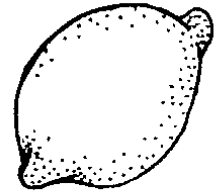
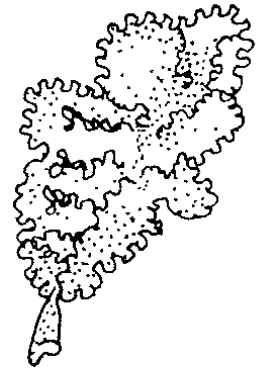
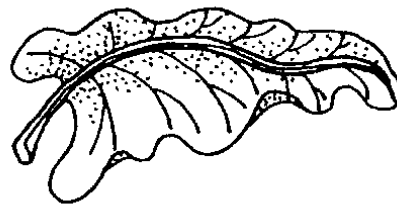
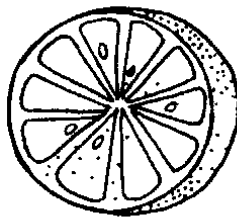
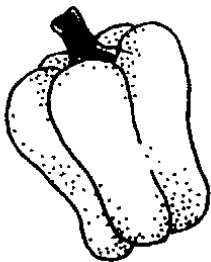
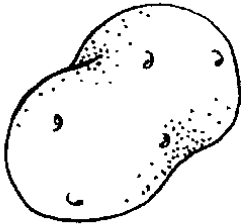
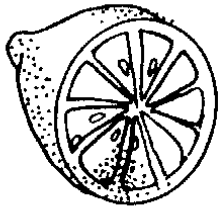


Vitamin Word Find



R	E	W	B	O	L	F	P
A	P	O	R	S	N	E	O
L	E	M	O	N	R	O	T
I	P	P	C	I	N	R	A
M	P	H	C	P	D	E	T
E	E	T	O	M	A	T	O
C	R	E	L	O	K	P	Z
S	S	P	I	N	A	C	H
K	O	L	F	A	L	N	C
O	R	A	N	G	E	P	Q

Find and circle these hidden words (foods that have Vitamin C!):

Broccoli
Potato
Orange

Lemon
Kale
Pepper

Spinach
Lime
Tomato

Adapted from the Connecticut Nutrition Education and Training Program, University of Connecticut and State Department of Education Child Education Programs, 1984.



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