

Mona El-Hout, Ph.D

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Education

August 2014-May 2020	University of South Florida Ph.D in Social Psychology
September 2012–April 2014	University of Michigan, Dearborn Master of Science in Health Psychology
September 2008-April 2012	University of Michigan, Ann Arbor Bachelor of Science in Brain, Behavior, and Cognitive Science Philosophy minor

Research Experience

August 2014-May 2020	University of South Florida Department of Psychology Graduate Student in Dr. Kristen Salomon’s Cardiovascular Psychophysiology Lab	<ul style="list-style-type: none">• Dissertation: Studying the effects of dehumanization and discrimination on cardiovascular responses of immigrants.• Project 1: Investigating African American’s cardiovascular recovery from a negative interpersonal interaction with a majority member.• Project 2: Collaboration series on the ambivalent sexism experiences of women, including scale development and validation, and experimental work on the influence of sexism on women in STEM majors and on cardiovascular reactivity and recovery from these experiences.• Project 3: Collaboration on the effects of narrative framing of immigrant willingness to self-police on subsequent anti-immigration attitudes.• Project 4: Collaboration on the effects of benevolent sexist attitudes on women’s endorsement of anti-minority policies.
January 2013–May 2014	University of Michigan, Dearborn Department of Psychology Thesis project Faculty advisors: Dr. Muniba Saleem & Dr. David Chatkoff	<ul style="list-style-type: none">• Study examined the effects of negative media exposure on Muslim American cardiovascular reactivity, health behaviors, and identity.
September 2013–May 2014	University of Michigan, Dearborn Department of Psychology Research Assistant to Dr. Muniba Saleem	<ul style="list-style-type: none">• Projects involved investigating effects of media exposure on Muslim American identity and effects of aggression toward outgroups on prosocial behavior.

- September 2012–May 2014 University of Michigan, Dearborn
 Department of Psychology
 Research Assistant to Dr. David Chatkoff & Dr. Michelle Leonard
- Project involved investigating differences in cardiovascular reactivity during stress recall tasks between Arab and white women.
- January 2010-April 2012 University of Michigan, Ann Arbor
 Department of Psychology
 Research Assistant to Dr. John Jonides
- Assisted graduate students on studies in cognitive neuroimaging examining various factors such the effects of depression on cognition, expressive writing, and obesity.
 - Conducted independent study on emotional differentiation and granularity research in people with depression vs. healthy controls

Teaching Experience

- Summer 2020 University of Washington
 Instructor
 Course: Leadership Development to Promote Equity in Engineering Relationships
- Spring 2020 University of South Florida
 Graduate Course Assistant
 Course: Intro to Psychology online
- Summer 2019, Summer 2018,
 Spring 2017, Fall 2016 University of South Florida
 Graduate Course Instructor
 Course: Experimental Design & Analysis
 Highest evaluation average: 4.8/5
- Spring 2019 University of South Florida
 Graduate Course Assistant
 Course: Social Psychology online
 Course: Psychology of Personality online
- Fall 2019, Fall 2018 University of South Florida
 Graduate Course Instructor
 Course: Social Psychology
 Evaluation average: 4.7/5
- Spring 2018, Fall 2017 University of South Florida
 Graduate Teaching Assistant
 Faculty Adviser: Dr. Michael Brannick
 Course: Psychology Research Methods
- Spring 2016 University of South Florida
 Graduate Course Assistant
 Faculty Adviser: Dr. Sandra Schneider
 Course: Experimental Design & Analysis

Fall 2015, Spring 2015,
Fall 2014

University of South Florida
Graduate Teaching Assistant
Faculty Adviser: Dr. Marina Bornovalova
Course: Psychology Research Methods

Spring 2014, Fall 2013,
Spring 2013

University of Michigan, Dearborn
Graduate Teaching Assistant
Faculty Adviser: Dr. Muniba Saleem
Courses: Introduction to Psychology, Introduction to Social Psychology

Publications

Kuchynka, S. L., Salomon, K., Bosson, J. K., **El-Hout, M.**, Kiebel, E., Cooperman, C., & Toomey, R. (2018). Hostile and Benevolent Sexism and College Women's STEM Outcomes. *Psychology of Women Quarterly*, 42(1), 72-87.

Salomon, K., Bosson, J. K., **El-Hout, M.**, Kiebel, E., Kuchynka, S. L., & Shepard, S. L. (2020). The Experiences with Ambivalent Sexism Inventory (EASI). *Basic and Applied Social Psychology*, 42(4), 235-253.

