

LINDA A. DIMEFF, PHD

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Updated December 1, 2017

EDUCATION

- 1992-1997 Ph.D. UNIVERSITY OF WASHINGTON, Seattle, Washington
Major: Clinical Psychology
Minor: Theory and Methodology
Breadth: Physiological Psychology & Social/Personality Psychology
Major Advisors: G. Alan Marlatt, Ph.D. & Marsha M. Linehan, Ph.D.
- 1996-1997 UNIVERSITY OF WASHINGTON, Seattle, Washington
Clinical Psychology Intern, Psychiatry and Behavioral Medicine.
- 1985-1987 M.S. CALIFORNIA STATE UNIVERSITY, FULLERTON, Fullerton, California
Major: Clinical and Community Psychology
- 1980-1984 A.B. OCCIDENTAL COLLEGE, Los Angeles, California
- 1982-1983 WASEDA UNIVERSITY, Tokyo, Japan

PROFESSIONAL EXPERIENCE

- 1/13-current President/Chief Scientific Officer, Evidence Based Practice Institute, LLC, Seattle, Washington.
- 4/13-current Institute Director/Chief Executive Officer, Portland DBT Institute, Inc.
- 7/16-current President/CEO, Heal THRIVE, Grow Behavioral Health, Inc.
- 11/14-current Founder/Chair, DBT Clinics Consortium
- 1/15-current Member, Behavioral Health Research Collective
- 9/12-3/13 Scientist in Residence, Portland DBT, PC. Portland, OR.
- 3/10-12/12 Vice President. Behavioral Tech Research, Inc. Seattle, Washington.
- 11/03-12/12 Chief Scientific Officer/Co-Founder. Behavioral Tech Research, Inc. Seattle, Washington.
- 2003 – current Clinical Faculty. Department of Psychology, University of Washington. Seattle, Washington.
- 1999-12/03 Director, Research and Development. Behavioral Tech, LLC. Seattle, Washington.
- 1996-1999 Research Scientist & Treatment Coordinator, Treatment of Substance Abusing Women with Borderline Personality Disorder, University of Washington. Principal Investigator: Marsha M. Linehan, Ph.D.

HONORS/AWARDS

- 2011 ISITDBT *Cindy J. Sanderson Outstanding Educator Award*

EDITORIAL REVIEW BOARDS

Behaviour Research and Therapy
The American Journal of Drug and Alcohol Abuse
Psychology of Addictive Behaviors
Journal of Contemporary Psychotherapy
Addictive Behaviors
Clinical Psychology: Science and Practice

NIH GRANT REVIEW

Mental Health Service Research (SERV), 2010-2014.

TEACHING EXPERIENCE

2013 - Present Faculty, Evidence-Based Practice Institute

2013 - Present DBT Faculty, Portland DBT Institute

DBT Trainer, Consultant, Supervisor, Behavioral Tech, LLC.

1995-2/13 Associate Faculty, Health Occupations, Shoreline Community College, Seattle, Washington.

1992-1995

RESEARCH GRANTS

CURRENT

2 R44 MH097349-02 (Dimeff/Schaeffer) NIH/NIMH Utilizing Mobile Technology to Enhance MST Outcomes Role: Principal Investigator	3/1/2017-2/28/2020 \$1,401,599
2 R44 MH108222-01A1 (Dimeff/Jobes) NIH/NIMH CAMS Relational Agent System (CAMS-RAS) for Suicide Prevention Role: Principal Investigator	8/1/2018-2/28/2021 \$2,256,523
2 R44 MH108222-01A1, Supplement (Dimeff/Jobes) NIH/NIMH CAMS Relational Agent System (CAMS-RAS) for Suicide Prevention Role: Principal Investigator	12/1/2015-11/30/2016 \$222,000

COMPLETED

1 R43 MH108222-01A1 (Dimeff/Jobes) NIH/NIMH CAMS Relational Agent System (CAMS-RAS) for Suicide Prevention Role: Principal Investigator	12/1/2015-11/30/2016 \$256,318
2R44MH093993-02A1 (Dimeff/Koerner) NIH/NIMH	12/19/2014-11/30/2016 \$1,203,685

