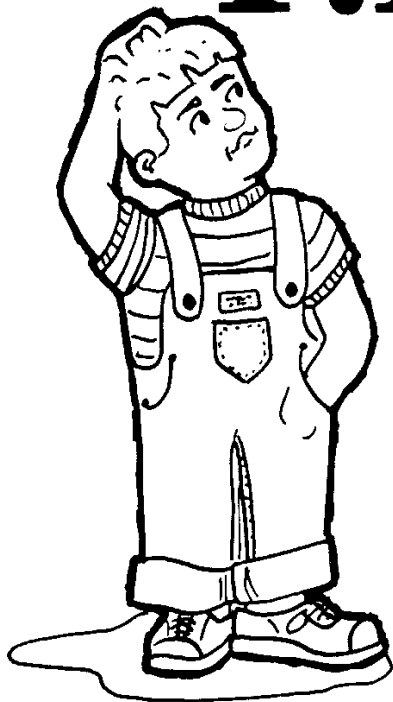


What is P.K.U.?

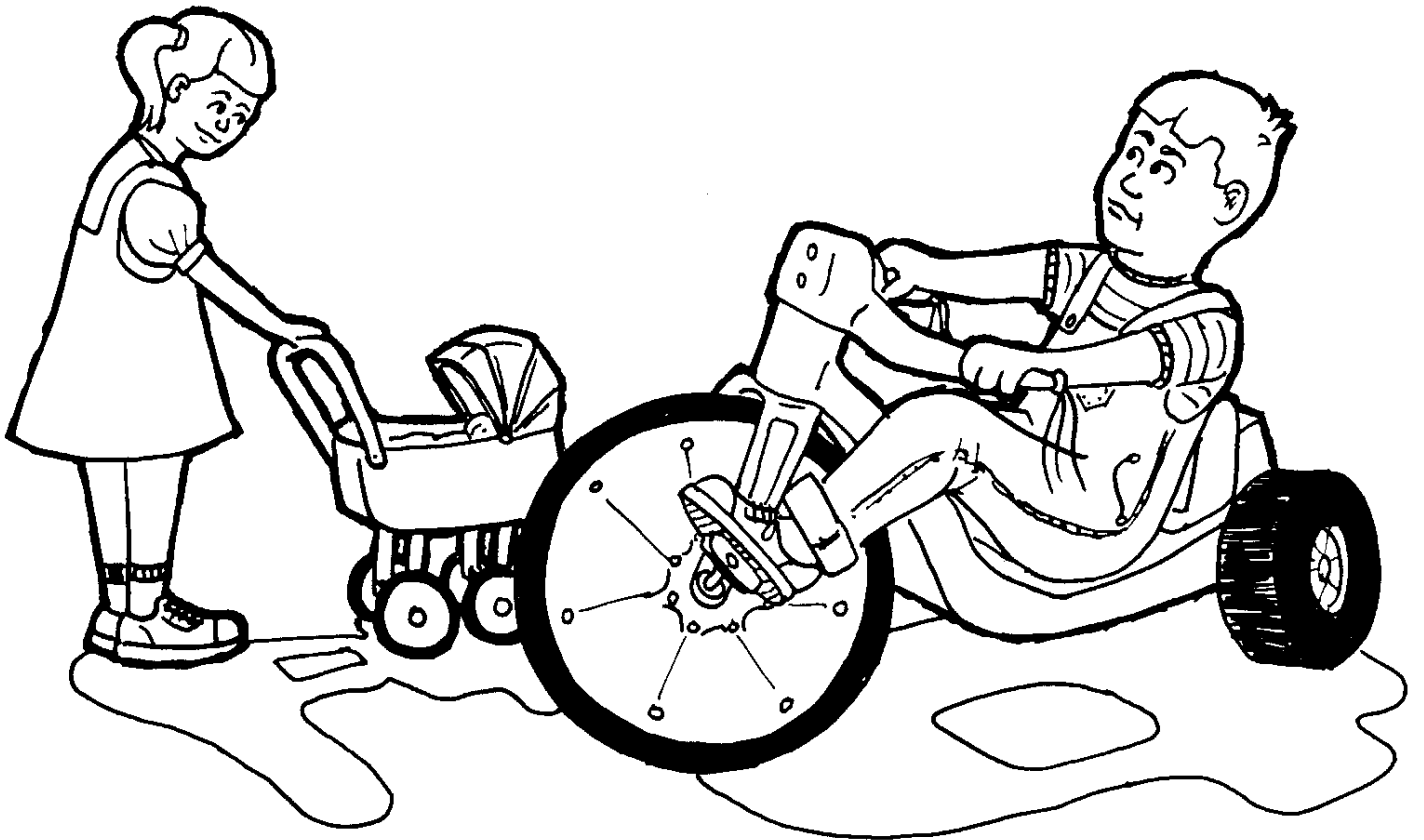


it is
Phenylketonuria

But what does it mean

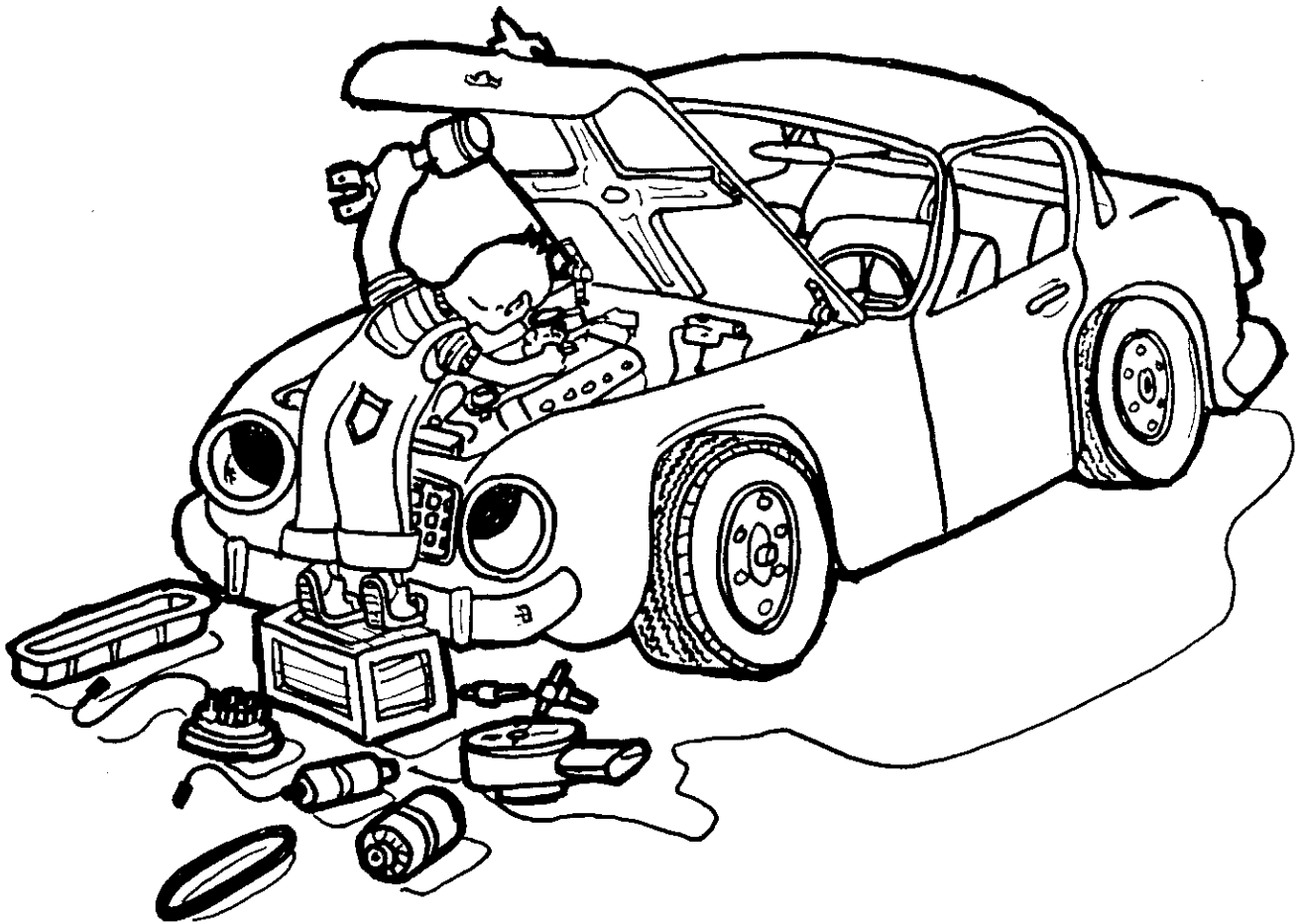
Booklet prepared by: San Diego Regional Center for the Developmentally Disabled
Children's Hospital and Regional Medical Center
8001 Frost St., San Diego, CA 92123
Iris Crump, M.S., R.D., Nutrition Consultant

