# FETAL ECHOCARDIOGRAM

#### **BILLING CODE:**

UOBECC – Fetal Echo Complete w/ Color and Spectral Doppler Imaging Code - Fetal Echo Follow Up w/ Color and Spectral Doppler Imaging

**GESTATIONAL AGE:** Ideal GA age for fetal echo is 22-24 weeks, however, can be performed before or after as necessary.

#### PREP: No prep

FETAL ECHO	76825 - fetal echo 76826 - fetal echo, follow up or repeat 76827 - fetal doppler complete <mark>76828 - fetal doppler, follow up or repeat</mark> 93325 - doppler echo color flow velocity mapping	US OB FETAL ECHO 2D	UOBEC2	04020040 - 76825
		US OB FETAL ECHO F/U	UOBECF	04020041 - 76826
		US OB FETAL ECHO COMPLETE	UOBECC	04020040 - 76825 04020042 - 76827 04830012 - 93325
		US OB FETAL ECHO COMPLETE	<u>????</u>	04020040 - 76826 04020042 - 76828 04830012 - 93325

# **IMAGES TO OBTAIN**

#### **GENERAL IMAGING:**

**UW** Medicine

#### **FETAL HEART RATE:**

• Measure fetal heart rate with M-Mode

#### **FETAL POSITION**

o 2D image showing fetal lie

#### VISCERAL AND ABDOMINAL SITUS:

• Cine sweep from stomach through the 3VT to assess position of stomach, portal vein, aorta, and IVC.

#### **SINUS RHYTHM**

• M-mode through RA and LV

#### ASSESS CARDIAC SIZE, AXIS AND POSITION

o 2D image for global view showing fetal chest and heart

#### CALCULATE CARDIOTHORACIC RATIO:

- Chest Circumference
- Cardiac Circumference

#### 4CH VIEWS:

#### 4 CHAMBER - APICAL VIEW

- Cine clip of 4CH through systole and diastole
- 2D/Color compare cine showing valves throughout systole and diastole

#### ATRIA

- Qualitative assessment of atrial size
- Look for coronary sinus

## **4CH VIEWS continued:**

#### INTERATRIAL SEPTUM

- Assess the atrial septum from multiple imaging planes
- o Document the position of the foramen ovale flap
- Color Doppler cine clip to assess the direction of shunting across the atrial septum

#### **VENTRICULAR MORPHOLOGY**

- Qualitative assessment of ventricular size
- $\circ$   $\;$  Determine morphology of ventricular chambers and identify moderator band
- o 2D image of ventricles in short axis
- $\circ$   $\;$  Short axis sweep from the cardiac base at level of the AV, to the apex  $\;$
- Measure myocardial thickness if warranted

#### INTERVENTRICULAR SEPTUM

- Interrogate IVS from multiple views (4 chamber, short axis and LVOT)
- 2D still image
- 2D cine clip through
- Color Doppler image
- Color Doppler cine clip
- Use spectral Doppler when applicable

#### **OUTFLOW TRACTS**

• Cine clip from ventricles through great vessels to document relationship of outflow

#### SVC/IVC

- 2D still image of bicaval view
- Color Doppler image of bicaval view

## **RIGHT HEART:**

RVOT

- 2D still image
- Color Doppler image
- Color Doppler cine clip

#### THREE VESSEL VIEW

- 2D still image
- Cine clip sweeping through 3VV and 3VT

#### THREE VESSEL TRACHEA VIEW

- 2D still image
- Color Doppler image

#### TRICUSPID VALVE

- 2D still image with measurement of TV annulus at end diastole
- $\circ$   $\,$  Color Doppler cine clip to assess for stenosis or regurgitation
- Spectral Doppler to assess for stenosis or regurgitation
- o 2D still image short axis en face view of tricuspid valve

Fetal Echocardiogram

#### **PULMONARY ARTERIES:**

#### MAIN PULMONARY ARTERY

- 2D still image with measurement of diameter at the semilunar valve during systole at the level of the 3VV
- Color Doppler image
- Color Doppler cine clip
- Spectral Doppler at the semilunar valve

#### **RIGHT & LEFT PULMONARY ARTERIES**

- 2D still image
- Color Doppler image
- Color Doppler cine clip

#### **LEFT HEART:**

#### PULMONARY VEINS

- 2D still image documenting at least one right and one left pulmonary vein entering left atrium.
- Color Doppler image documenting at least one right and one left pulmonary vein
- Spectral Doppler waveform of each vein.

#### MITRAL VALVE

- o 2D still image with measurement of MV annulus at end diastole
- Color Doppler cine clip to assess for stenosis or regurgitation
- Spectral Doppler to assess for stenosis or regurgitation
- 2D short axis en face view of tricuspid valve
- Measure PR interval if indicated, see *Fetal Arrythmia Protocol* for more requirements

#### LVOT

- 2D still image
- Color Doppler image
- Color Doppler cine clip

#### **AORTIC VALVE** (long axis 5 chamber view)

- 2D still image with measurement of diameter at the semilunar valve during systole
- 2D cine clip
- Color Doppler cine clip
- Spectral Doppler at the semilunar valve

#### **AORTIC ARCH:**

- 2D still image showing all 3 branches
- Measure the diameter of ascending, transverse and isthmus of aorta
- Color Doppler image
- Color Doppler cine clip
- Spectral Doppler waveform of aortic arch

#### **DUCTAL ARCH :**

- 2D still image
- Color Doppler image
- Color Doppler cine clip
- Spectral Doppler of the ductus arteriosus

# **DUCTUS VENOSUS:**

- Color Doppler image
- Spectral Doppler waveform

# **OTHER FETAL DOPPLERS:**

- Umbilical vein Doppler
- Umbilical artery Doppler of both arteries
- These are included in a Fetal Echo billing code and do not need to be added on separately.

