



NORTHWEST CENTER *for* FAMILY SUPPORT

Support and Expectations for Northwest Center for Family Support Partners

Welcome to the Northwest Center for Family Support (NCFS). We are glad to partner with you to deliver family-focused evidence-based interventions (EBI) to support families affected by opioid use disorder (OUD). Here is an overview of what you can expect from us and what we ask of you.

NCFS Provides

- **Free EBI training and technical assistance** to help with EBI delivery planning and implementation (your NCFS master trainer will provide technical assistance specifics)
- **Consultation** throughout EBI selection, planning, training, and delivery
- **Commitment** to making EBI implementation work for you and your clients, including adaptations to improve staff and client satisfaction while maintaining fidelity standards
- **Support** to defray site implementation costs (e.g., daycare, client transportation, snacks). See NCFS EBI Site Implementation Support Funding handout for more information.
- **Regular check-ins** as you prepare for implementation, at least monthly, to see how we might help and answer your questions
- **Sharing of lessons-learned** from other implementing sites
- **EBI adherence (fidelity) assistance** including, upon request, master trainers observing implementation and providing feedback (observation via video as travel may be cost prohibitive)

What We Ask of You

Implement the EBIs

- **Families Facing the Future:** once annually to 8-10 caregivers
- **Promoting First Relationships:** once annually to 8-10 caregivers per trained provider (~2 families per provider in each quarter)
- **Guiding Good Choices:** twice annually (2 cycles) to 8-10 caregivers each cycle
- **Strengthening Families Program 10-14:** twice annually (2 cycles) to 8-10 caregivers each cycle
- Please **contact** the applicable master trainer and NCFS Project Director to discuss any needed modifications to above delivery expectations

Share Feedback

- All staff attending EBI training complete online feedback form*
- Facilitate EBI participant survey collection via internet link*
- Provide feedback to NCFS so that we might reach our goals of providing equitable, sustainable, feasible, satisfying EBI support to families

* Data and feedback collection information provided separately

- Share recommendations and lessons-learned that we might share with other state service providers
- Adhere to EBI fidelity standards, requesting assistance and/or adaptations as needed

Next steps

Once you select an EBI, you will begin working more closely with the EBI program master trainer who may take the lead from the project director, as appropriate. NCFS staff will help you with:

- **Training registration** and coordination
- **Specifics** of training attendance
- **Developing an implementation timeline** that works with your current efforts including recruiting participants and implementation planning considerations
- **Possible EBI adaptations** needed for your setting, staff, or population served

Key to successful implementation

Here are some questions for you to begin considering as you plan for EBI implementation. Our master trainers can help mitigate challenges you are experiencing.

- Do you have **adequate funding** and staff to support training and implementation?
- **Who will attend training?** (consider the number of personnel required for EBI delivery as well as backup staff)
- **How much time is needed** for training?
- Do you have **adequate and appropriate space** for groups so families feel safe and respected?
- Do you have a **consistent location** and time for meetings? Is schedule aligned with client/patient and staff routines? Have you factored in travel time for home visits?
- Do you have any **needed electronic/computer support**, including internet for data collection?
- Is **delivery** virtual or in-person?

Recruiting participants

- How will you reduce barriers to client participation?
- How might you incentivize participation?
- How are you going to advertise or engage families about the EBIs? Are you comfortable introducing the topic during regularly scheduled client meetings?
- How many participants do you need taking into consideration your organizations non-completion rates for similar programs?
- Do you need **additional training** in opioid use disorder or other aspects of program delivery?

During and after training, trainers will further discuss EBI implementation, share EBI-specific keys to success, make recommendations, and answer your questions. Our trainers have experience implementing EBIs in a variety of unique settings.

Your NCFS Team:

Lead/Principal Investigator: Margaret Kuklinski (mrk63@uw.edu)

Project Director: Jim Leighty (jleighty@uw.edu), 206-543-4546

Master Trainers

Promoting First Relationships: Jennifer Rees (rees@uw.edu)

Families Facing the Future: Dalene Beaulieu (daleneb@uw.edu)

Guiding Good Choices: Dalene Beaulieu (daleneb@uw.edu)

Strengthening Families Program 10-14: AnaMaria Diaz Martinez (a.martinez@wsu.edu)

Please do not hesitate to contact us if you have any questions.