PracticeGround: Transforming Training and Delivery of Mental Health EBPs
Role: Principal Investigator

SRG-0-126-11 (Rizvi) 2/1/13 – 1/31/15
American Foundation for Suicide Prevention \$364,078
Feasibility and Efficacy of a DBT Skills “App” for Suicidal Individuals with BPD
Role: Co-Investigator

1 R43 MH097349-01 (Dimeff/Schaeffer) \$364,078
NIH/NIMH
Utilizing Mobile Technology to Enhance MST Outcomes
Role: Principal Investigator

5 R42 MH077413-03 (Stuart) 7/1/2008-12/31/2012
NIH/NIMH \$1,188,676
Fundamentals of Interpersonal Therapy
Role: Creative Director

5 R44 MH081388-03 (Dimeff/Dimidjian) 08/01/2007-3/31/2012
NIH/NIMH \$1,154,749
Computer-Based Training in Behavioral Activation Treatment for Depressed Adults
Role: Principal Investigator

2 R44 MH082475-01(Dimeff/Barlow) 4/1/2008-8/31/2013
NIH/NIMH \$1,441,656
Online PCT Training for Clinicians
Role: Principal Investigator

1 R41 MH093071-01A1 (Dimeff/Palmer) 12/1/2011-10/31/2013
NIH/NIMH \$116,186
An Interactive Web-Based Tool to Enhance Consent for Mental Health Research
Role: Principal Investigator

1 R43 TR000471-01 (Dimeff) 8/31/2012-7/31/2013
NIH/TR \$225,803
Suicide Safety Net: Multimedia Tools for Reliable Risk Management Documentation
Role: Principal Investigator

5R44MH065790-03 (Dimeff) 1/27/2002-1/31/2008
NIH/NIMH \$900,705
DBT Skills Computer Training for Routine CMH Providers
Role: Principal Investigator

5R44DA15615-02 (Dimeff) 9/30/2002-12/31/2008
NIH/NIDA \$933,666
Computer Training in DBT-S Skills for BPD Drug Abusers
Role: Principal Investigator

3R44DA015615-03S1 (Dimeff) 1/1/2005-12/31/2008
NIH/NIDA \$45,944
DBT Deaf Wellness Project (Supplement to 5R44DA015615-03)
Role: Principal Investigator

5R44DA016493-03 (Dimeff) 4/10/2003-12/31/2009
NIH/NIDA \$915,433
Computer based training in DBT Behavioral Analysis
Role: Principal Investigator

5R44DA018049-03 (Dimeff) NIH/NIDA Computer based training in DBT Validation Strategies Role: Principal Investigator	6/1/2004-12/30/2009 \$840,425
6R44DA016493-04S1 (Dimeff) NIH/NIDA Computer based training in DBT-S Behavioral Analysis Role: Principal Investigator	9/1/2006-8/31/2007 \$15,616
1R43DA026244-01 (Dimeff/Rizvi) NIH/NIDA Utilizing Mobile Technology for DBT Skills Generalization with BPD-SUD Clients Role: Principal Investigator	4/15/2009-6/30/2010 \$158,747
5 R44 MH079525-03 (Dimeff/Ehrenreich) NIH/NIMH Computer-based Training in Panic Control Treatment for Adolescents Role: Principal Investigator	2/1/2007-3/31/2011 \$1,047,961
1 R43 MH086995-01 (Dimeff/Safer/Agras) NIH/NIMH Online Training in the Fundamentals of Eating Disorders Treatment Role: Principal Investigator	9/1/2009-12/31/2010 \$160,103
1 R43 DA027251-01 (Dimeff) NIH/NIDA DBT Skills Training Central Role: Principal Investigator	9/1/2009-12/30/2010 \$161,424
5 R44 DA020975-03 (Dimeff) NIH/NIDA The DBT-SUD In-Session Response to Dysfunctional Behavior Role: Principal Investigator	3/1/2006-7/31/2011 \$932,837
5 R44 MH082474-03 (Harned/Dimeff) NIH/NIMH Online Training in the Principles and Procedures of Exposure Therapies Role: Principal Investigator	5/1/2008-8/31/2011 \$1,116,203
1 R43 MH092965-01 (Harned) NIH/NIMH Computer-Assisted Delivery of Prolonged Exposure for PTSD Role: Co-Investigator	12/1/2010-7/31/2011 \$182,320