**Everyone's body
uses food in its
own way!**



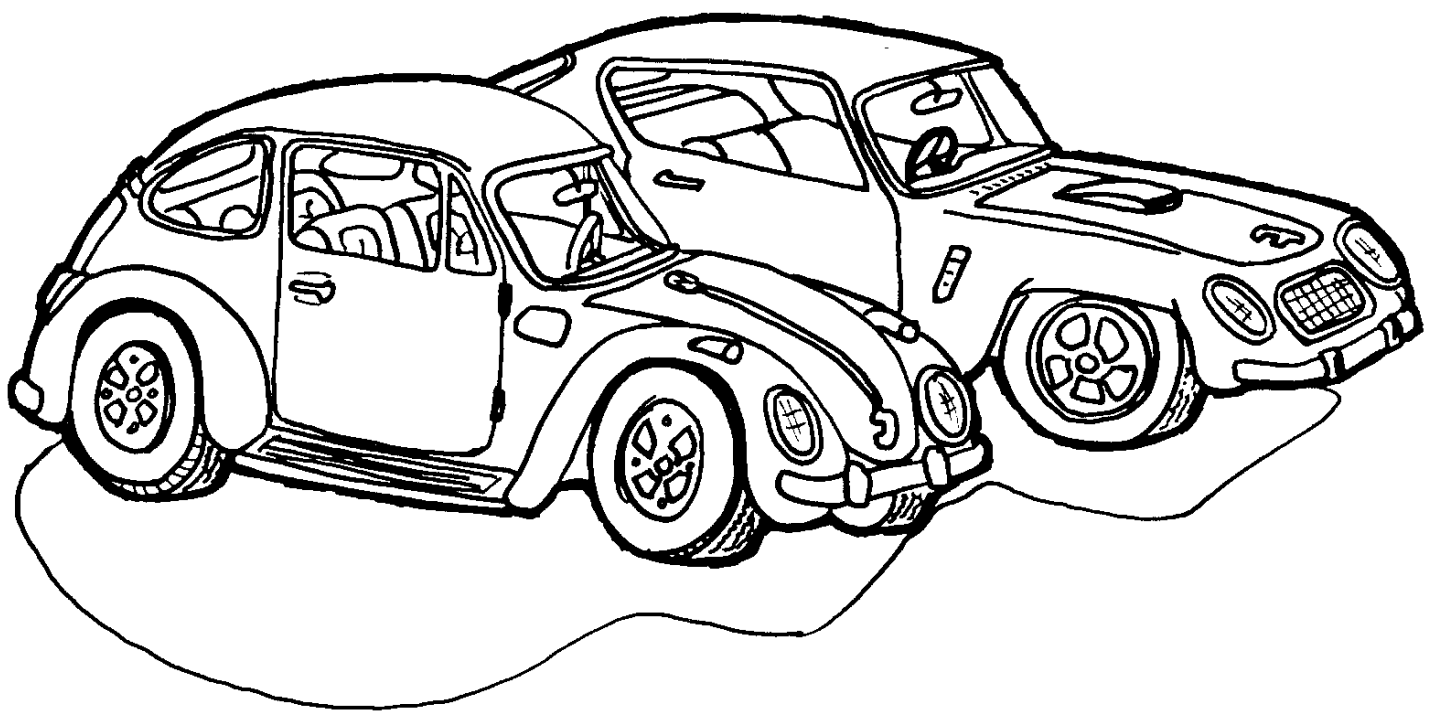
WHY?

**Have you ever
looked at a
car's engine?**



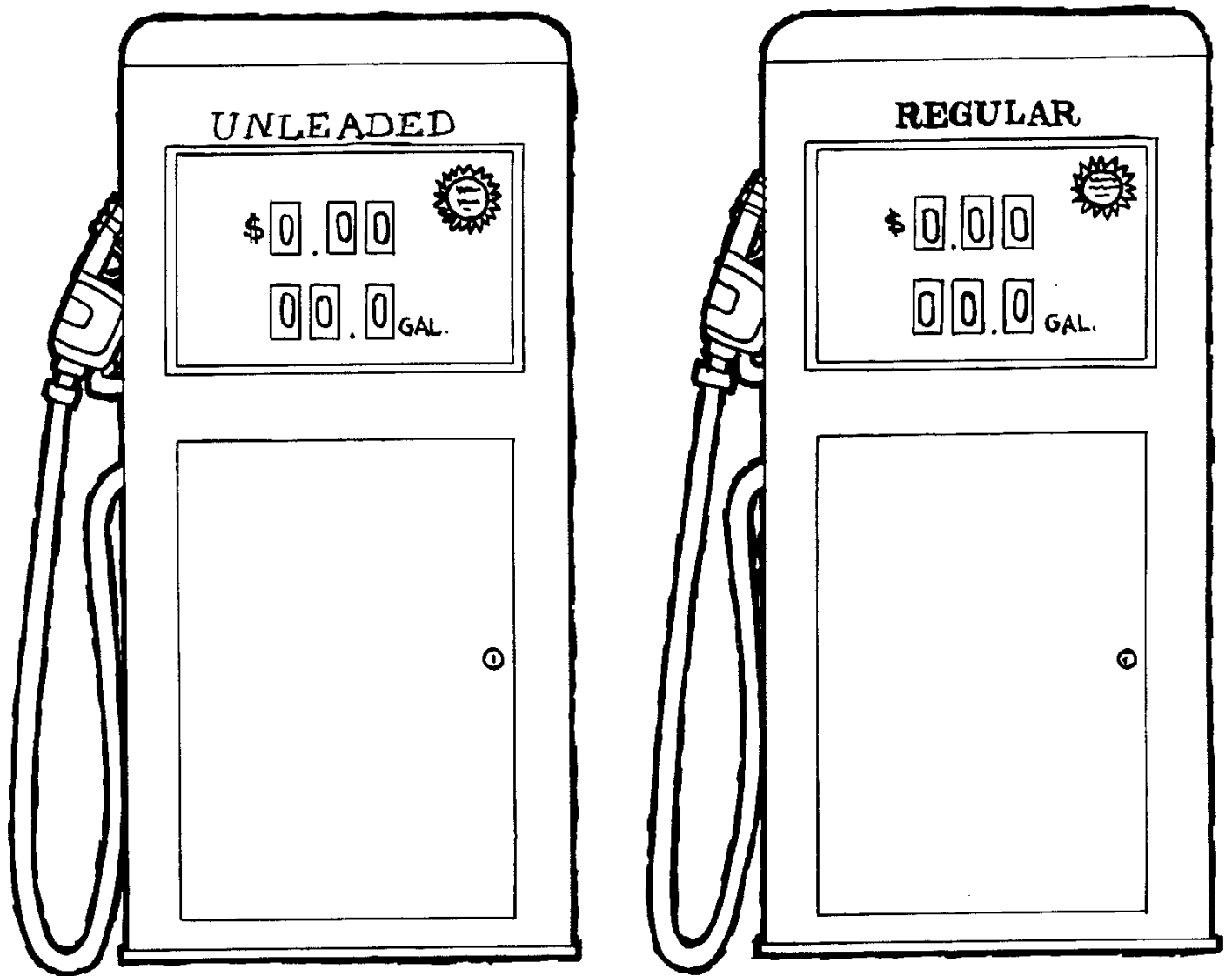
**The engine has many parts that
work together to make the car go.**

