Apple Macaroni Salad

1/2 cup low-protein macaroni

1 cup apples, unpeeled and diced

2 tbsp celery, chopped

2 tbsp raisins

2 tbsp Miracle Whip Salad Dressing

Cook, rinse, and drain pasta according to package directions. In a medium bowl, combine the cooked pasta with the apples, celery, raisins, and Miracle Whip. Toss lightly. Chill and serve cold.

Per recipe: 37 mg phe, 1.1 g protein Per serving (1/2 cup): 8 mg phe, 0.2 g protein



