

NANDINI JOHRI

C – 92, Sector - 'A', Mahanagar, Lucknow.
Pin Code 226006. U.P., India
Mobile- 9415797970 (Lucknow), 9871575137 (Delhi)
nandinijohri@yahoo.co.in Cc at n.johri@gmail.com

Education:

- **Master of Public Health** (in Health Services – International Health Program track) from the University of Washington, Seattle, USA. Title of thesis is “Peer Educators and Their Intended Continuation of Volunteer Work: The Associated Individual and Programmatic Factors.” (December 2002).
- **Bachelor of Education** (B. Ed.) from University of Lucknow, India (1985).
- **Master of Arts (M.A.) in Psychology** from University of Lucknow, India (1984).

Awards:

- **Population Leadership Program Fellowship** - University of Washington, Seattle, USA. (September 2000 - June 2001). This Program is sponsored by the Bill and Melinda Gates Foundation and the David and Lucile Packard Foundation.
The Population Leadership Program brings together professionals from developing countries to expand their leadership skills, and partners with them to create systemic improvements in population issues, family planning, and reproductive health at the local, national, and international levels. (Website: <http://populationleaders.washington.edu>)
- **Recipient of Award for Excellence** in recognition of dynamic action to establish programs on Human Sexuality, Sexual and Reproductive Health, STDs, HIV/AIDS for the Family Planning Association of India. Award received from Dr. Mahinder C. Watsa, Chief Consultant and National Head of FPA India-SECRT (Mumbai) in December 1994.

Summary of Qualifications:

- Good understanding of issues related to health and development (nutrition, polio, sexual & reproductive health, adolescent/youth health, gender, substance abuse, HIV/AIDS) and designing/implementing needs based programs.
- Deep understanding of young people's sexual and reproductive health problems and concerns and tailoring need based programs for them.
- Experienced in designing, educating, training, implementing, monitoring and evaluating programs related to sexual and reproductive health, adolescent/youth health, HIV/AIDS, relationships etc. for different target groups.
- Experienced in involving men in reproductive and child health programs.
- Experienced in development/adaptation of training manuals/entertainment education materials for various target groups.
- Experience of initiating and running an NGO (working to promote adolescent/youth health by adopting peer education approach and entertainment education approach).
- Experience of working with the Government of India and UN Agencies.
- Ability to think of, as well as imbibe innovative ideas in educational programs.
- Excellent oral and written communication skills in English and Hindi.
- Ability to review and edit documents in English/Hindi and translate (English to Hindi and Hindi to English). Strong documentation skills.
- Comfortable in communicating with diverse target groups.
- Knowledge of Computer: MS Word, MS Excel, MS PowerPoint, Internet, SPSS.

Current Positions:

1. Independent Consultant to Development and Health Sector – Jan. 2007 – till date

Looking forward for short-term assignments from national/international organizations on health and development issues. *(The assignments may be related to capacity building, development of a new concept, adaptation of best practices, development of training materials/IEC materials, conceptualization/conduction of workshops/training programs, monitoring and evaluation, translation (English to Hindi and Hindi to English), reviewing documents and giving them final shape before printing).*

2. Founder Vice-President of Indian Institute of Young Inspirers (IIYI), Lucknow - November 1996 till date (Voluntary post)

Played an imperative role in the formation of **Indian Institute of Young Inspirers**, a registered Non-Governmental Organization of Young Inspirers in November 1996.

Major Responsibilities

- Recruiting and training new volunteers.
- Providing guidance/support/training to Young Inspirers in planning, implementation and evaluation of their programs.
- Training the second generation of Young Inspirers as mentors for the third generation of Young Inspirers.
- Guiding Young Inspirers on use of entertainment education tools (magic, puppets, and board games) in educational programs.
- Responsible for all the documentation and presentation work of the Institute.

