



Who's In Charge Here?

Introduction to Executive Functioning

Ever wonder who is in the driver's seat when your child or student is making decisions? Have you ever been stumped by your student or child's organization, or lack thereof? If so, this training is for you! In this introductory training, participants will learn the basics of Executive Functioning (EF) and how it impacts individuals with autism and other developmental disabilities. Participants will have the opportunity to increase their understanding of how EF differences impact the day to day living of individuals with autism and other EF challenges and learn simple strategies to help accommodate those differences.

Course Objectives:

- Learn the 8 domains of EF
- Learn how individual differences in EF impact daily life
- Learn simple strategies to help accommodate individuals with executive functioning differences

Who should attend: Parents, providers, and educators interacting with individuals with autism, ADHD, or executive functioning differences

Content level: Beginner

Clock hours: 2 WA State approved clock hours included



WHEN

Tuesday, November 30, 2021
3:30 – 5:30 PM PT

WHERE

Webinar

COST (per person)

\$55

*10% discount for groups of 5 or more

To register, visit <https://cvent.me/zk53ma>.

Advance registration is required.



Email us at
uwactrain@uw.edu



Visit us at
www.uwautism.org



Call us at
1-877-408-UWAC



Follow-Up Executive Functioning Webinars

Did you or are you planning to attend “Who’s In Charge Here? An Introduction of Executive Functioning?” If so, these follow up webinars were designed for you! The University of Washington Autism Center will be hosting a series of 1-hour follow up webinars to discuss specific strategies for each domain of Executive Functioning. In these follow-up sessions, participants will learn practical, easy to implement strategies to help improve student skills and set students up for success. Not sure which follow up to attend? Read the brief descriptions below, if that sounds like an area your student struggles with, sign up!

Topic	Date/Time	Description
Inhibition	Wednesday, December 1 st 2:00 – 3:00 PM PT	How a person thinks (or appears not to think) before acting
Goal Setting	Wednesday, December 1 st 3:15 – 4:15 PM PT	Setting goals, making future plans, understanding how to get a desired outcome
Planning/Prioritizing (Time Management)	Wednesday, December 1 st 4:30 – 5:30 PM PT	Ability to plan ahead and organize behavior to achieve a goal
Shifting/Problem Solving	Tuesday, December 7 th 2:00 – 3:00 PM PT	Ability to problem solve in new situations, attend to many things at once
Organization	Tuesday, December 7 th 3:15 – 4:15 PM PT	How a person arranges objects, space, actions to complete a task
Working Memory	Tuesday, December 7 th 4:30 – 5:30 PM PT	Ability to hold information in the brain to complete a task/series of tasks
Self-Monitoring	Wednesday, December 8 th 2:00 – 3:00 PM PT	How a person tracks his/her own behavior and understands its impact on others

Cost: \$25 per person per follow-up webinar (plus \$5 registration fee)

Clock hours: 1 WA State approved clock hour per session included

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