



Study Participants Needed

**Do you have an iPhone or iPad?
Is your child between the ages of 7 and 11 years?**

You and your child are invited to take part in a research study at the University of Washington Autism Center.

We are doing research to better understand sleep patterns in children with autism spectrum disorders (ASD). By improving our understanding of sleep problems in ASD new intervention approaches can be developed which may lead to improved behavior, health, emotion regulation, and attention.

The purpose of this research study is to determine if the Psychomotor Vigilance Task (PVT) can be administered to children with ASD. The PVT is a widely used tool in sleep research, meant to measure attention after a night of sleep. The PVT is a 5-minute test where your child will be asked to press anywhere on the screen as soon as you see a red circle.

We are seeking children *with* and *without* an ASD diagnosis to participate.

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