**Cars that are not
the same...**



**have engines that
are not the same!**

**Engines that are
not the same...**



**need different kinds
of gas to run well.**

**People with P.K.U.
need different foods...**



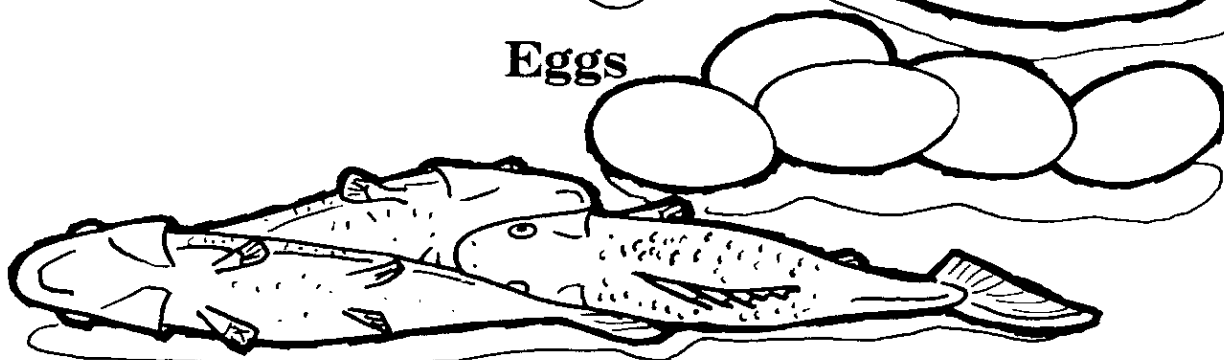
**to make their bodies
run well.**

People with P.K.U. do not need...

