



**STATE OF WASHINGTON
HEALTH CARE AUTHORITY**

626 8th Avenue, SE • P.O. Box 45502 • Olympia, Washington 98504-5502

TRANSHEALTH BENEFIT OVERVIEW

My name is Cathy, and I am part of the transhealth care team for Washington Apple Health (Medicaid) enrolled clients. I would like to offer you this overview of the transhealth benefit through Apple Health. This is general information that may answer your questions. Please read it over and email me if you have any additional questions or concerns at transhealth@hca.wa.gov.

HORMONE THERAPY and MENTAL HEALTH SERVICES: Hormone therapy and mental health services are covered services. If you are covered by one of our managed health care organizations (MCO) such as Molina, United Health Care, Amerigroup, Coordinated Care or Community Health Plan of Washington, these services are paid for by them. Contact your managed care organization to inquire about providers. The telephone number is on the back of your insurance card.

GENDER AFFIRMING TREATMENT: Other procedures, mostly surgical will be covered by Fee for Service which you may know as Provider One (your teal-colored card). These services may have specific criteria and may require prior authorization before receiving the service.

REQUIREMENTS: The provider of these services must be an Apple Health approved and enrolled provider. There are different requirements depending on what service you want to have performed.

- ❖ It is a general requirement that the client has been on gender affirming hormone therapy for a minimum of 12 months preceding surgery, unless otherwise noted below, or have
 - A medical contraindication to hormone therapy
- ❖ It is a general requirement that the client has lived in a gender role that is congruent with their gender identity for a minimum of 12 months preceding surgery, unless otherwise noted, or
 - Been unable to live in their desired gender identity due to personal safety concerns.

BREAST AUGMENTATION CRITERIA:

- One recent (within the past 18 months) comprehensive psychosocial evaluation from a licensed mental health care provider,
- Recent (within the past 18 months) letter from the provider managing your gender affirming hormone therapy, and
- Recent history and physical, and surgical plan from the surgeon who will perform the surgery.

These providers offer top surgery for transgender clients and are enrolled with Apple Health. The names given here are not recommendations based on care provided or provider preference.

- Swedish Plastics & Aesthetics (206) 215-6221
- Stiller Aesthetics in Spokane (509) 747-5773

MASTECTOMY CRITERIA:

- One recent (within the past 18 months) comprehensive psychosocial evaluation from a licensed mental health care provider,
- Recent (within the past 12 months) letter of medical necessity supporting the request for mastectomy from the primary care provider, and
- Recent history and physical, and surgical plan from the surgeon who will perform the surgery.
- It is a **not** a requirement that you have been on hormone therapy and/or lived in a gender role that is congruent with your gender identity for a minimum of 12 months.

These providers offer top surgery for transgender clients and are enrolled with Apple Health. The names given here are not recommendations based on care provided or provider preference.

- Dr. Thakar in Portland, Oregon (503) 413-4992
- Dr. Alexandra Schmidek (206) 223-6831
- Swedish Plastics & Aesthetics (206) 215-6221
- Stiller Aesthetics in Spokane (509) 747-5773

HYSTERECTOMY AND ORCHIECTOMY CRITERIA:

- One recent (within the past 18 months) comprehensive psychosocial evaluation from a licensed mental health care provider,
- Recent (within the past 18 months) letter from the provider managing your hormone therapy. It is a general requirement that the client has been on gender affirming hormone therapy for a minimum of 12 months, before surgery, and

- Recent history and physical, and surgical plan from the surgeon who will perform the surgery.
- It is **not** a requirement that you have lived in a gender role that is congruent with the client's gender identity for a minimum of 12 months, preceding surgery.

These providers offer surgery for transgender clients and are enrolled with Apple Health. The names given here are not recommendations based on care provided or provider preference.

For hysterectomy

- MultiCare Rockwood Clinic Women's Center in Spokane at (509) 755-5205
- Dr. Michael Farber, Dr. Jennifer Franz, and Dr. Margaret Griffith at PeaceHealth Obstetrics & Gynecology in Vancouver, WA at (360) 514-1060
- Dr. Richard Kubiniec at Sea Mar Vancouver Women's Health Center - Salmon Creek in Vancouver, WA at (360)892-0208
- Dr. Eleanor Friele at Swedish in Seattle (206) 215-6300
- Polyclinic OB/GYN in Seattle at (206) 860-4541

For orchiectomy

- University of Washington- Urology at (206) 744-3241
- Dr. Dugi at OHSU (503)-346-1500 in Portland, Oregon
- Dr. Megan Bird at (503) 612-5260 in Portland Oregon
- Stiller Aesthetics at (509) 747-5773 In Spokane
- Polyclinic- Urology (206) 528-4944 In Seattle

FULL BOTTOM SURGERY CRITERIA:

- Two recent (within the past 18 months) comprehensive psychosocial evaluation from a licensed mental health care provider,
- Recent (within the past 18 months) letter from the provider managing your hormone therapy, and
- Recent history and physical, and surgical plan from the surgeon who will perform the surgery.

These providers offer full bottom surgery for transgender clients and are enrolled with Apple Health. The names given here are not recommendations based on care provided or provider preference.

- Dr. Dugi in Portland Oregon at 503-346-1500
- Stiller Aesthetics in Spokane at 509-747-5773

- Dr. Meltzer or Dr. Ley in Scottsdale Arizona at 480-657-7006.

OTHER GENDER AFFIRMING TREATMENT CRITERIA:

- One recent (within the past 18 months) comprehensive psychosocial evaluation from a licensed mental health care provider,
- Recent (within the past 18 months) letter from the provider managing your gender affirming hormone therapy, and
- Recent history and physical, and surgical plan from the surgeon who will perform the surgery.

This is not an exhaustive list of providers. You can see any surgeon that performs the surgery you are seeking if they are enrolled with Apple Health. The consultation does not require a prior authorization. To get started, call the enrolled provider you are interested in seeing and schedule a consultation. The provider will need to get a prior authorization for the surgery itself. You can also go to the [ProviderOne find a provider](#) site if you know the name of a surgeon, and want to see if they take Apple Health.

TRANSPORTATION/LODGING:

If needed, your transportation to and from appointments for covered services may be paid for. You just need to call an Apple Health contracted transportation broker in the county where you live and schedule a ride. You only need to tell the broker that you are going for a medical appointment and no other details. It is strongly recommended that you contact the transportation broker 7-14 days in advance of your healthcare appointments with a required minimum of 2 business days advance notice.

Here's the link to our [transportation broker directory](#). If you have additional questions that your regional brokers cannot answer, call our Customer Service Center at 1-800-562-3022. For comments, to find a broker or other questions regarding Transportation Services, email Transportation Services at HCANEMTTRANS@hca.wa.gov or call 1-800-562-3022.

HAIR REMOVAL:

These providers offer hair removal for transgender clients and are enrolled with Apple Health. The names given here are not recommendations based on care provided or provider preference.

- Queen Anne Medical Center in Seattle at 206-281-7163
- Stiller Aesthetics in Spokane at 509-747-5773
- Unruhly Medicine (Rainbow Health Center) at 360-746-2013 (Dr. Chelsea Unruh)
- Regal Skin and Laser in Chehalis at 360-748-8814 (Dr. Shelly Norman)

Health Care Authority

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Page 5

For additional information, you can access our [Transhealth Program](#) webpage. It is a work in progress and is updated frequently. Thank you for your inquiry and I hope this information is helpful.

Cathy Carroll RN, BSN, MBA

Occupational Nurse Consultant

Clinical Quality and Care Transformation

Health Care Services

transhealth@hca.wa.gov

Washington State
Health Care Authority 