IMPLEMENTATION CONTRACTS

CURRENT

Hamilton Health Services Center (Koerner/Dimeff) Unified Protocol for Adolescents + WILLOW	8/1/2018 - 7/31/2019
Office of Children and Family Services (Dimeff/PDBTI) DBT Implementation	8/1/2019-7/31/2021

PAST

Office of Children and Family Services (Dimeff/PDBTI)
DBT Implementation

8/1/2015-7/31/2018

Wheeler Clinic (Dimeff/PDBTI)

July, 2017 – Jun3, 2018

BOARD EXPERIENCE

7/2012-6/2014 Immediate Past President, Kol HaNeshamah, West Seattle
Progressive Synagogue

7/10-
6/30/2012 President, Kol HaNeshamah, West Seattle Progressive Synagogue

7/09-6/10 Vice President, Kol HaNeshamah

7/07-6/09 Member at Large, Kol HaNeshamah

INVITED MEETINGS

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, September 27-30, 2002

National Institute on Drug Abuse (NIDA) *Information Technology Workshop* Meeting. Bethesda, MD, March, 2004.

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, May 17-19, 2004

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, March 16-18, 2005

Strategic Planning Meeting for Suicide Assessment, Prevention, and Intervention, University of Washington, Seattle, June, 2005.

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, July 27-30, 2006

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, October 17-2007

National Institute on Drug Abuse (NIDA), *Augmenting HIV Prevention Using Information Technology Workshop*. March 1-2, 2007.

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, October 20-22, 2008.

National Institute on Drug Abuse (NIDA), September 21-22, 2009. *Developing a New Mobile Therapy: Twitter for Tobacco "Tweetment" Meeting*.

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, October 19-21, 2009.

National Institute on Drug Abuse (NIDA), April 26-27, 2010. *Digital Media and Communication Technologies in Adolescent Drug Abuse Treatment*.

Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA, September 27 – 29, 2010.

German Addiction Congress, Tübingen, Germany, September 22-25th, 2010.

Agency for Healthcare Research and Quality (AHRQ) and the National Institute of Mental Health (NIMH), November 16 – 17, 2010. *Mental Health and Health IT: The Way Forward*.

UK DBT Conference, London, England, October 4th, 2012. Keynote Speaker.

New Zealand College for Clinical Psychologists, Auckland, New Zealand, March 23-24, 2015. *Shifting Paradigms in Clinical Psychology: Innovative Technologies; Optimizing the Engine of DBT Individual Therapy*.

Sweden Association for DBT Annual Conference, Stockholm, Sweden, September 15-16, 2016. *DBT for Multi-Diagnostic Severe Individuals with BPD*.

Michigan State Annual DBT Conference, August 7-8, 2016. Keynote Speaker

New England Summer School of Addiction Studies Conference, AD Care Educational Institute, Inc., Worcester State University, Worcester, MA. August 27-30, 2018. Plenary Speaker & Workshop Trainer.

Harvard Suicide Summit. Boston, MA. October 19. Meeting with Ron Kessler, PhD, Matt Nock, PhD, David Jobes, PhD, and Kelly Koerner, PhD.

International DBT Strategic Planning Group of Senior Leaders. Washington DC. November 14, 2018.

BOOKS

Dimeff, L.A., Baer, J.S., Kivlahan, D.R., & Marlatt, G.A. (1999). Brief Alcohol Screening and Intervention for College Students: A Harm Reduction Approach (BASICS). New York: The Guilford Press.

Dimeff, L.A. & Koerner, K. (2007). Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings. New York: The Guilford Press.

Dimeff, L.A., Linehan, M.M., and Paves, A. (2007). Behavioral Analysis in DBT. Seattle, Washington: Unpublished manuscript.

Linehan, M.M., **Dimeff, L.A.**, Sayrs, JHR (in preparation). DBT for Substance Use Disorders. New York: The Guilford Press.

Cronce, J.M., Kilmer, J.R., **Dimeff, L.A.**, & Baer, J.S. (in preparation). Brief Alcohol Screening and Intervention for College Students, Second Edition. New York: The Guilford Press.

