

## **Autism Adolescence, and Puberty**

It's never too early or too late to prepare for adolescence and puberty! In this training participants will experience a thorough overview of Autism with special attention payed to gender differences in the presentation of Autism. In the arena of adolescence, participants will learn about the developmental tasks of adolescence, how to adolescence make decisions and how parents and providers can support individual differences to adjust to the increasing demands of adolescence. Discussion on puberty will center around the sensory differences individuals with autism may experience as well as review and discussion of practical strategies to help individuals manage the challenges of puberty.

## **Course Objectives:**

- Learn strategies for talking about adolescence and puberty with individuals with Autism Spectrum Disorder (ASD)
- Learn strategies to help individuals understand and cope with natural changes
- Learn how social relationships are impacted by adolescence and puberty

Who should attend: Parents, providers, and educators working with adolescents or young adults with ASD who are interested in learning more about ASD and puberty and do not have previous training on the topic

## Content level: Beginner

**Clock hours:** OSPI clock hours available for an additional fee



**WHEN** Saturday, October 19, 2019 9:00 AM – 4:00 PM

**WHERE** UWAC Tacoma Campus

> **COST** \$155 per person

**To register, visit** <u>https://www.regonline.com/puberty101919</u>



Advanced registration is required.

Email us at uwautism@uw.edu

Visit us at www.uwautism.org Call us at 1-877-408-UWAC