***El-Hout, M.**, *Garr-Schultz, A., & Cheryan, S. (in press). Beyond biology: The importance of cultural factors in explaining gender disparities in STEM preferences. *European Journal of Personality*, 0(0), 1-6. <https://dx.doi.org/10.1177/0890207020980934>

El-Hout, M. & Salomon, K. (in preparation). *Villains or Vermin? The Differential Effects of Discrimination and Dehumanization on Immigrant Cardiovascular Responses.*

El-Hout, M. & Salomon, K. (in preparation). *The Influence of Discrimination on African American's Cardiovascular Responses to Uncivil Interactions.*

El-Hout, M., Driskell, S., Holmes, O., & Agboh, D. (in preparation). *Here to help or hurt? How Framing Muslim Immigrant Willingness to Self-Police Affects Support for Immigration Policies.*

Kiebel, E., Salomon, K., Bosson, J., **El-Hout, M.**, Shepard, S., & Kuchynka, S. L. (in preparation). *Women's Cardiovascular Responses to Sexism in STEM.*

*Co-first authors

Presentations & Invited Talks

El-Hout, M. (March 2012). "Emotional Indian Summer: Relative vs. Absolute Emotional Dialecticism in Depression". Poster presented at the Cognitive Neuroscience Society annual conference in Chicago, IL

Ftouni, A., **El-Hout, M.**, Leonard, M., & Chatkoff, D. (March 2014). "Associations of Couples' Relationship Satisfaction and Attachment to Physiological Reactivity during an Interpersonal Stressor". Poster presented at the American Psychosomatic Society annual conference in San Francisco, CA.

El-Hout, M. (April 2016). "The Moderating Influence of Perceived Discrimination on Cardiovascular Recovery from an Uncivil Interpersonal Conflict". Invited talk given at the University of South Florida.

El-Hout, M. & Salomon, K. (January 2017). "The Moderating Influence of Discriminatory Life Experiences on the Cardiovascular Reactivity and Recovery of African Americans from an Uncivil Interpersonal Conflict". Poster presented at the Society for Personality and Social Psychology annual conference in San Antonio, TX.

El-Hout, M. & Salomon, K. (October 2017). “The Protective Properties of Implicit Self-Esteem on Cardiovascular Recovery of African Americans after an Interpersonal Conflict”. Poster presented at the Society for Psychophysiological Research annual conference in Vienna, Austria.

El-Hout, M., Kiebel, E., & Salomon, K. (March 2018). “Shaking Up the Government: Predicting the Influence of Stability Threats on Outgroup Dehumanization via Sociopolitical Control.” Poster presented at the Political Psychology Preconference during the Society for Personality and Social Psychology annual conference in Atlanta, GA.

Kiebel, E., Salomon, K., Bosson, J., **El-Hout, M.,** *Vantedhu, M., & Kuchynka, S. (March 2018). “The Role of Hostile and Benevolent Sexism and Self-Efficacy in predicting Women’s Cardiovascular Responses to a STEM Task”. Poster presented at the Society for Personality and Social Psychology annual conference in Atlanta, GA.

Shepard, S., **El-Hout, M.,** Salomon, K., Bosson, J., Kiebel, E., & Kuchynka, S. (March 2018). “Validation of the Experience with Ambivalent Sexism Scale (EASS)”. Poster presented at the Society for Personality and Social Psychology annual conference in Atlanta, GA.

El-Hout, M., Kiebel, E., & Salomon, K. (March 2018). “Shaking Up the Government: Predicting the Influence of Stability Threats on Outgroup Dehumanization via Sociopolitical Control”. Invited talk given at the University of South Florida.

El-Hout, M., Kiebel, E., Salomon, K., Bosson, J., Kuchynka, S., & *Vantendhu, M. (October 2018). “Sexism in STEM: The Role of Self-Efficacy on Cardiovascular Responses to a STEM Task”. Poster presented at the Society for Psychophysiological Research annual conference in Quebec, Canada.

El-Hout, M., Kiebel, E., Shepard, S., Kuchynka, S., Salomon, K., & Bosson, J. (February 2019). “The Influence of Hostile and Benevolent Sexism and STEM Identity on Women’s Cardiovascular Recovery after a STEM task”. Poster presented at the Society for Personality and Social Psychology annual conference in Portland, OR.

Kiebel, E., Salomon, K., Bosson, J., **El-Hout, M.,** Shepard, S., & Kuchynka, S. (February 2019). “Influences of Hostile and Benevolent Sexism and Intentions to Major in STEM Predicting Women’s Cardiovascular Recovery from a Math Task”. Invited talk presented at the Society for Personality and Social Psychology annual conference in Portland, OR.

Shepard, S., Salomon, K., Bosson, J., **El-Hout, M.,** Kiebel, E., & Kuchynka, S. (February 2019). “Refinement of the Experience with Ambivalent Sexism Scale”. Poster presented at the Society for Personality and Social Psychology annual conference in Portland, OR.

El-Hout, M. & Salomon, K. (February 2019). “Don’t Avoid the Subject: The Moderating Role of Implicit Self-Esteem on African Americans’ Cardiovascular Recovery after an Interpersonal Conflict”. Data Blitz given at the Society for Personality and Social Psychology, Health Preconference.

