

#### UW AUTISM CENTER UNIVERSITY of WASHINGTON

# **Remote Support for Transitioning to Adulthood**

Approximately 100,000 individuals with autism turn 18 years old each year (Shattuck, 2019). As a caregiver or provider for an individual on the cusp of adulthood, it is important to support them as they prepare for this transition. In this webinar, participants will increase their understanding of how to collaborate with individuals to create goals for skill development necessary in adulthood. Strategies to teach these skills will be presented with special considerations for remote learning. This training will also address how to build and maintain motivation while learning new skills. Caregivers and providers attending this training will have the opportunity to discuss and troubleshoot barriers to learning at home.

### **Course Objectives:**

- Learn how caregivers and providers can effectively collaborate with individuals with ASD to create meaningful goals
- · Learn strategies to help teach skills at home
- Understand the importance of motivation and reinforcement in teaching and practicing life skills

Who should attend: Parents or providers working with adolescents and young adults

**Content level:** Beginner

**Clock hours:** WA State approved clock hours (2 hrs) available for an additional fee



WHEN October 21, 2020 4:00-6:00 PM PT

> WHERE Webinar

### COST

\$45 per person \*10% discount for groups of 5 or more

## To register, visit https://cvent.me/BNyqA5.

Advanced registration is required.

Email us at uwautism@uw.edu Visit us at www.uwautism.org