Dimeff, L.A., Rizvi, S.R., & Koerner, K. (in preparation). Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings, Second Edition. New York: The Guilford Press.

PUBLICATIONS

Fantuzzo, J., **Dimeff, L.**, Fox, S. (1989). Reciprocal peer tutoring: Maximizing existing classroom resources. Teaching of Psychology, 16, 133-135.

Fantuzzo, J., Riggio, R., Connelly, S., & **Dimeff, L.** (1989). Effects of reciprocal peer tutoring on academic performance and psychological adjustment: A component analysis. Journal of Educational Psychology, 81, 173-177.

Riggio, R. E., Fantuzzo, J. W., Connelly, S., & **Dimeff, L. A.** (1991). Reciprocal peer tutoring: A classroom strategy for promoting academic and social integration in undergraduate students. Journal of Social Behavior and Personality, 6, 387-396.

Dimeff, L. A., Baer, J. S., & Marlatt, G. A. (1991, September/October). Applying relapse prevention strategies to secondary prevention. The Counselor, pp. 22-25.

- Baer, J. S., Kivlahan, D. R., Marlatt, G. A., Fromme, K., Larimer, M. E., **Dimeff, L. A.**, Williams, E., & Tapert, S. F. (1991). The Alcohol Skills Training Manual.
- Dimeff, L. A.** & Marlatt, G.A. (1994). Alcohol abuse in college women athletes: A practitioner's guide to understanding and reducing health risks. In R. Agostini (Ed.), Medical and Orthopedic Issues of Active and Athletic Women. Philadelphia, PA: Hanley & Belfus, Inc.
- Dimeff, L.A.**, & Marlatt, G.A. (1995). Relapse Prevention. In R. Hester & W.R. Miller (Eds.), Handbook of Alcoholism Treatment Approaches: Effective Alternatives (Second Edition). Boston, MA: Allyn and Bacon.
- Dimeff, L.A.**, Kilmer, J.R., Baer, J.S., & Marlatt, G.A. (1995, June 28). Letter to the Editor: JAMA, Re: "Health and Behavioral Consequences of Binge Drinking in College (December 7, 1994).
- Norris, J., Nurius, P. S., & **Dimeff, L.A.** (1996). Through her eyes: Perception of and resistance to acquaintance sexual aggression threat. Psychology of Women Quarterly, 20, 123-145.
- Nurius, P.S., Norris, J., & **Dimeff, L.A.** (1996). Expectations regarding acquaintance sexual aggression among sorority and fraternity members. Sex Roles, 35, 427-444.
- Dimeff, L.A.**, Herman, R.A., & Linehan, M.M. (1996). Dialectical behavior therapy: A cognitive-behavioral treatment for women with borderline personality disorder and substance abuse. Professional Counselor.
- Linehan, M.M., & **Dimeff, L.A.** (1995). Dialectical Behavior Therapy Manual of Treatment Interventions for Drug Abusers with Borderline Personality Disorder (Unpublished manuscript).
- Linehan, M.M., Tutek, D.A., **Dimeff, L.A.**, & Koerner, K. Comprehensive Validation Therapy for Substance Abuse (CVT-S) for Clients Meeting Criteria for Borderline Personality Disorder: Treatment Manual (Unpublished manuscript).
- Kim, E., Marlatt, G.A., & **Dimeff, L.A.** (1996). The road to relapse. Professional Counselor, 11, 15-16, 50-52.
- Dimeff, L.A.** (1997). Brief intervention for heavy and hazardous college drinkers in a student primary health care setting. Unpublished doctoral dissertation, University of Washington.
- Dimeff, L.A.**, Comtois, K.A., & Linehan, M.M. (1998). Dialectical Behavior Therapy for Substance Abusers with Borderline Personality Disorder: Applications in Primary Care (pp.1063-1080). In A.W. Graham & T.K. Schultz (Eds.), Principles of Addiction Medicine. Chevy Chase, Maryland: American Society of Addiction Medicine, Inc.
- Marlatt, G.A., Baer, J.S., Kivlahan, D.R., **Dimeff, L.A.**, Larimer, M.E., Quigley, L.A., Somers, J., & Williams, E. (1998), Screening and brief intervention for high risk college student drinkers: Results from a two-year follow-up assessment. Journal of Consulting and Clinical Psychology, 68, 604-615.
- Peterson, P.L., **Dimeff, L.A.**, Tapert, S.F., Stern, M., & Gorman, M. (1998). Harm reduction and HIV/AIDS prevention (pp. 218-300). In G.A. Marlatt (Ed.), Harm reduction: Pragmatic strategies for managing high-risk behaviors. New York: The Guilford Press.
- Dimeff, L.A.** & Marlatt, G.A. (1998). Preventing relapse and maintaining change in addictive behaviors. Clinical Psychology: Science and Practice, 5, 513-525.
- Dimeff, L.A.**, McDavid, J., & Linehan, M.M. (1999). Pharmacotherapy for Borderline Personality Disorder. Clinical Psychology in Medical Settings, 6, 113-138.