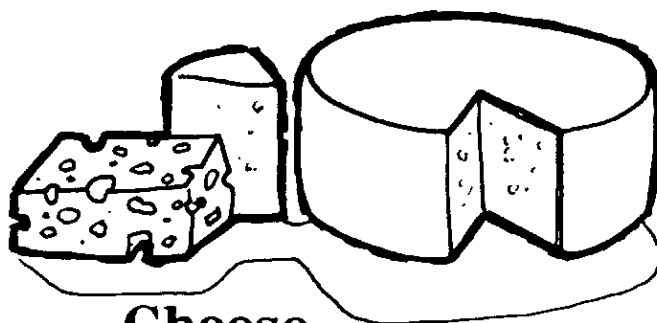
Meat



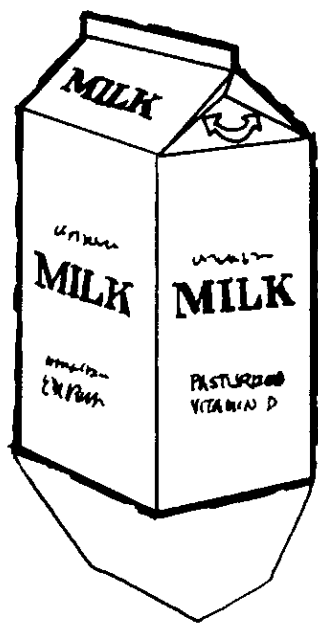
Eggs



Fish



Cheese



Regular milk

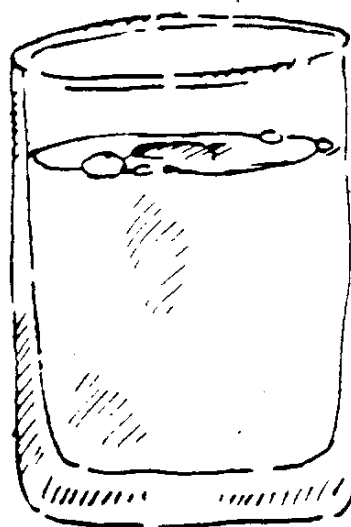
because...



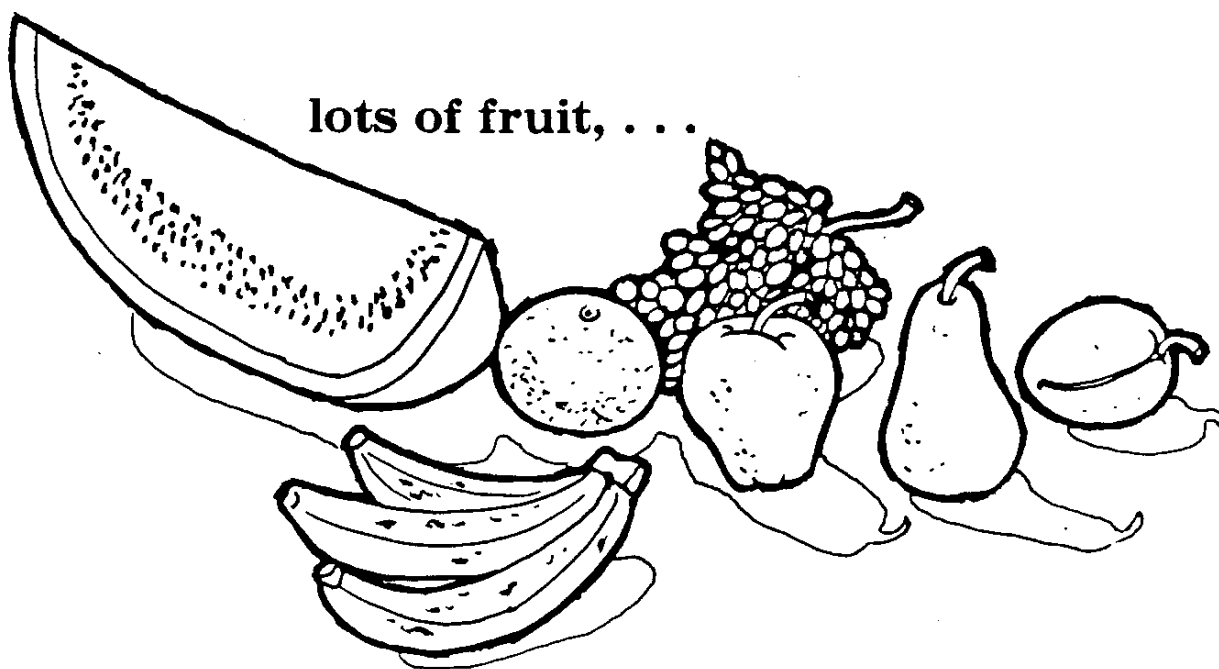
**these foods do not
make their bodies
run well!**