Background of Young Inspirers – *I have played a key role in the formation, functioning and training of Young Inspirers which emerged as the youth wing of SECR Project of FPA India Lucknow Branch in April 1993. Initially Young Inspirers were mostly student volunteers who were trained as peer educators and counselors for promoting sexual and reproductive health, healthy relationships and creating AIDS awareness in urban as well as rural areas. They did mimicry, puppetry, mono-acting, role plays, ventriloquism, magic tricks, anti-superstition tricks, sang self-written songs for communicating messages on health and development issues. Young Inspirers worked with the support of FPA India till October 1996 (in Nov. 1996 Young Inspirers formed their own NGO – IIYI) and I guided them in planning and implementation of innovative activities in the urban and rural areas and in preparation of IEC materials -*

- *Slides on AIDS Prevention that were shown in the cinema halls of Lucknow.*
- *Designing of Kites and Model with dolls on AIDS Awareness.*
- *Designing of 18 meters long banner having information on various health issues and HIV/AIDS.*
- *Use of magic tricks in adolescent health programs.*
- *Organizing 'Inspiring Yatra' - (Journey by train) held from April 7–17, 1996 (Lucknow - Gorakhpur - Varanasi - Pratapgarh - Lucknow). The main objective of this journey was to create awareness on various health issues and HIV/AIDS. Activities were carried out in running trains, at the railway stations and in rural areas during the journey.*

Since Nov. 1996, Young Inspirers have further developed themselves and have set up a Resource Center and an Entertainment Education Resource Center with a rich collection of publications from various national and international organizations, magic tricks, board games, puzzles, Ventrilo dolls etc. They have developed/adapted several board games, magic tricks, puzzles, puppets for being used during awareness generation/training programs on sexual and reproductive health, gender, HIV/AIDS, substance abuse for various target groups. They also do Game Shows, Magic Shows, conduct workshops/training programs, put up stalls at exhibitions on health and development issues, and develop material as per the needs of other organizations. Their work has been appreciated at the national as well as international level. **For more information please visit the website www.iiyi.org**

Work Experience:

1. Training Consultant, Adolescent Cell, Ministry of Youth Affairs and Sports, Government of India - Feb. 2005 till Dec. 2006

Ministry of Youth Affairs and Sports has set up an Adolescent Cell for facilitating an effective management of the Department's Adolescent Scheme and operationalizing the Support to Adolescent Health and Development Project. For this program they are collaborating with UNFPA. This program focuses on three components:

(i) Strengthening capacity of the Department for implementing its Adolescent Scheme, (ii) Advocacy on adolescent issues, with a focus on health/sexual and reproductive health, (iii) Capacity building of RGNIYD, NYKS, NSS and NGOs for implementing adolescent programs, with a focus on ARSH and life skills.

Major Responsibilities

- Providing capacity building support to adolescent interventions.
- Developing strategies for capacity building of implementing partners.
- Reviewing and developing training modules and materials in response to needs and priorities of implementing partners.
- Preparing information packages and communication materials.
- Preparation of concept notes, training agendas, reports etc.
- Coordinating and conducting training and orientation programs for implementing partners and stakeholders.
- Supporting the Team Leader in taking the adolescent agenda forward.

Some of the Achievements

- Developed the Capacity Building Strategy and Plan for the implementing partners for taking up advocacy and training programs on adolescent health and development issues.
- Developed two Resource Kits consisting of reading materials developed by various organizations on nutrition, life skills education, growing up, HIV/AIDS, personality development, gender, population and development issues with Guidelines. These kits will be made available to adolescents, teachers, parents, peer educators, resource persons etc. through various centers of NSS and NYKS in the country.
- Developed two training manuals on Adolescent Health and Development using Life Skills Approach – One for the Training of Trainers (published in June 2006) and another for the Training of Peer Educators (Draft - Dec. 2006).
- Conducted training programs for NSS Programme Officers on how to conduct quiz on adolescent health and development issues.
- Oriented the National Resource Team members and coordinated/supervised the trainings of Adolescent Peer Volunteers and District Adolescent Resource Team members of NYKS.
- Provided technical support and guidance to the Ministry of Youth Affairs and Sports, NSS, NYKS, RGNIYD and Bharat Scouts and Guides for implementing the activities as per the Workplan and Budget Plan.

2. Freelance Consultant to Development and Health Sector from January 2003 - January 2005

- Have done short-term assignments for UNICEF, Lucknow, CARE-India and WHO, Geneva. Provided consultancy to FPA India - Lucknow Branch, Mamta – Health Institute for Mother and Child, New Delhi and other organizations.
- Worked as a Documentation Consultant and Technical Specialist in a project – ‘A Communication Strategy for the Promotion of Adolescent Reproductive Health’ (supported by the Fund for Leadership Development - MacArthur Foundation, New Delhi, India).
 - Played a key role in writing a teaching manual for frontline workers on how to use magic tricks and board games in Adolescent Reproductive Health programs.
 - Facilitated the material development and testing workshops.
 - Resource Person during the orientation/training programs.
- Provided honorary consultancies on Sexual and Reproductive Health issues to various

Community Based Organizations in and around Lucknow.

