



# Autism Adolescence, and Puberty

It's never too early to talk about adolescence and puberty! In this training participants will learn the ins and outs of adolescence and puberty with a focus on autistic individuals. We will cover the physical, emotional, and social changes that occur, as well as, learn strategies to navigate this complex time.

## Course Objectives:

- Learn strategies for talking about adolescence and puberty with individuals with Autism Spectrum Disorder (ASD)
- Learn strategies to help individuals understand and cope with natural changes
- Learn how social relationships are impacted by adolescence and puberty

**Who should attend:** Parents, providers, and educators of individuals with ASD of all grade levels

**Content level:** Beginner

**Clock hours:** OSPI clock hours available for an additional fee

## Instructor:

Kathryn Holley, MEd, BCBA, LBA



## WHEN

Wednesday, March 13, 2019  
9:00 AM – 4:00 PM

## WHERE

UWAC Tacoma Campus  
Cherry Parkes Building  
Room 338A

## COST

\$155 per person

To register, visit

<https://www.regonline.com/puberty031319>

*Advanced registration is required.*



Email us at  
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Visit us at  
[www.uwautism.org](http://www.uwautism.org)



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