

# UW Autism Symposium 2020



## 6<sup>th</sup> Annual UW Autism Symposium

**Wednesday, July 15, 2020**  
**Wednesday August 19, 2020**  
**9:00 AM – 3:30 PM**



*\*Same topics will be presented on both days. Please sign up for only one day.*

**The UW Autism Symposium, presented by the University of Washington Autism Center, is FREE to educators.**  
**This year's symposiums will be delivered online via live webinars.**

Educators and school personnel working with students with ASD across all grade levels are encouraged to sign up.  
Washington State approved clock hours available for an additional fee.

**To register, visit:**

**July Symposium** <https://uwautismsymp2020july.eventbrite.com>  
**August Symposium** <https://uwautismsymp2020august.eventbrite.com>



UW AUTISM CENTER  
CENTER ON HUMAN DEVELOPMENT & DISABILITY  
UNIVERSITY of WASHINGTON

## Sex Education and Autism Across the Lifespan

**Session Description:** Sex education is more than just the birds and bees! In this training, educators of all ages will learn about current practices in sex education and how they can meaningfully participate in teaching their students body ownership, body boundaries, and healthy relationships. Participants will be introduced to simple, practical strategies that can be incorporated into any classroom.

**Presenters:** Kathryn Holley, MEd, BCBA and Patricia Matestic, PhD



## Be There for Others – The Importance of Self-Care

**Session Description:** Caring for others is often an inherent part of what we do as parents, educators, and members of a larger community. To be a consistent source of support for others, you need to regularly care for yourself. This training will help you to identify effective ways to establish, prioritize, and maintain good self-care. We will review why self-care is so important, common barriers which prevent consistent self-care, and introduce simple strategies to build good self-care habits.

**Presenters:** Kathryn Holley, MEd, BCBA and Patricia Matestic, PhD



## Teamwork Makes the Dream Work! Practical Strategies for Working as a Team

**Session Description:** Working as a team is rewarding and fun, but not without its challenges. In this training, participants will learn the fundamentals of effective team dynamics. This training will teach participants how to set up team dynamics and continue to motivate all team members to work toward a shared goal. Whether you are a team leader or team member, this training is sure to provide you with practical strategies that can be translated into action immediately!

**Presenters:** Kathryn Holley, MEd, BCBA, Ashley Penney, PhD, BCBA-D and Robin Talley, MEd, BCBA



## Talking About Autism with Children and Teens

**Session Description:** Autism doesn't have to be an intimidating word--in fact, this unique brain wiring can be a source of pride and belonging. Autistic people benefit both from understanding themselves and being understood by their peers. But many adults do not yet have the knowledge and experience they need to talk comfortably about disability with children and teenagers. In this training by an autistic psychologist, professionals will learn strategies to present an empowering view of autism without sugarcoating the challenges.

**Presenters:** Natasha Lewis Harrington, PsyD and Kathryn Holley, MEd, BCBA



*For detailed descriptions of each session and to register, visit*

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August Symposium <https://uwaitautismsymp2020august.eventbrite.com>



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