2. Counselor, Sexuality Education Counseling Research Therapy/Training (SECRT) unit, Family Planning Association of India (FPA India), Lucknow Branch from January 1986 - March 2000.

Nature of job and responsibilities

- Counseling and Therapy

- Counseling provided to individuals, couples and groups.
- Counseling on Telephone.
- Counseling through Correspondence.

The areas of counseling included sexual and reproductive health problems, relationships, pre-marital & marital problems, family planning, infertility, STIs, HIV/AIDS and problems of adolescents. Clients were from urban as well as rural areas.

- Educational and Training Programs Planned/organized/conducted several educational activities like Orientation Talks, Workshops, Training Programs, Focus Group Discussions, Debates, Essay/Poster/ Role Play Competitions, Quiz etc. on Adolescent & Youth Health, Family Life and Sexuality Education, Family Welfare, Sexual & Reproductive Health, STIs, HIV/AIDS, Healthy Relationships, Responsible Parenthood, Preparing for Marriage, Counseling Skills etc.

Participated as a **Resource Person/Workshop Leader** in several workshops/training programs organized by FPA India Hqs. (including its other Branches/Projects) and few other non-governmental organizations.

The target groups were both male and female from urban as well as rural areas – adolescents, youth, newly married couples, parents, teachers, employees in offices, para-medical staff, field workers etc.

Adopted participatory approach while conducting these programs. For strengthening relationships I conducted joint programs for (1) Fathers & adolescent sons, (2) Mothers & adolescent daughters, (3) Mothers-in-law & daughters-in-law.

- Research - Trained in qualitative research. Ability to take in-depth interviews of individuals and groups, prepare case studies. Active involvement in two national research surveys conducted by FPA India Hqs – (1) Attitudes and Perceptions of Educated Urban Youth to Marriage and Sex (2) Youth Sexuality.

While working as a Counselor at FPA India-SECRT unit, I had following two additional responsibilities-

- i) **Member, Coordination Committee, Sexual Health Project, FPA India, Lucknow Branch** from June 1994 - December 1999.

Responsibilities - Made a tangible contribution in launching the Sexual Health Project funded by Overseas Development Agency, London (now DFID) in FPA India, Lucknow Branch in June 1994. Provided technical assistance to the project related to its administration and subject matter. From June 1996 till the time of its completion (December 1999), coordinated all the activities of Sexual Health Project.

- ii) **Joint Coordinator, ICMR Project** from May 1996 - November 1998.
Coordinated the activities of Indian Council of Medical Research (New Delhi) Project "A study on Reproductive Health Awareness and Sex Behavior amongst Adolescents" carried out by FPA India, Lucknow Branch in Uttar Pradesh state of India.

Administration / Management:

Looked after all the administrative work of SECRT, Sexual Health Project and ICMR Project, preparing reports/documentation of various activities, quarterly and annual reports, Work Program Budgets. Responsible for all the correspondence and financial matters of these projects.

Special Experience Related to Youth Health Programs:

Planned and conducted several 2 days/3 days Workshops on Spearhead Youth Health: Leadership Training for Youth in Sexual & Reproductive Health. Participants were adolescents & youth (girls and boys) from urban and rural areas. In these workshops participatory approach was adopted and participants were trained as peer educators and counselors.

Select Publications:

- **Facilitator's Manual on Adolescent Health and Development**, a joint publication of UNFPA/India and Ministry of Youth Affairs and Sports, Government of India. Released on 26th June 2006 by Mr. Oscar Fernandes, Minister of State (Independent Charge), Government of India and Convener, Parliamentary Forum, HIV/AIDS.
- **A Communication Strategy for the Promotion of Adolescent Reproductive Health** – training manual for frontline workers on how to use magic tricks, puzzles and board games in adolescent reproductive health programmes.
- **Making Sexual and Reproductive Health a Youth Affair: The Young Inspirers in Lucknow, India** – Co-authored with Prof. S. Chakraborty and Ms. Sharifa Tahir. Published by ICOMP, Malaysia in Innovations – Journal on Innovative Approaches to Population Programme Management, Volume 2, 1995, Theme – Youth Reproductive Health.
- **Sexual and Reproductive Health for Young People** – I edited the Report of the Workshop organized by the South Asia Region, IPPF, London in Dec. 1991.

