



## CARE AGREEMENT

Welcome to the University of Washington Autism Center, where we are proud to offer a variety of diagnostic assessments and intervention services for children with autism spectrum disorders and their families.

### **Services**

Services from the following disciplines are available: psychology, behavior analysis, speech–language pathology, and developmental/behavioral pediatrics. Clinicians practice effective treatment protocols based on current research and clinical judgment.

### **Methods**

Intervention approaches may include, but are not limited to, cognitive behavioral therapy, social interactive/play strategies, structured teaching, parent education and counseling, and social skills training. Your clinician will outline and utilize the most appropriate methods for your child.

### **Training and Supervision**

The UW Autism Center is a teaching facility. Graduate students, postdoctoral fellows, medical interns, enrollees in our professional training program, and other trainees may attend and observe intervention and assessment sessions with your child. Sessions may be directly provided by supervised trainees and videotaped for consultation and training purposes. Trainee supervision is provided by clinical staff with PhDs, MDs, and master's degrees and may involve observation of sessions through a one-way mirror. Those who observe sessions are governed by the same rules of confidentiality as those who work directly with your child.

### **After-hours Care**

The UW Autism Center does not provide after-hours service. For after-hours care, please call the Crisis Line at 206-461-3222 or 1-866-427-4747. In the case of an emergency, please call 911.

### **Questions and Concerns**

Communication is essential to creating an effective working relationship with your provider. Your input regarding your child's status and care is a vital part of the assessment and treatment plan. Please consult your provider if you have questions about our clinical methods, your child's progress, or our overall services. In the unlikely case that you are unable to resolve matters with your provider, or if you feel that he or she has been unresponsive, unprofessional, or unethical, please contact the UW Autism Center associate director, Cathy Brock, MA, at 206-543-5153. If these concerns are not adequately addressed, you may contact the licensing board of psychology in Olympia (questions, 206-753-3095; concerns, 206-753-1392). You always have the right to request a change in therapy, a referral to another clinician, or to discontinue therapy.

### **Drop off Policy**

All clients under the age of 18 must be accompanied by a parent/guardian and remain on site at all times. If a legal guardian is not available to attend all sessions, your clinician will be asking you to sign a document that permits the accompanying adult to be responsible for the client.

**Please read the following statement, and consult with UW Autism Center staff if you disagree:**

*I have read and fully understand the preceding description and conditions of this care agreement. For purposes of training and supervision, I will allow observation and videotaping of my child's sessions and allow my clinician to discuss the nature of my case with other clinicians. I understand that I may withdraw from treatment at any time.*

**Print client's name** \_\_\_\_\_

**Your signature below verifies that you have read this document and agree to receive health care from the UW Autism Center. If any portion of this form is unclear, please consult with UW Autism Center staff prior to providing your signature.**

\_\_\_\_\_  
**Signature (Parent/Conservator)** **Date**

\_\_\_\_\_  
**Printed Name** **Relationship to client**

\_\_\_\_\_  
**Signature of Client (if client is 13yrs or older)** **Date**

\_\_\_\_\_  
**Signature of Agency/School Administrator (if applicable)** **Date**

\_\_\_\_\_  
**Signature of Autism Center Staff** **Date**