98112</td>
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<td>1994-1995</td>
<td>Dean W. Ziegler, MD</td>
<td>Blount Orthopaedic Clinic Ltd, 625 E St Paul Ave, Milwaukee, WI 53202</td>
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<td>1993-1994</td>
<td>Mark D. Lazarus, MD</td>
<td>Rothman Institute, 925 Chestnut Street, Philadelphia, PA 19107</td>
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<tr>
<td>1992-1993</td>
<td>Anthony A. Romeo, MD</td>
<td>Department of Orthopaedic Surgery, Rush University Medical Center, 1725 W. Harrison St, Suite 1063, Chicago, IL 60612</td>
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<td>1991-1992</td>
<td>Michael L. Pearl, MD</td>
<td>Kaiser Permanente Medical Center</td>
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<td>4760 Sunset Blvd Rm 1213</td>
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<td>Los Angeles, CA 90027-6021</td>
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<td>Steve B. Lippitt, MD</td>
<td>Akron General Medical Center</td>
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<td>224 West Exchange Street, Suite 440</td>
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<td>Akron, OH 44302-1718</td>
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<td>1990</td>
<td>David C. Collins, MD</td>
<td>600 South McKinley, Suite 102</td>
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<td>Little Rock, AR 72205</td>
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<td>1989</td>
<td>Steven Thomas, MD</td>
<td>Orthopaedic Surgery &amp; Sports</td>
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<td>701 South Tonopah Drive</td>
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<td>Las Vegas, NV 89106</td>
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<tr>
<td>1988-1989</td>
<td>Craig Arntz, MD</td>
<td>Valley Orthopedic Associates</td>
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<td>4011 Talbot Road South, Suite 300</td>
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<td>Renton, WA 98055</td>
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<td>Douglas T. Harryman II, MD</td>
<td>University of Washington</td>
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<td>Department of Orthopaedics &amp; Sports Medicine</td>
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<td>Seattle, WA 98195</td>
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Lodging near the University of Washington Medical Center

College Inn
4000 University Way NE
Seattle, WA
(206) 633-4441
www.collegeinnseattle.com

University Inn
4140 Roosevelt Way NE
Seattle, WA
(206) 632-5055
www.universityinnseattle.com

Hotel Deca
4507 Brooklyn Ave NE, Seattle, WA
(206) 634-2000
www.hoteldeca.com

Watertown Hotel Seattle - A Piece of Pineapple Hospitality
4242 Roosevelt Way NE
Seattle, WA
(206) 826-4242
www.watertownseattle.com

Travelodge Seattle University
4725 25th Ave NE
Seattle, WA
(206) 525-4612
www.travelodgeseattleuniversity.com

Silver Cloud Inn - University District
5036 25th Ave NE, Seattle, WA
(206) 526-5200
www.silvercloud.com/university/

Lodging in Downtown Seattle

W Seattle
1112 Fourth Ave, Seattle, WA
(206) 264-6000
www.wseattle.com

The Fairmont Olympic Hotel
411 University St, Seattle, WA
(206) 621-1700
www.fairmont.com/seattle/

Hyatt at Olive 8
1635 8th Ave, Seattle, WA
(206) 695-1234

Hilton Seattle
1301 6th Ave, Seattle, WA
(206) 624-0500
www.thehiltonseattle.com

Sheraton Seattle Hotel
1400 6th Ave, Seattle, WA
(800) 325-3535
www.sheratonseattle.com
Address & Directions

Directions from Sea-Tac Airport:

1. Get on WA-518 E from Airport Expressway
2. Take I-5 N to Montlake Blvd E in Seattle. Take the Montlake Blvd exit from WA-520 E
3. Continue on Montlake Blvd E to your destination

University of Washington Medical Center
Department of Orthopaedics and Sports Medicine
1959 NE Pacific Street
Seattle, WA 98195
Transportation

Transportation from Sea-Tac Airport

Taxi Cabs (Yellow Cab)
Available on the third floor of the parking garage. Sedans and large vans are available. Call (206) 622-6500 or you can also visit their website at www.seattleyellowcab.com

Link Light Rail to Downtown
The SeaTac / Airport Station is connected to the fourth floor of the airport garage. Trains arrive and depart on the platform level of the station. The covered, level walkway to the airport terminal is one level down on the mezzanine. The well-lit walkway is separated from the main area of the garage and directional signs point the way to the main terminal skybridge. Wheelchair service is available.

The Link Light Rail service runs from 5 a.m. to 1 a.m. Monday through Saturday and 6 a.m to midnight on Sundays. Trains arrive and depart every 7 1/2 to 15 minutes, depending on the time of day.

King County Metro Transit
The Metro bus stops that serve Sea-Tac Airport (routes that serve Sea-Tac) are located on International Boulevard (State Highway-99) and South 176th Street by the Link Light Rail Station. The most convenient route to the stops is to take the walkway through the north end of the fourth floor of the Airport Parking Garage to the Sound Transit Link Light Rail Station and exit to International Boulevard.