Participation in Workshops/Training Programs:

Participated in more than 25 Workshops/Training Programs organized by FPA India Hqs., The Council of Sex Education and Parenthood International and IPPF, London on Counseling Skills, Marital & Sexual Problems, Sexual & Reproductive Health and HIV/AIDS etc. Eminent subject experts from India and abroad conducted these Workshops/Training Programs.

Participation in National / International Workshops / Conferences / Paper Presentations / TV Program:

- Presented a paper on “Peer Educators and Their Intended Continuation of Volunteer Work: The Associated Individual and Programmatic Factors” during the “Conference on Young Peoples' Sexual and Reproductive Health Needs in Asia: Progress, Achievements and Ways Forward” organized by Center for Operations Research and Training (CORT) in collaboration with WHO / Department of Reproductive Health and Research, Family Health International (FHI)/Youth Net, Pathfinders International, Population Council, Center for Research in Development and Change (CRDC), Family Planning Association of India (FPA India) at New Delhi, India from December 2 - 4, 2004.
- Participated in the Vision Building Workshop organized by IPPF – SARO at New Delhi, India from November 17-19, 2004.
- Participated as a Documentation Consultant in Implementing Best Practices Initiative Meeting held at Agra, India from September 21- 25, 2003.
- 2nd Asia Pacific Conference on Reproductive and Sexual Health held at Bangkok from October 6 –10, 2003.

- Summer Conference (study tour) organized by Population Leadership Program, University of Washington, Seattle at Mexico City, Mexico from July 20 – 26, 2003 for the first and second cohorts of Packard-Gates Fellows.
- Conference on “Improving Reproductive Health: Leadership Challenges” organized by Population Leadership Program, University of Washington, Seattle at Hanoi, Vietnam from 29 July – 2 August, 2002 for the Packard-Gates Fellows.
- Workshop on Adolescent Sexual and Reproductive Health: Issues and Challenges organized by International Institute of Population Sciences, Mumbai at Khandala in August 2000. Made a presentation on Formation, functioning, activities and achievements of Young Inspirers.
- **Resource Person** in the **Regional Workshop for Youth** organized by International Planned Parenthood Federation-South Asia Region at Lucknow from August 16–20 1999.
- I was one of the experts in the program ‘**Everywoman**’ of **BBC** (TV) London (October 1998). I answered questions related to Sexual & Reproductive Health on telephone.
- Participated in **the Workshop on Innovative Approaches in Youth Reproductive Health Programs organized by ICOMP** at Melaka, Malaysia from June 1 – 4, 1995. I presented a paper on 'FPA India-SECRT, Lucknow Branch Introduces Young Inspirers'.
- Associated in the process of preparation of **Documentation Study by ICOMP** (International Council on Management of Population Programs), Malaysia on the activities of SECRT and Young Inspirers of FPA India, Lucknow Branch.
- **Youth Consultant Meet:** Attended the Youth Consultant Meet organized by International Planned Parenthood Federation at London from February 20 – 24, 1995 and presented a paper on "A Review of Adolescent and Youth Health Programs of Family Planning Association of India".
- **3rd Asian Conference of Sexology:** Presented a paper on "Spearhead : A System Approach to Develop Positive Sexual Behavior among Adolescents and Youth" at the 3rd Asian Conference of Sexology held under the patronage of Asian Federation for Sexology at New Delhi from 27 Nov. – 1 Dec., 1994. My paper was accepted for record.
- **IPPF-SAR Workshop on Developing Sexual and Reproductive Health Programs for Young People** held at Bangalore in December 1991. I was the Editor of the Report of this workshop which was published.

Media Coverage / Radio and T.V. Programs:

- Local newspapers gave a good coverage to the various routine as well as innovative programs conducted by SECRT Project of FPA India Lucknow Branch and Indian Institute of Young Inspirers, Lucknow.
- Given more than 25 Radio talks on topics related to Family Welfare and Healthy Relationships.
- Participated as an expert in 5 T.V. Programs related to Family Life Education and Family Welfare telecast by Lucknow Doordarshan.