- Kilmer, J., Larimer, M.E., Parks, G.A., **Dimeff, L.A.**, & Marlatt, G.A. (1999). Liability management or risk management? Evaluation of a Greek System alcohol policy. Psychology of Addictive Behaviors, *13*, 269-278.
- Linehan, M.M., Schmidt, H., **Dimeff, L.A.**, Craft, J.C., Kanter, J., & Comtois, K.A. (1999). Dialectical behavior therapy for patients with borderline personality disorder and drug dependence. American Journal on Addictions, *8*, 279-292.
- Koerner, K., & **Dimeff, L.A.** (2000). Further data on Dialectical Behavior Therapy. Clinical Psychology: Science and Practice, *7*, 104-112.
- Dimeff, L.A.** & McNeely, M. (2000). Applying brief interventions within a college student health center. Cognitive and Behavioral Practice, *7*, 82-100.
- Dimeff, L.**, Rizvi, S.L., & Brown M., & Linehan, M.M. (2000). Treating women with methamphetamine and BPD. Cognitive and Behavioral Practice, *7*, 457-468.
- Bosch, L.M.C. van den, Linehan, M.M. **Dimeff, L.A.** (2001), 'Dialectische gedragstherapie: een bondige, geïntegreerde behandeling van patienten met een borderline persoonlijkheidsstoornis'. In: Handboek integratieve psychotherapie, pp. VII 1 1-30. De Tijdstroom, Leusden, Netherlands.
- McMain, S., Korman, L., & **Dimeff, L.** (2001). Emotion dysregulation and dialectical behavior therapy. Journal of Clinical Psychology, *57*, 183-96.
- Dimeff, L.**, & Linehan, M.M. (2001). Dialectical behavior therapy in a nutshell. The California Psychologist, *34*, 10-13.
- Linehan, M.M., **Dimeff, L.A.**, Reynolds, S.K., Comtois, K.A., Welch, S.S., Heagerty, P., & Kivlahan, D.R. (2002). Dialectical behavior therapy versus comprehensive validation plus 12-step for the treatment of opioid-dependent women meeting criteria for borderline personality disorder. Drug and Alcohol Dependence, *67*, 13-26.
- Foertsch, C., Manning, S., & **Dimeff, L.** (2003). Overcoming Roadblocks in the Treatment of Difficult-to-Treat Patients: The Approach from Dialectical Behavior Therapy. In R.L. Leahy (Ed.), Overcoming Roadblocks (pp. 255-273). New York, NY: Guilford Press, Inc.
- Koerner, K., & **Dimeff, L.A.** (2007). Overview of Dialectical Behavior Therapy. In L.A. Dimeff & K. Koerner (Eds). Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings (pp. 1-18). New York: The Guilford Press.
- Koerner, K., & **Dimeff, L.A.**, & Swenson, C.R. (2007). Adopt or Adapt? Fidelity Matters. In L.A. Dimeff & K. Koerner (Eds.), Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings (pp. 19-36). New York: The Guilford Press.
- Comtois, K.A., Koons, C.R., Kim, S.A., Manning, S.Y., Bellows, E., & **Dimeff, L.A.** (2007). Implementing Standard Dialectical Behavior Therapy Overview of Dialectical Behavior Therapy. In L.A. Dimeff & K. Koerner (Eds). Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings (pp. 37-68). New York: The Guilford Press.
- McMain, S., Sayrs, H.R., **Dimeff, L.A.**, & Linehan, M.M. (2007). Dialectical Behavior Therapy for Individuals with Borderline Personality Disorder and Substance Dependence. In L.A. Dimeff & K. Koerner (Eds.), Dialectical Behavior Therapy in Clinical Practice: Applications Across Disorders and Settings (pp. 145-173). New York: The Guilford Press.
- Rizvi, S., Monroe-DeVita, M.M., **Dimeff, L.A.** (2007). Evaluating your Dialectical Behavior Therapy Program. In L.A. Dimeff & K. Koerner (Eds), Dialectical Behavior Therapy in Clinical Practice: Applications across Disorders and Settings (pp. 326-350). New York: The Guilford Press.