Departure times are shown on information signs at the bus stop. You also can pick up printed bus timetables at the Ground Transportation Information Booth on the Baggage Claim level near door number 16 (across from baggage carousel 12).
Rental Cars
All rental car companies currently operating at Sea-Tac Airport have moved their customer service counters, rental vehicles, and related activities to the new rental car facility.

Dedicated shuttle buses operate 24 hours a day with two passenger pick-up areas located outside baggage claim at the north and south ends of the main terminal.

Upon arrival at Sea-Tac Airport:
Proceed to the baggage claim level and pick up your checked bags. Exit the sliding glass doors near carousel #1 or #15 and walk to one of the two designated shuttle bus pick-up areas. Shuttle buses depart frequently for the rental car facility. If you are returning a vehicle, take SR518 and follow signs for the Rental Car Facility.

Companies operating at the Rental Car Facility
• Alamo: 1-800-462-5266 or www.alamo.com
• Avis: 1-800-331-1212 or www.avis.com
• Budget: 1-800-527-7000 (local reservations), (800) 527-0700 (out-of-town reservations) or www.budget.com
• Hertz: 1-800-654-3131 or www.hertz.com
• National: 1-800-328-4567 or www.nationalcar.com
• Advantage: 1-800-777-5500, (206) 824-0161 or www.advantage.com
• Dollar Car Rental: (206) 433-5825 or www.dollar.com
• Enterprise: (206) 246-1953 or www.enterprise.com
• Thrifty: (206) 246-3005 or www.thrifty.com
• EZ Rent-A-Car: 1-800-277-5191, (206) 444-4974 or www.e-zrentacar.com
• Fox Rent A Car: 1-800-225-4369 or www.foxrentacar.com
• Payless: 1-800-PAYLESS or www.paylesscar.com

Customers looking for a shuttle to Rent-A-Wreck need to take the Rental Car Facility Shuttle and transfer to the company’s shuttle at the facility.
Parking

Triangle Parking Garage

The Triangle Parking Garage is located on N.E. Pacific Place, across the street from UW Medical Center. From Montlake Blvd., turn left onto N.E. Pacific Street and right onto N.E. Pacific Place. There is direct access to the third floor (main entrance) via a pedestrian tunnel. The Triangle Garage has 500 parking stalls with 67 disability-parking stalls and 9 wheel-chair-accessible parking stalls. Medical center parking staff is on duty Monday through Friday 6 a.m. to 12 a.m. and on Saturday from 7 a.m. to 4 p.m. Garage parking is free on Sundays. The Triangle Garage has a height restriction of 6-feet, 8-inches. Over-sized parking is available in the S-1 lot behind the hospital.
Surgery Pavilion Parking Garage

The Surgery Pavilion Parking Garage, accessed off of N.E. Pacific Street alongside the entrance to the Emergency Department, is primarily for Surgery Pavilion patients and their visitors. Disability parking is located on all parking levels with limited availability for oversized disability vehicles on Level P1 of the garage. Garage hours are 6 a.m. to midnight Monday through Friday and closed on weekends. Hours are subject to UW special events. After-hours parking is only available in the Triangle Garage and not in the Surgery Pavilion Garage.

Frequently Asked Questions

Q: How much does parking in the Triangle Garage cost?
A: Reduced rate parking is available for UWMC patients and their visitors. The maximum fee is $7 per visit with a discount validation coupon.

Q: How much is valet parking?
A: Valet parking from the main entrance is an additional service and patients and their visitors will pay a maximum of $10 with a validation coupon.

Q: Is there a parking information number?
A: The phone numbers are:
   Triangle Garage 206-598-3460
   Surgery Pavilion Garage 206-598-0892
   Valet Parking 206-598-0177

Q: What are the Triangle Garage parking staff hours?
A: Monday – Friday, 6 a.m. to midnight, Saturday, 7 a.m. to 4 p.m. Hours are subject to UW’s Special Events calendar and schedule.

Q: What are the Surgery Pavilion Garage hours?
A: Monday – Friday, 6 a.m. to 10 p.m. Closed on weekends. Hours are subject to UW’s Special Events calendar and schedule.
Contact Information

University of Washington Medical Center
Information (206) 598-3300
Paging (206) 598-6190

Department of Orthopaedics and Sports Medicine

Website: www.orthop.washington.edu
Facebook: www.facebook.com/UWOrthopaedicsSportsMedicine
Twitter: www.twitter.com/UWOrthopaedics
YouTube: www.youtube.com/user/HuskyOrthopaedics
Phone: Administration Front Desk (206) 543-3690

Bone and Joint Center          Sports Medicine Clinic
Front Desk (206) 598-4288       Front Desk (206) 543-1552
Backline (206) 598-9787        Backline (206) 598-3294

Eastside Specialty Center
Front Desk (425) 646-7777
Backline (206) 520-2200

Contacts: Frederick A. Matsen III, MD        matsen@uw.edu
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          Shoulder Twitter: www.twitter.com/shoulderarth

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          Fred Westerberg                 fwesterb@uw.edu
          Program Operations Specialist
          (206) 543-3690 or (206) 221-4189