



Summer Workshop Series



The University of Washington Autism Center and North Central ESD are excited to partner together to present a summer workshop for <u>educators and providers</u> working with <u>school-aged individuals</u> with autism spectrum disorders (ASD).

Wednesday, August 16, 2017

Assessing and Teaching Social Skills

The "unspoken" rules governing social skills are quite challenging for individuals with ASD. Participants will learn about assessing and teaching social skills to increase successful social interactions for individuals with ASD. In this workshop, participants will learn about:

- Evidence-based programs for teaching social skills
- Commonly-used assessments
- Strategies for implementing social skills training
- Case study examples, including, a description of client challenges, assessments used, and client goals

Understanding and Teaching Emotion Regulation

Individuals with autism spectrum disorder (ASD) often experience amplified emotional responses and poor emotional control. Learning strategies to regulate emotions can decrease the occurrence of challenging behaviors and anxiety. In this workshop participants will learn:

- What is Emotion Regulation (ER) and why is it important?
- Factors that impact ER for individuals with Autism
- How to talk to your student about their behavior and emotions
- Strategies to teach individuals with ASD to better regulate their emotions
- How to embed opportunities to practice emotion regulation throughout the environment

WHEN

August 16, 2017 9:00 AM – 4:00 PM

WHERE

430 Olds Station Rd Wenatchee, WA 98801

PRESENTERS

Patricia Matestic, PhD Amy Rodda, PhD, CCC-SLP

COST \$155 per person

> SPACE IS LIMITED

TO REGISTER GO TO: <u>https://www.regonline.com/ncesd2017</u> Clock hours available upon request. Advanced registration is required.

Seattle Clinic 206.221.6806 Fax 206.598.7815 Email: uwautism@uw.edu Website: uwautism.org Toll-free Information Line: 1.877.408.UWAC

Tacoma Clinic 253.692.4721 Fax 253.693.4718