

# Are you a family caregiver caring for a child with a chronic health condition?

University of Washington researchers are recruiting **Spanish-speaking** family caregivers to participate in a well-being study.



## Participation Involves

- Completing a 5-min survey before and after the study
- Completing a 2-minute text messaging-based survey each day for 2 weeks.
- An optional 15-min survey at the end of the study



## Potential Benefits

- Participation may help you alleviate symptoms associated with caregiving, such as stress.
- Participants may continue to use this platform after completing the 2-week period, if they find it helpful.



**Participants will be compensated up to \$25 upon completion.**



To sign up for this study (Spanish version), scan the QR code or visit

<https://form.typeform.com/to/KCDs7mos>

To learn more about this study, please contact the study team at [cocobot@uw.edu](mailto:cocobot@uw.edu)

Note: the study might be closed before the RSVP date above if we have reached the maximum number of participants. The current study phase was approved by the UW IRB (STUDY00018318)