- Dimeff, L.A.** & Linehan, M.M. (2008). DBT for Substance Abusers: Science and Practice. NIDA Science and Practice.
- Waltz, J.A., **Dimeff, L.A.**, Koerner, K., Linehan, M.M. Taylor, L., & Miller, C.(2009). Feasibility of using video to teach a dialectical behavior therapy skill to clients with borderline personality disorder. Cognitive and Behavioral Practice, 16, 214-222.
- Dimeff, L.A.**, Comtois, K.A., & Linehan, M.M. (2009). Co-occurring Addiction and Borderline Personality Disorder. In RK Ries, DA Fiellin, S.C. Miller, and R. Saitz (Eds.), Principles of Addiction Medicine (4th edition; pp. 1227-1237). PA: Lippincott, Williams, & Wilkins.
- Dimeff, L.A.**, Koerner, K., Woodcock, E., Beadnell, B., Brown, M.Z., Skutch, J.M., Paves, A.P., Bazinet, A., Harned, M.S. (2009). Which training method works best? A randomized controlled trial comparing three methods of training clinicians in dialectical behavior therapy skills. Behavioral Research and Therapy, 47, 921-930.
- Dimeff, L.A.**, Paves, A.P., Skutch, J.M., Woodcock, E.A (2010). Shifting Paradigms in Clinical Psychology: How innovative technologies are shaping treatment delivery. In David H. Barlow's (Ed.), Handbook of Clinical Psychology, 618-648. New York: Oxford University Press.
- Dimeff, L.A.** (2010). The future is appearing bright for people with BPD in England and Wales: A critique of the NICE BPD Guidelines. Personality and Mental Health, 4, 39-40.
- Rizvi, S.L., **Dimeff, L.A.**, Skutch, J., Carroll, D., & Linehan, M.M. (2011). A pilot study of the DBT Coach: An interactive mobile phone application for individuals with borderline personality disorder and substance use disorders. Behavior Therapy, 42, 589-600.
- Dimeff, L.A.**, Rizvi, S.L., Contreras, I.S., Skutch, J.M., & Carroll, D. (2011). The Mobile Revolution and the DBT Coach. The Behavior Therapist, 34, 104-110.
- Dimeff, L.A.**, Woodcock, E.A., Harned, M.S., & Beadnell, B. (2011). Can evidence-based therapies be learned in highly structured learning environments? Results from a dialectical behavior therapy randomized controlled dissemination trial. Behavior Therapy, 42, 263-275.
- Harned, M.S., **Dimeff, L.A.**, Woodcock, E. A., & Skutch, J.A. (2011). Overcoming barriers to disseminating exposure therapies for anxiety disorders: A pilot randomized controlled trial of training methods. Journal of Anxiety Disorders, 25, 155-163.
- Harned, M.S., **Dimeff, L.A.**, Woodcock, E.A., & Contreras, I. (2013). Predicting Adoption of Exposure Therapy in a Randomized Controlled Dissemination Trial. Journal of Anxiety Disorders, 27 754-762.
- Harned, M.S., **Dimeff, L.A.**, Woodcock, E.A., Zavertrnik, J., & Danner, S.M. (2014). Exposing clinicians to exposure: a randomized controlled dissemination trial of exposure therapies for anxiety disorders. (2014). Behavior Therapy, 45, 731-744.
- Huble, S., Woodcock, E.A., Dimidjian, S., **Dimeff, L.A.** (2015). Disseminating behavioural activation for depression via online training: preliminary steps. Behavioural and Cognitive Psychotherapy, 43, 224-238.
- Ehrenreich-May, Jill, **Dimeff, L.A.**, Woodcock, E.A., Queen, A.H., Kelly, T., Contreras, I.S., Rash, B., Kelley-Brimer, A., Hauschildt, J., Mundlapudi Danner, S., Kennedy, S.M., and Barlow, D.H. (2016). Enhancing online training in an evidence-based treatment for adolescent panic disorder: a randomized controlled trial. Evidence-Based Practice in Child and Adolescent Mental Health, 1, 241-258.
- Stirman, S.W., Finley, E.P., Shields, N., Cook, J., Haine-Schlagel, R., Burgess, J.F., **Dimeff, L.A.**, Koerner, K., Suvak, M., et al. (2017). Improving and sustaining delivery of CPT for PTSD in mental health systems: a cluster randomized trial. Implementation Science, 12:32.