# **Z-SCORES**

- The Z-score describes how many standard deviations above or below the mean a given measurement lies based on a size or age-specific population
- Z scores can be calculated on Perinatology.com: https://www.perinatology.com/calculators/Fetal%20Echocardiogram%20Z%20S core%20Calculator.html

## REFERENCES

https://www.aium.org/docs/default-source/accreditation/case-studyrequirements/fetalecho.pdf?sfvrsn=afcd1842\_8

https://www.aium.org/docs/default-source/resources/image-libraries/fetal\_echo.pdf?sfvrsn=65fd1d3f\_1

(2020), AIUM Practice Parameter for the Performance of Fetal Echocardiography. J Ultrasound Med, 39: E5-E16. <u>https://doi.org/10.1002/jum.15188</u>

SMFM Required Components https://www.smfm.org/news/required-components-for-coding-fetal-echocardiograms

# FETAL ECHOCARDIOGRAM PROTOCOL IMAGE LIST

Image	Mode	Mode	Mode	Mode
GENERAL				
FHR	M-mode			
Fetal position	2D			
Situs	2D Cine			
Sinus Rhythm	M-mode			
Cardiac axis, size & position	2D			
Cardiothoracic ratio	2D+			
4 CHAMBER				
4CH apical view	2D cine	2D+	Color cine	
Atria/FO flap	2D	Color cine		
Ventricular Morphology	2D			
Short axis ventricles	2D	2D cine		
IVS	2D	2D cine	Color	Color Cine
Outflows	2D cine			
SVC/IVC	2D	Color		
RIGHT HEART				
RVOT	2D	Color	Color cine	
3VV	2D	Cine		
3VT	2D	Color		
Tricuspid Valve	2D+	Color cine	Spectral	
Tricuspid Valve short axis	2D			
PULMONARY ARTERIES				
Main PA	2D+	Color	Color cine	Spectral
Branch PA – R & L	2D	Color	Color cine	
LEFT HEART				
Pulmonary Veins – R & L	2D	Color	Spectral	
Mitral Valve	2D+	Color cine	Spectral	
Mitral Valve short axis	2D			
LVOT	2D	Color	Color cine	
Aortic Valve	2D+	2D cine	Color cine	Spectral
GREAT VESSELS				
Aortic Arch	2D 2D+	Color	Color Cine	Spectral
Ductal Arch	2D	Color	Color Cine	Spectral
OTHER DOPPLERS				
Ductus Venosus	Color	Spectral		
Umbilical Artery 1	Spectral			
Umbilical Artery 2	Spectral			
Umbilical Vein	Spectral			

# AIUM Fetal Echo Imaging Checklist

# **Normal Fetal Echo**

Video Clips (required) – may be submitted as a single comprehensive clip of an axial sweep from stomach to 3VTV, or as 4 separate clips as listed below:

- 1. Short, labeled video clip of visceral / abdominal situs
- 2. Short, labeled video clip of atrioventricular junction
- 3. Short, labeled video clip of ventriculoarterial junction between the ventricles and the great arteries
- 4. Short, labeled video clip of the 3VV and 3VTV

#### Labeled, still images of the following:

- 5. Four chamber
- 6. Left ventricular outflow tract
- 7. Right ventricular outflow tract
- □ 8. Branch pulmonary artery bifurcation
- 9. Three-vessel and trachea
- 10. Short axis views of ventricles
- 11. Short axis views of outflow tracts
- 12. Aortic arch (sagittal view)
- 13. Ductal arch (sagittal view)
- 14. SVC and IVC entering RA (bicaval view)

#### M-Mode

15. M-mode assessment of rhythm

#### Doppler

- □ 16. Color and spectral Doppler of the pulmonary veins (right and left)
- □ 17. Color Doppler of the foramen ovale
- □ 18. Color and spectral Doppler of the tricuspid valve
- 19. Color <u>and</u> spectral Doppler of the mitral valve
- 20. Color and spectral Doppler of the pulmonary valve
- 21. Color and spectral Doppler of the aortic valve
- 22. Color Doppler of the aortic arch
- 23. Color Doppler of the ductal arch
- □ 24. Color Doppler of the SVC and IVC
- 25. Color and spectral Doppler of the ductus venosus

# **Cardiac Biometry** – <u>26, 27, 28 are REQUIRED.</u> 29-38\*\* MUST also be demonstrated in at least ONE of your normal case submissions.

- 26. Aortic artery diameter at the level of the valve annulus in systole (REQUIRED)
- 27. Pulmonary artery diameter at the level of the valve annulus in systole (REQUIRED)
- 28. Dimensions of tricuspid and mitral valve annulus in diastole (REQUIRED)
- 29. Aortic and/or isthmus diameter\*\*
- 30. Main pulmonary artery and/or ductus arteriosus diameter\*\*
- 31. Right and left ventricular lengths\*\*
- 32. End-diastolic ventricular dimensions just inferior to the AV valve leaflets\*\*
- 33. Thickness of ventricular free walls\*\*
- □ 34. Interventricular septum just inferior to the AV valves\*\*
- 35. Systolic dimensions of the ventricles\*\*
- 36. Transverse diameters of the atria\*\*
- 37. Diameter of the branch pulmonary arteries\*\*
- 38. Cardiothoracic ratio\*\*

# FETAL ECHOCARDIOGRAM PROTOCOL HISTORY

	Date	Changes made	By whom
Created	4/24/2025	Created from AIUM standards and SMFM Required Components	Amie Hollard, Renee Betit Fitzgerald, Annie Sauvage