El-Hout, M. & Salomon, K. (September 2019). “Still Thinking about It: The Role of Rumination in Cardiovascular Recovery of African Americans after Discrimination”. Invited talk given at the *Faces of the Future* symposium for the Society for Psychophysiological Research annual conference in Washington, D.C.

*Divakaran, S., *Rios-Guzman, N., **El-Hout, M.,** & Salomon, K. (September 2019). “The Moderating Role of Self-Esteem on Post-Discrimination Cardiovascular Recovery Among African Americans”. Poster presented at the Society for Psychophysiological Research annual conference in Washington, D.C.

EL-Hout, M., Driskell, S., Holmes, O., & Agboh, D. (February 2020). “Here to help or hurt? How Framing Muslim Immigrant Willingness to Self-Police Affects Support for Immigration Policies”. Poster presented at the Society for Personality and Social Psychology annual conference in New Orleans, LA.

EL-Hout, M., Salomon, K., Bosson, J., Kiebel, E., Kuchynka, S.L., & Shepard, S. (March 2020). The Experiences with Ambivalent Sexism Inventory (EASI). Data Blitz presented at the Toward Gender Harmony: Cross-Cultural Beliefs about Gender and Equality conference in Tampa, FL.

Agboh, D., **EL-Hout, M.**, Holmes, O.L., Driskell, S. (June 2020). Narratives of Muslim Immigrants and Support for Anti-Muslim Immigration Policies. In. Paolo, P. (Chair), Emigrating from our Ivory Towers: Psychology in Immigration Policy. Symposium presented at the Society for the Psychological Study of Social Issues annual convention, Denver, CO. Conference cancelled due to COVID-19.

EL-Hout, M. & Salomon, K. (February 2021). Villains or Vermin? Immigrant Cardiovascular Responses to Discrimination and Dehumanization. Symposium to be presented at the Society for Personality and Social Psychology annual conference, online.

* Undergraduate research assistants

Grants & Awards

July 2013	Clara Mayo Award, Society for the Psychological Study of Social Issues (\$500)
September 2016	Graduate Student Travel Award, Society for Personality and Social Psychology (\$500)
November 2016	Conference Grant Travel Award, University of South Florida (\$500)
July 2017	Conference Grant Travel Award, University of South Florida (\$750)
July 2017	Registration Waiver and Travel Award, Summer Institute for Social and Personality Psychology (\$500)
August 2017	Student Diversity Travel Award, Society for Psychophysiological Research (\$1000)
June 2018	Graduate Training Fellowship (sponsored by Dr. Wendy Berry Mendes), Society for Psychophysiological Research (\$3,200)
July 2018	Clara Mayo Award, Society for the Psychological Study of Social Issues (\$850)
December 2018	Conference Grant Travel Award, University of South Florida (\$500)
April 2019	Eve Levine Graduate Teaching Award, University of South Florida (\$500)
July 2019	Student Travel Award, Society for Psychophysiological Research (\$870)
January 2020	Conference Grant Travel Award, University of South Florida (\$500)

Workshops/Additional Training

February 2015	Preparing Scientists for Industry Careers, University of South Florida
March 2016	Diversity Training, University of South Florida

July 2017	Summer Institute in Social and Personality Psychology, Society for Personality and Social Psychology, University of Southern California
March 2018	Understanding PROCESS v3: New Features, Building, and Editing Models, Society for Personality and Social Psychology
September 2019	Open Science and Psychophysiology, Society for Psychophysiological Research

Professional Service

January 2015- August 2016	Graduate Student Representative to Psychology Department Executive Committee, University of South Florida
August 2015- August 2016	Graduate Student Representative to the College of Arts & Sciences Computer Committee, University of South Florida
January 2016	Volunteer, National Institute on the Teaching of Psychology
August 2016- May 2020	Member of the Graduate Student Diversity Committee, University of South Florida
January 2017- March 2018	Member-at-Large and Outstanding Research Award Chair to the Student Committee of the Society for Personality and Social Psychology
March 2018	Co-Chair/Organizer of “Crisis or Opportunity? Student Perspectives on Evolving Methodological Standards”, Professional Development Session presented at the Society for Personality and Social Psychology
January 2018- May 2020	Chair of the Graduate Student Diversity Committee, University of South Florida
February 2019	Judge for Student Poster Award, Society for Personality and Social Psychology
April 2019	Invited reviewer for journal of Health Psychology

Professional Affiliations

Society for Personality and Social Psychology, Member
Society for Psychophysiological Research, Member
Society for the Psychological Study of Social Issues, Member

Technical Skills

Proficient in a variety of cardiovascular psychophysiology equipment such as:

- Biopac
- Acknowledge
- HRV and IMP Mindware

Proficient in SPSS, R, Excel, and Qualtrics

Professional References

Dr. Sapna Cheryan	University of Washington	scheryan@uw.edu
Dr. Kristen Salomon	University of South Florida	ksalomon@usf.edu
Dr. Jennifer Bosson	University of South Florida	jbosson@usf.edu
Dr. Toru Shimizu	University of South Florida	shimizu@usf.edu