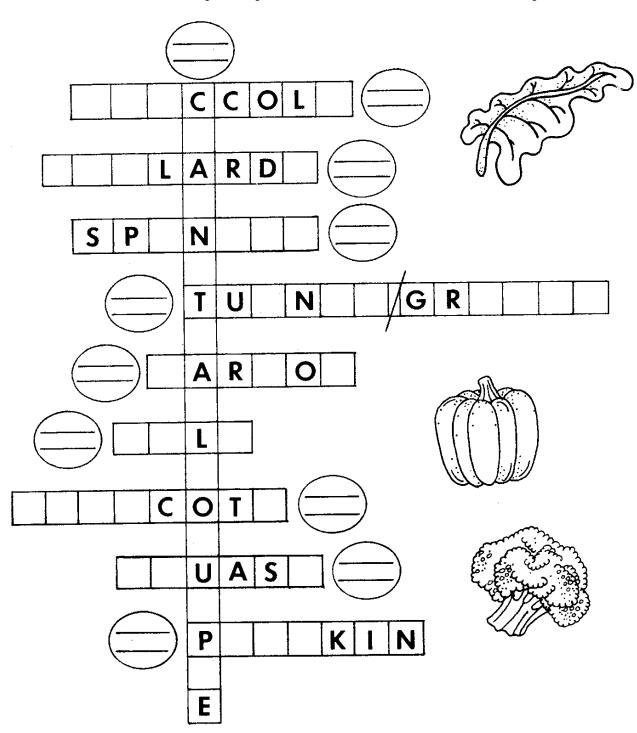


Fill in the missing letters to complete the names of foods that contain Vitamin A. Then, in the circle next to the food write a "yes" if you have tried the food or a "no" if you have not.



Adapted from the Connecticut Nutrition Education and Training Program, University of Connecticut and State Department of Education Child Education Programs, 1984.

