



# UW Autism Center Spokane Workshops

The **University of Washington Autism Center** and **NorthEast Washington ESD 101** are excited to partner together again to present a summer workshop series for educators and parents of individuals with autism spectrum disorder (ASD). Attend one, two, three, or all four workshops.

**Tuesday, July 28, 2020**

**Teaching Executive  
Functioning and Emotion  
Regulation for Elementary  
Students**



**Wednesday, July 29, 2020**

**Improving Social Navigation  
and Teaching Social Skills**

**Thursday, July 30, 2020**

**Academic and  
Organizational Success for  
Middle and High School  
Students**

**Friday, July 31, 2020**

**Autism and ADHD**

## **WHEN**

July 28-31, 2020  
9:00 AM – 4:00 PM

## **WHERE**

NEWESD 101 Talbott Event Center  
4202 S Regal Street  
Spokane, WA 99223

\*remote option available, as necessary

## **COST**

**(each workshop)**

\$135 – register before July 1  
\$155 – register on or after July 1

To register, visit <https://cvent.me/wzDWx9>.

*Clock hours available for an additional fee. Advanced registration is required.*



Email us at  
[uwactrain@uw.edu](mailto:uwactrain@uw.edu)



Visit us at  
[www.uwautism.org](http://www.uwautism.org)



Call us at  
1-877-408-UWAC

**Tuesday, July 28, 2020**

### **Who's in Charge Here?**

#### **Teaching Executive Functioning and Emotion Regulation for Elementary Students**

**Workshop Description:** Ever wonder who is in the driver's seat when your students are making decisions? Have you ever been stumped by your student's organization, or lack thereof? If so, this training is for you! Individuals with Autism Spectrum Disorder (ASD) often experience amplified emotional responses and difficulty managing daily executive functioning tasks. In this training, participants will learn and practice strategies that can be implemented in the elementary classroom to support students with executive functioning and emotion regulation differences.

**Who should attend:** Teachers, para educators, and providers who serve elementary aged students

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**Wednesday, July 29, 2020**

#### **Improving Social Navigation and Teaching Social Skills**

**Workshop Description:** Teaching and learning the "unspoken" rules of social interaction can be a challenge for educators. In this training, participants will spend the first half of the day learning the foundations of social skills instruction and how to lay the groundwork for successful social interaction for their students. In the afternoon, participants will split into two groups (elementary aged teachers and secondary aged teachers), and have the opportunity to work closely with an instructor to begin to develop a social skills instructions plan for their students.

**Who should attend:** Educators and providers serving individuals with social skills deficits in elementary school through young adulthood

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**Thursday, July 30, 2020**

#### **Academic and Organizational Success for Middle and High School Students**

**Workshop Description:** Developing and maintaining organization is difficult for most adolescents and young adults. These skills can be especially difficult for individuals with ASD or other executive functioning differences. In this training educators, providers, and parents will learn how to help their students develop and maintain organizational systems to support academic success. After a brief overview, participants will workshop through a series of strategies and reinforcement systems to help support student success. Participants will leave this training with a plan of action to support their student(s) for the upcoming school year.

**Who should attend:** Educators, parents, and providers working with students middle school through young adulthood

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**Friday, July 31, 2020**

#### **Autism and ADHD**

**Workshop Description:** Inattention, hyperactivity, and impulsive behaviors are common difficulties for individuals with Autism. In fact, Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common co-occurring diagnoses for Autistic individuals. A comprehensive overview of both ADHD and Autism Spectrum Disorder (ASD), including diagnostic criteria, will be provided in this training. Participants will gain an increased understanding of how ADHD and ASD impact executive functioning, social interactions, communication, and motivation. Specific behavioral strategies which help support individuals with ADHD and ASD both at home and in the classroom will be presented, discussed, and practiced during the second half of this training.

**Who should attend:** Parents and educators of individuals of all ages with ASD and/or ADHD

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To register, visit <https://cvent.me/wzDWx9>.