Could I Be Autistic?

A Webinar for the Self-Diagnosed or Wondering

Have you felt different from other people your entire life? Did learning about autism seem to explain a lot about you? Led by autistic psychologist Dr. Natasha Lewis Harrington, this webinar will help you consider the pros and cons of seeking a formal autism evaluation, and then provide strategies and resources you can use without an official diagnosis.

Course Objectives:
• Discover different ways to think about autism, from the community's self-description to the way it is defined in the diagnostic manual
• Learn about possible benefits of and barriers to pursuing a formal autism evaluation.
• Become aware of resources and strategies that can help participants without an official diagnosis of autism.

Who should attend: Teenagers or adults who have self-identified as autistic or wonder if they are autistic

Content level: Beginner

Instructor: Natasha Lewis Harrington, PsyD

To register, visit [https://redcap.link/selfidoct2020](https://redcap.link/selfidoct2020).

Advanced registration is required.