



Could I Be Autistic?

A Webinar for the Self-Diagnosed or Wondering

Have you felt different from other people your entire life? Did learning about autism seem to explain a lot about you? Led by two autistic professionals, the UW Autism Center's Dr. Lucas Harrington and The Arc of King County's Zack Siddeek, this webinar will help you consider the pros and cons of seeking a formal autism evaluation and then provide strategies and resources you can use without an official diagnosis.

Course Objectives:

- Discover different ways to think about autism, from the community's self-description to the way it is defined in the diagnostic manual
- Learn about possible benefits of and barriers to pursuing a formal autism evaluation
- Become aware of resources and strategies that can help participants without an official diagnosis of autism

Who should attend: Teenagers or adults who have self-diagnosed as autistic or wonder if they are autistic

Content level: Introductory

Instructors: Lucas Harrington, PsyD, and Zack Siddeek, MSW



WHEN

Tuesday, April 25, 2023
6:00-7:30 PM PT

WHERE

Zoom Meeting

COST

\$30 (suggested donation)

To register, visit <https://redcap.link/uwacaam2023>.

Advance registration is required.



Email us at
uwautism@uw.edu



Visit us at
www.uwautism.org



Call us at
1-877-408-UWAC



Meet the Instructors



Dr. Lucas Harrington, Psy.D., is a psychologist at the UW Autism Center. Dr. Harrington received his Psy.D. from the California School of Professional Psychology at Alliant International University, and trained as a postdoctoral fellow at UW's LEND program as well as the UW Autism Center. During his undergraduate years he received training at the Claremont Autism Center. Dr. Harrington is autistic himself

and brings the personal and community perspective to his work. He provides neurodiversity-oriented meetings and presentations for autistic people, families, UWAC staff, and the community, as well as conducting diagnostic evaluations and individual therapy for adolescents and adults.



Zack Siddeek, MSW, is an Autistic social worker and community organizer practicing in Seattle, Washington. He is passionate about increasing the representation of Autistic people in all matters and places that impact Autistic people. His main goals are to create programs that address the high suicide and unemployment rates that impact Autistic people. He also works to reduce the disparities that Autistic

people with intersectional identities are forced to endure. He works as the Disability Systems Navigation coordinator at The Arc of King County (<https://arcofkingcounty.org/>). He organizes the Square Pegs (<https://www.meetup.com/Squarepegs/>), a series of 25 social and support groups for Autistic adults in Washington State. He is on the board of the Washington Initiative for Supportive Employment (<https://www.gowise.org/>), a nationally renowned organization that promotes equitable employment for people with developmental disabilities through innovation, training and technical assistance.

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