Salgado, D. M., White, A. W., Peterson, D., & **Dimeff, L. A.** (in press). Cultivating wise mind in dialectical behavioral therapy through mindfulness. In I. Ivtzan (Ed.) Handbook of mindfulness-based programmes. London: Routledge.

Miga, E.M., Neacsu, A.D., Lungu, A., Heard, H.L., **Dimeff, L.A.** (in press). Dialectical Behaviour Therapy from 1991-2015: What do we know about clinical efficacy and research quality? M.A. Swales (Editor), The Oxford Handbook of Dialectical Behaviour Therapy.

Dimeff, L.A., Jobes, D. A., Chalker, S. A., Piehl, B., Duvivier, L. L., Lok, B. C., Zalake, M. S., Chung, J., & Koerner, K. (in press). A novel engagement of suicidality in the emergency department: Virtual collaborative assessment and management of suicidality. General Hospital Psychiatry.

Dimeff, L.A. & Koerner, K. (in press). Fulfilling the Promise of Behavioral Health Technologies to Improve Public Health Impact and Reduce Public Health Disparities: A Commentary. Clinical Psychology: Science and Practice.

CONVENTION PRESENTATIONS

Fantuzzo, J., **Dimeff, L.** & Fox, S. (1987, August). The effects of reciprocal peer tutoring on the academic achievement and psychological adjustment of college students. Poster presented at the 95th Annual Convention of the American Psychological Association, New York, NY.

Fantuzzo, J., Riggio, R., Connelly, S., & **Dimeff, L.** (1988, August). The effects of reciprocal peer tutoring on academic achievement and psychological adjustment: A component analysis. Poster presented at the 96th Annual Convention of the American Psychological Association, Atlanta, GA.

Dimeff, L. A., Baer, J. B., Kivlahan, D. R., & Marlatt, G. A (1991, March). Conduct problems, familial alcoholism, and drinking patterns as predictors of interest in prevention programming. Poster presented at the XXIII Banff International Conference on Behavioral Science, Addictive Behaviors Across the Lifespan: Prevention, Treatment, and Policy Issues, Banff, Alberta, Canada.

Dimeff, L. A., Baer, J. S., Kivlahan, D. R., Larimer, M. E., & Marlatt, G. A. (1991, August). The Alcohol Skills Training Program: An application of cognitive-behavioral and relapse prevention strategies to the problem of student drinking. Paper presented at the 99th Annual Convention of the American Psychological Association, San Francisco, CA.

Dimeff, L. A., Baer, J. S., Best, H., Sumida, R., Larimer, M. E., & Marlatt, G. A. (1991, August). The relationship between alcohol consumption and psychological symptomatology in college students. Poster presented at the 99th Annual Convention of the American Psychological Association, Division 12, Section III, San Francisco, CA.

Dimeff, L. A., Baer, J. S., & Marlatt, G. A. (1992, November). The relationship between sexual aggression and alcohol use in heavy drinking college men. Poster presented at the 26th Annual Convention of the Association for Advancement of Behavior Therapy, Boston.

Dimeff, L. A. (1993, January). Professional Advice: Clinical review of practice and clinical application. Paper presented in the Lifestyle '94 Symposium, Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.

