UWAC Remote Training and Consultation

The COVID-19 pandemic has rapidly changed the educational landscape. As educators across the state are working on new and innovative ways to reach students, we at the UW Autism Center want to do our part to support these efforts. The UW Autism Center is now providing **Remote Student Consultation** services throughout the state. If you would like more information about these services, please check our website or contact us at <u>uwactrain@uw.edu</u>.

In addition, we have put together a variety of **Remote Learning** opportunities for educators. The menu of professional development opportunities below can be offered as LIVE webinars to small groups (between 5-25 participants) or larger groups (up to 300 participants). Each topic can be offered in one session or spread across multiple sessions. Topics can be individualized to your staff needs and expertise. Don't see a topic on the list you were hoping for? Let us know and, if possible, we will create a practical and evidenced-based webinar to meet your needs.

We would love the opportunity to work with you. Please contact us at <u>uwactrain@uw.edu</u> for more information and an estimate for remote consultation or learning.

<u>AUTISM</u>

Introduction to Neurodiversity and Autism Acceptance for Professionals (2 hours)

As helping professionals, we all want to be accepting of autistic people, but may not know how to best help them feel accepted. In this presentation you will learn the ways in which the neurodiversity movement has worked to build an empowering approach to autism and disability in general. Participants will be able to identify views and goals of the neurodiversity movement, recognize their own assumptions about autism and disability, and think creatively about ways that neurodiversity principles can be applied to their work.

Autism and Co-Occurring Disorders (2 hours)

In this professional development session, educators and school personnel will learn about the most common co-occurring disorders with autism. Participants will hear from a psychologist at the UW Autism Center about epidemiological data and diagnostic criteria for autism. Participants will also learn the most common co-occurring disorders and how they interact with ASD.

BEHAVIOR

Addressing Challenging Behavior in the Classroom (6 hours)

Non-compliance, aggression, and eloping can get in the way of everyday activities from going out into the community to learning in school. Understanding how factors in our environment

can increase or decrease challenging behaviors is important and will have an impact on how behaviors are addressed. Strategies presented are based on the scientific principles of ABA and will aim to create a responsive learning environment to prevent challenging behaviors from occurring. Please join us for this introductory workshop on addressing challenging behaviors.

INSTRUCTIONAL STRATEGIES

Thinking Outside the Box: Individual and Class Wide Motivational Strategies for Diverse Learners (2 hours)

Reinforcement is an evidence-based practice used to increase target behaviors and skills and can be used effectively with learners across an age range, regardless of cognitive level and/or communication skills. Cooper, Heron, and Heward (2007) said, "positive reinforcement is the most important and most widely applied principle of behavior analysis." Join us to learn more about how to motivate school-aged learners using principles of reinforcement.

Data Collection (1.5 hours)

Data collection and progress monitoring are essential components of the special education classroom. In this training participants will learn a variety of data collection systems for IEP goals and behavioral goals.

Prompting (1 hour)

Teachers and paraeducators often wonder how to effectively prompt students without "over helping" or "under helping." In this training we will work to find the middle ground by learning effective prompting strategies. We will review the prompting hierarchy and prompting strategies including least-to-most prompting and how to provide effective physical prompting.

Independent Work Systems (1.5 hours)

Interested in building independent work systems for your students? Not sure where to start? In this training we will cover the key components of an independent work system including what materials are needed and how the environment should be arranged to maximize student success. Participants will also be walked through the process of introducing students to the independent work system and teaching strategies to increase independence.

Teaching Loop (1 hour)

The teaching loop is a highly effective teaching practice that breaks instruction down into 4 components (cue-prompt-response-feedback). In this training, participants will review how to effectively implement teaching loops in the classroom as well as how to embed this teaching practice into daily interactions with students.

COMMUNICATION

Supporting Language for Students with AAC in the Classroom (2 hours)

Augmentative and Alternative Communication (AAC) devices are used to help students communicate their wants, needs, and so much more. By learning a variety of evidence-based strategies, educators can become 'smart' communication partners to support language and social development in the classroom. This webinar is great for beginners in AAC or those who need a refresher.

INCLUSION

Inclusion Strategies for Elementary Students (2 hours)

Increasingly, students with Autism Spectrum Disorder (ASD) are being included in general education classrooms. General education teachers and support personnel would benefit from additional information for how to support the population. This webinar focuses on how to use group behavior management and classroom-wide supports based on the principles of applied behavior analysis (ABA) to help students be successful in elementary classrooms.

Inclusion Strategies for Secondary Students (2 hours)

Making inclusion meaningful for all students is a difficult task! In this training, participants will learn 8 tips and strategies to support inclusion for secondary students on the autism spectrum (ASD). A brief overview of ASD will lay the groundwork for how to adapt classroom instruction to meet the needs of autistic students. Strategies to modify assignments that can increase motivation and participation, as well as incentives and general behavioral strategies will also be addressed in this training.

Inclusion Strategies for Paraeducators (2 hours)

Paraprofessionals in inclusion classrooms are often one of the primary service providers for students on the autism spectrum, but do not always have targeted training in Autism Spectrum Disorder (ASD). This workshop will give participants an overview of ASD and discuss the impact of ASD on school behavior. Tips to positively impact behavior and provide appropriate support will be offered, including information about using visual supports.

ENVIRONMENTAL ARRANGEMENTS

Strategies for Success (2 hours)

Systems are so important for our students and for ourselves. In this workshop we will show picture and video examples from special education classrooms and provide expert feedback and recommendations for implementing systems for success in your classroom. Participants will have opportunities for engaging activities and real solutions to help run an effective and successful special education classroom. Topics covered will include transition support and promoting independence. After this course you will be ready to hit the ground running next Fall!