

On-Time Autism Intervention Project:

Questions for Applied Behavior Analysis (ABA) Providers

These questions are a good opportunity to see how the providers teach YOU. Do they explain their answers in parent friendly terms or do they use a lot of technical language? Do they assume you know more than you do? Do they pause to let you ask questions? This person will be your teacher– so you are looking for someone who can teach you in a manner that is comfortable and effective. This person/team will be a big part of your life - it is important that you feel comfortable with them and feel good about working with them.

1. I am new to Autism and am trying to understand all of the components– so wonder if you can explain to me what ABA is? And what a typical “program” would look like if you were our BCBA?
2. My child is X years old? How many children that age have you seen and what is your usual approach? Do you use a more structured approach or a more play-based approach in your therapy? Can you describe for me what a session will look like?
3. How do you determine what goals to work on? What factors do you consider (including parent input and developmental level) in determining what the most appropriate goals will be for my child?
4. I have heard a little bit about neurodiversity, what does that mean to you and how do you integrate neurodiversity into your practice?
5. What is your approach to including parents or coaching or training parents to support the child at home? Can parents be involved in therapy sessions? Am I allowed to observe (or have a camera in the room)?
6. Can you tell me a little bit about the environments where you teach? How do you decide where to have treatment take place?
7. My child has challenging behaviors like X, how will you work with them to address these issues? How will you support me with these challenges?
8. What happens if the child you are working with does not make progress with the approach you are using? How do you measure progress?
9. Do you use digital data collection or paper and do I get to have access to the data so that I can monitor progress too?
10. How do you accommodate nap/eating schedules? What happens if my

child is getting sleepy/tired in a session? What if providers are only available during my child's regular nap time? Would you advise changing their nap or cutting naps or what would you recommend I do?

11. For bilingual families: My family is bilingual, have you worked with bilingual families? What is your approach to working with bilingual families?

12. My child is also (fill in...in school, getting speech, etc). Will you reach out to these providers to collaborate? Do you recommend I continue with x, y , z...