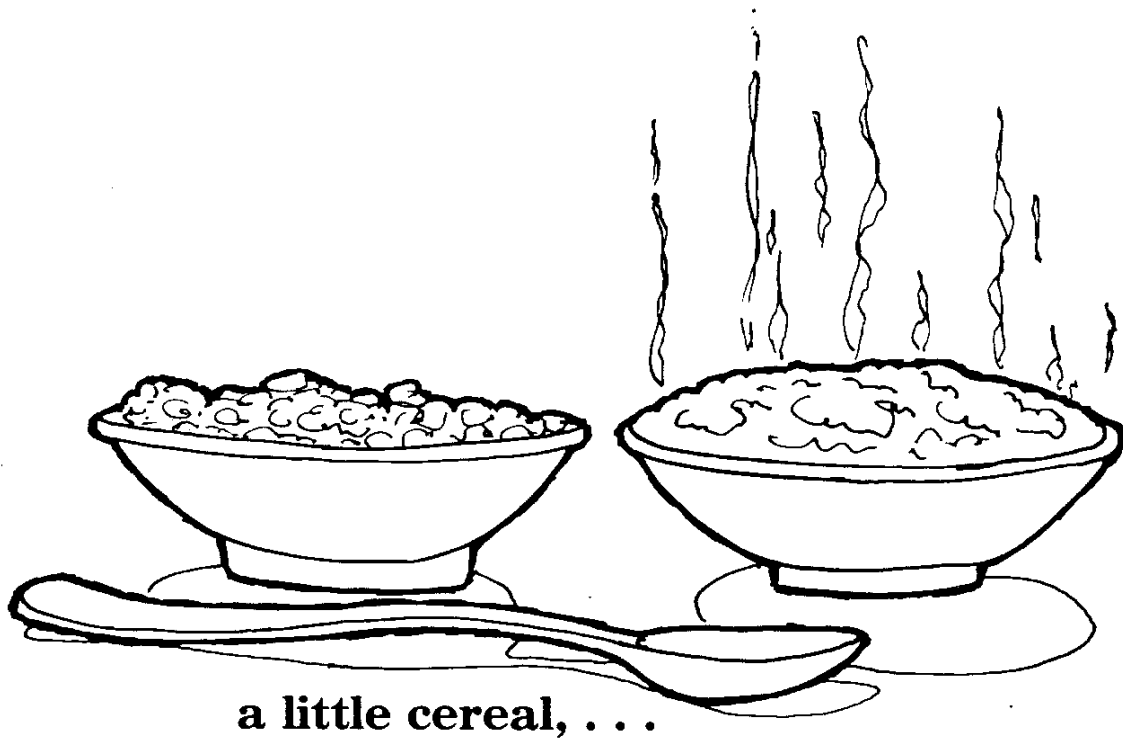
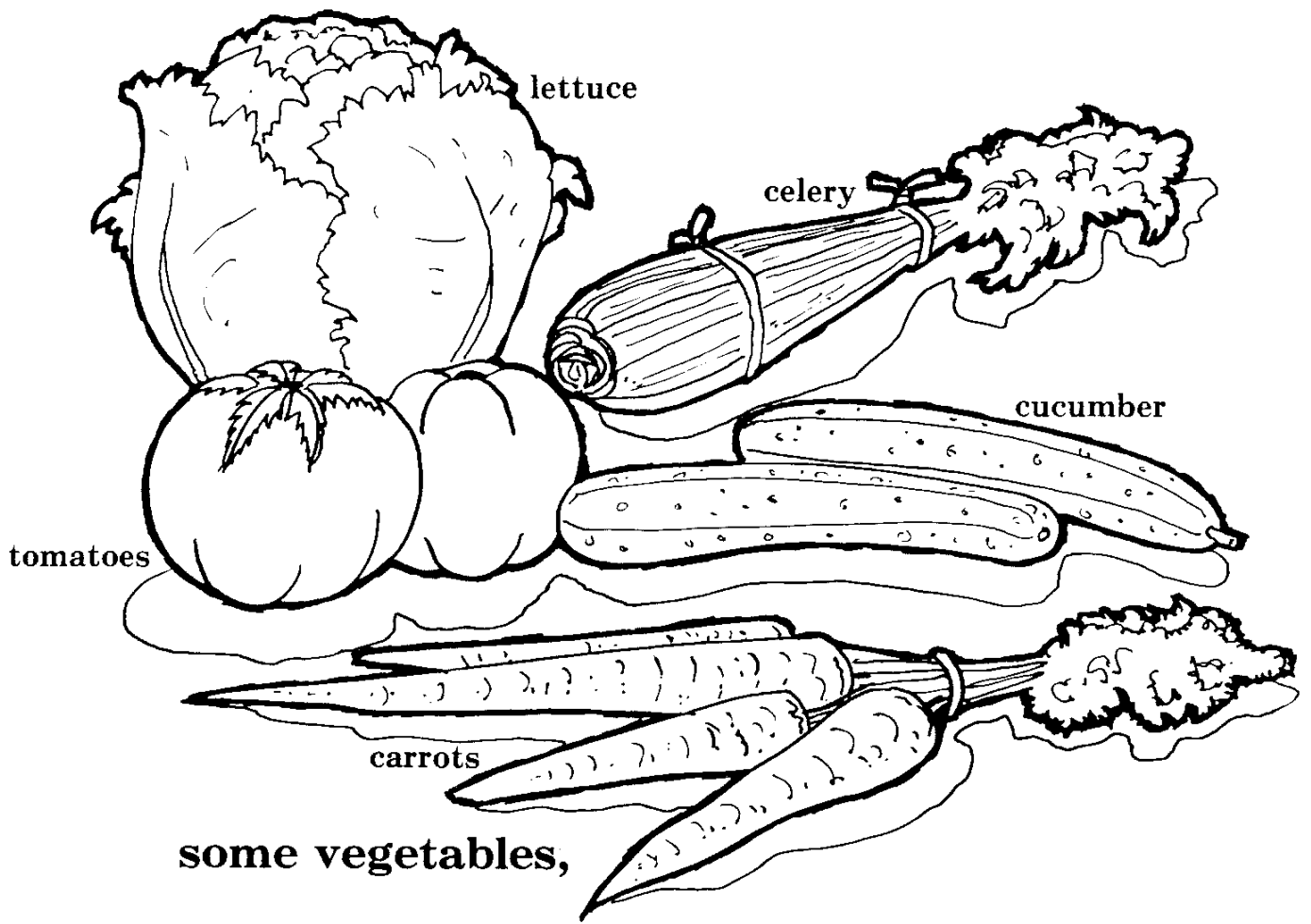
People with P.K.U. need...

