



Autism and ADHD

Inattention, hyperactivity, and impulsive behaviors are the primary symptoms of Attention Deficit Hyperactivity Disorder (ADHD) which is one of the most common co-occurring diagnoses for Autistic individuals. In this training, participants will gain a solid foundational understanding of both Autism and ADHD as well as how these conditions impact **executive functioning, social interactions, and motivation**. Behavioral strategies to support these areas of difference will also be discussed and practiced.

Join us for this **two-part webinar** to better understand ADHD and Autism, help dispel common myths about these conditions, and offer appropriate techniques to improve functioning. See back page for more information.

Who should attend: This workshop is an introduction to ASD and ADHD and is intended for parents, providers, and educators of individuals with ASD from school-age to young adulthood.

Content level: Beginner to intermediate

Clock hours: WA State approved clock hours (6 hours) available for an additional fee

Instructors: Patricia Matestic, PhD



WHEN

Wednesdays
March 10 & 17, 2021
1:00 PM – 4:00 PM PT

WHERE

Online Webinar

COST (per person)

\$105 – register before Feb 10
\$125 – register on or after Feb 10
**10% off for groups of 5 or more*



To register, visit <https://cvent.me/lVeRzg>.

Advanced registration is required.



Email us at
uwactrain@uw.edu



Visit us at
www.uwautism.org



Call us at
1-877-408-UWAC



Session One

Understanding ADHD & ASD

Course Objectives: In this session, participants will learn

- Symptoms of ADHD and common myths associated with this diagnosis
 - Strengths and challenges associated with ASD
 - Similarities and symptom overlap between ADHD & ASD
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Session Two

How to Help: Evidenced-Based Therapies and Tools to Improve Functioning

Course Objectives: In this session, participants will learn

- The most common and effective treatments for ADHD
 - Specific behavioral strategies to address executive functioning difficulties and enhance motivation
 - Factors to consider when supporting social interactions
 - Insights from individuals with ADHD & ASD
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Participants must attend both sessions.

To register, visit <https://cvent.me/IVeRzg>.

Advanced registration is required.

