

Evidence-based Family Focused Interventions Appropriate for Use with Families Affected by Opioid Use Disorder*

Child Age	# Sessions and Providers	Demonstrated Impacts	Other Implementation Information
<p>Promoting First Relationships (PFR): 10-week attachment-based home-visiting program that uses reflection and strengths-based video feedback to support the parent-child relationship and healthy social-emotional development.</p>			
Birth - 5	<ul style="list-style-type: none"> • 10 weekly 60-75 min home visiting sessions with caregiver, child • 1 trained provider • <u>Training:</u> 2-day in-person or 4-day 3.5 hrs virtual + 15 weeks of mentored training 	<ul style="list-style-type: none"> • Increased parent sensitivity and child development knowledge • Improved child behavior • Fewer out-of-home placements for CPS families 	<ul style="list-style-type: none"> • Information: www.pfrprogram.org • English & Spanish materials, training, and TA; Somali parent handouts • Training, intervention available virtually • Currently offered through WA DCYF
<p>Guiding Good Choices (GGC): 5-week manualized, group parent training program for caregivers of adolescents that emphasizes strong family bonds and effective parenting practices as the key to better developmental outcomes for adolescents.</p>			
9 - 14	<ul style="list-style-type: none"> • 5 weekly 120 min group sessions with caregivers (6 sessions when virtual) • 1 session with adolescents • 2 trained providers • <u>Training:</u> 5 5-hour virtual sessions 	<ul style="list-style-type: none"> • Reduced substance use • Reduced problem behavior • Symptoms of depression • Family relationships, communication, conflict 	<ul style="list-style-type: none"> • Information: www.communitiesthatcare.net • English & Spanish, materials, training and TA • Training, intervention available virtually • Adaptation for caregivers with SUD
<p>Strengthening Families 10-14 (SFP): 7-week manualized, group family training program that aims to enhance family protective processes and reduce family risk related to adolescent substance use and other problem behaviors.</p>			
10 - 14	<ul style="list-style-type: none"> • 7 weekly 2-hour group sessions with caregivers & youth • 3 trained providers • <u>Training:</u> 3-day in-person workshop 	<ul style="list-style-type: none"> • Decreased substance use • Improved problem behaviors • Internalization behavior • Parent-child relationships 	<ul style="list-style-type: none"> • Information: http://www.sfp.wsu.edu/ • Adaptation for OUD and cannabis • English & Spanish materials, training and TA • Virtual adaptation piloted
<p>Families Facing the Future (FFF): Manualized parenting skills group and home-visiting program for families with SUD and in MOUD treatment that teaches parenting and relapse prevention skills and builds protection in children.</p>			
5 - 14	<ul style="list-style-type: none"> • 5-hour session intro, 16 weeks of 90 min bi-weekly sessions (youth once weekly), 9 months home-based coaching • 2 trained providers • <u>Training:</u> 3-day in-person or 5-day 5 hours virtual workshop 	<ul style="list-style-type: none"> • Reduced parent substance use • Parenting skills knowledge • Reduced male substance use disorder 10-12 years later • Resilient adaptations 	<ul style="list-style-type: none"> • Information: www.communitiesthatcare.net • Training available virtually • Intervention will be streamlined to increase implementation feasibility in this project

*Evidence-based Registries: Blueprints for Healthy Youth Development (www.blueprintsprograms.com): PFR, GGC, SFP. California Evidence-based Clearinghouse for Child Welfare Programs (www.cebc4cw.com): PFR, FFF, GGC, SFP. Title IV-E Clearinghouse (preventionservices.acf.hhs.gov): FFF, GGC. Home Visiting Evidence of Effectiveness (homvee.acf.hhs.gov): PFR.