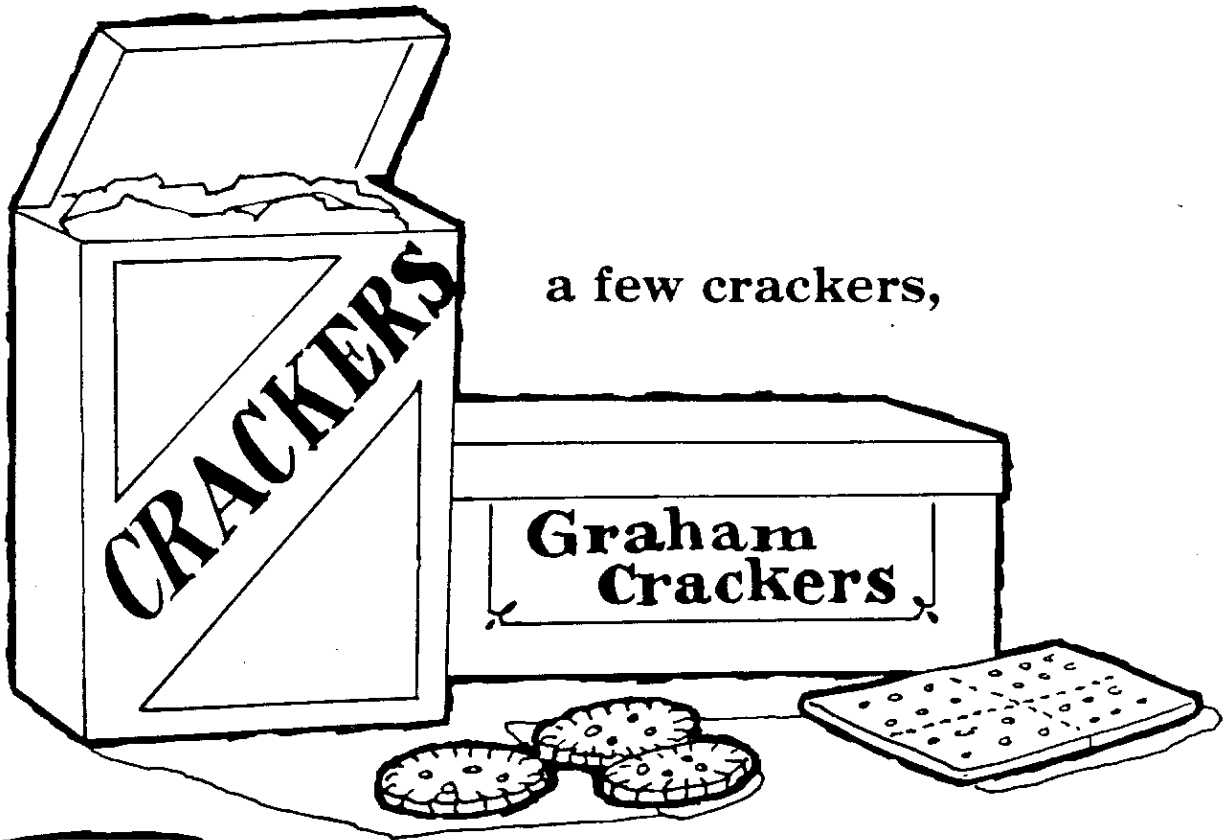
their special
milk



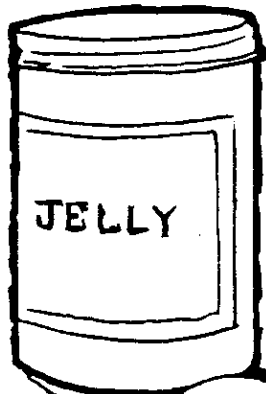
lots of fruit, ...



