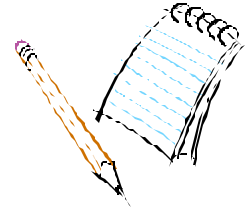


TEST YOUR GUTHRIE KNOWLEDGE



Help!! Suzie forgot the steps for collecting a Guthrie sample. Put these steps in the right order:

- _____ Allow filter paper to air dry.
- _____ Fill out lab slip with your name, birthdate and draw date.
- _____ Fill 2 circles with blood.
- _____ Mail sample to lab.
- _____ Put filter paper in the envelope.
- _____ Use lancet for the “poke”.
- _____ Wipe skin with alcohol swab.
- _____ Warm finger or hand.

List 3 reasons to collect a Guthrie sample: (No fair saying “because my mother said to.”)

- 1.
- 2.
- 3.



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TRUE OR FALSE: Mark the answers that are TRUE with a +. Correct the answers that are FALSE.

_____ It's okay to touch the circles on the filter paper.

_____ The circle on the filter paper should be saturated through the front and back.

_____ Let the filter paper dry for 2-3 hours before putting it in an envelope.

_____ If you don't mail the sample right away, put it in the refrigerator or freezer.

_____ Put the sample in the sun to dry.

_____ Put your hand in a bucket of ice after the poke.

List 5 supplies needed for a Guthrie sample:

- 1.
- 2.
- 3.
- 4.
- 5.

Fill out the Guthrie card...what information do you need? (Bonus points if you do a poke today!!)

Why is the filter paper called a Guthrie card?



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