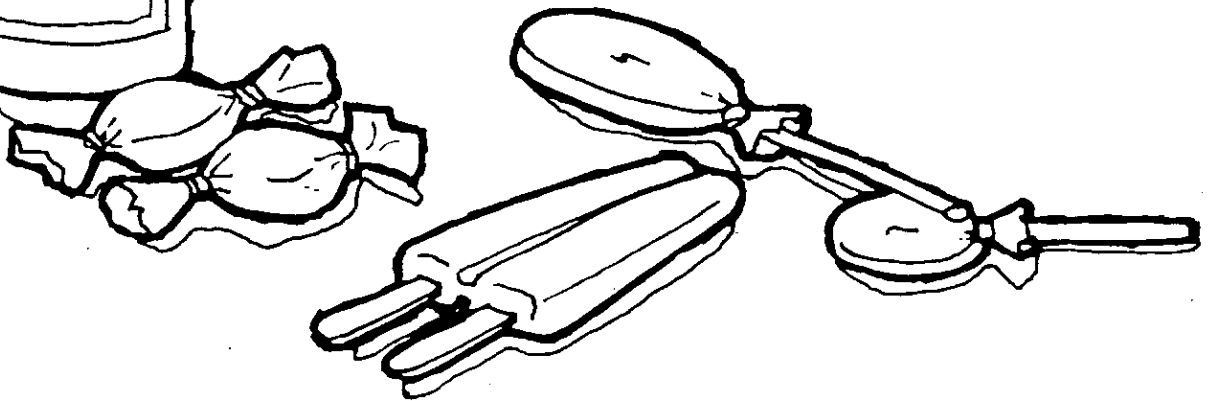




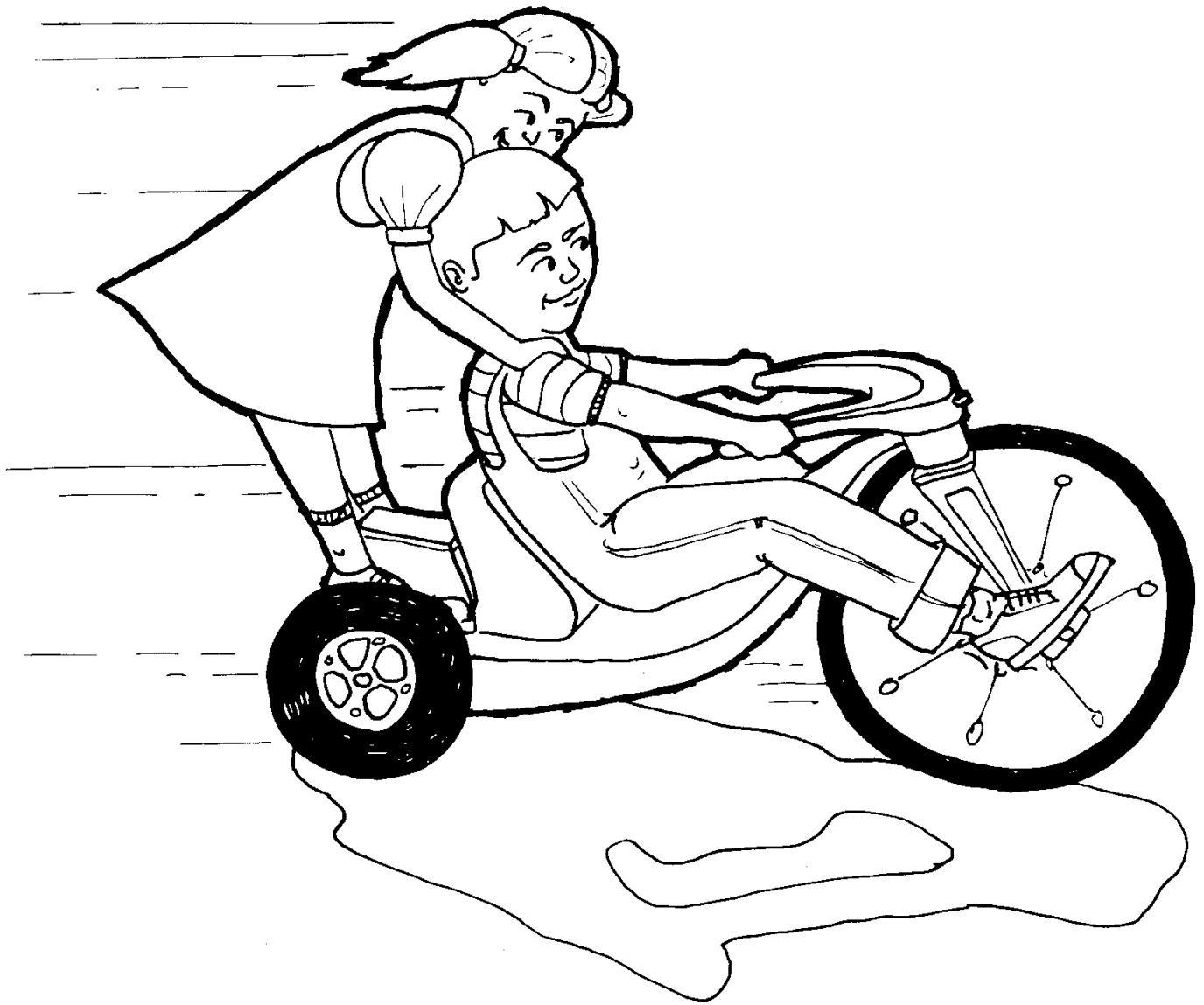
a few crackers,



low phe treats ...



to make their bodies



run well!