Luce, K. H., DuBois, H. M., **Dimeff, L. A.**, Larimer, M. E., & Marlatt, G. A. (1993, January). Exploring the relationship between problematic eating and drinking behaviors among sorority women. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.

Dimeff, L.A., Baer, J.S., & Marlatt, G.A. (1994, August). Differential risks for college women drinkers. Paper presented as part of symposium, Women's issues in & with addiction treatment, at the 103rd Annual Convention of the American Psychological Association, Los Angeles, CA.

- Kilmer, J.R., Larimer, M.E., Baer, J.S., Quigley, L.A., **Dimeff, L.A.**, Parks, G.A., & Marlatt, G.A. (1994, June). Policy as a means of intervention: Liability management or risk management? Poster presented at the Research Society on Alcoholism, Maui, HI.
- Larimer, M.E., Kilmer, J., **Dimeff, L.**, Quigley, L., Williams, E., Baer, J.S., & Marlatt, G.A. (1994, June). Initial assessment and description of a motivational alcohol prevention program for fraternities and sororities. Poster presented at the Research Society on Alcoholism, Maui, HI.
- Dimeff, L.A.** (1995, September). Defining Harm Reduction: Understanding through experience. Paper presented as part of symposium, Harm Reduction, at the Conference on Chemical Dependency by Downtown Human Services Council, "Addicted and on the street: Is there a choice?" Seattle, WA.
- Linehan, M.M., & **Dimeff, L.A.** (1995, November). Dialectical behavior therapy for women with Borderline Personality Disorder and Substance Abuse. Paper presented as part of symposium, "Innovative Cognitive and Behavioral Treatments of Drug and Alcohol Abuse," at the Association for the Advancement of Behavior Therapy, Washington D.C.
- Dimeff, L.A.**, & Kohlenberg, R. (1996, April). Common ground and chasms: Psychoanalytic and behavior therapy approaches to clinical supervision. Symposium proposed for the Society for the Exploration of Psychotherapy Integration, Berkeley, CA.
- Linehan, M.M., Recknor, K.L., **Dimeff, L.A.**, & Schmidt, H. (1996, April). Dialectical behavior therapy for Substance Abusers with Borderline Personality Disorder. Panel held at Society for Psychotherapy Research Meeting, Amelia Island, 1996.
- Dimeff, L.A.**, Baer, J.S., Kivlahan, D.R., Hawkins, E., Provo, F., & Marlatt, G.A. (1996, August). Brief intervention for High Risk Drinkers in a college primary health care setting: A preliminary review. Poster presented at the 104th Annual APA Conference, Toronto, Canada.
- Dimeff, L.A.**, & Linehan, M.M. (1996, September). Dialectical Behavior Therapy for Substance Abusers: An application of harm reduction in treating substance-abusing women with Borderline Personality Disorder. Paper presented as part of symposium (chair: Linda Dimeff), "Remaining practical, compassionate, and effective against the odds: Innovative prevention and treatment-based applications of harm reduction for at-risk populations under investigation at the University of Washington," Oakland, California.
- Linehan, M.M., Schmidt, H., **Dimeff, L.A.**, Recknor, K.L. (1996, November). Dialectical behavior therapy for substance abusers with borderline personality disorder: One year later. Paper presented at the 30th Annual Association for the Advancement of Behavior Therapy, New York, New York.
- Dimeff, L.A.**, Provo, F., Hawkins, E., & Marlatt, G.A. (1996, November). Are computers a viable solution to screening health behaviors in students using college student primary care centers? Poster presented at the 30th Annual Association for the Advancement of Behavior Therapy, New York, New York.
- Linehan, M.M., & **Dimeff, L.A.** (1998, November). Dialectical Behavior Therapy: Master Clinician Series. Workshop presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.
- Linehan, M.M., Comtois, K.A., Koerner, K., Brown, M., **Dimeff, L.A.**, Tutek, D., Schmidt, H., Kanter, J., Recknor, K., Cochran, B., & Mar, C. (1998, November). University of Washington study of Dialectical Behavior Therapy: A preliminary report. Paper presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.
- Linehan, M.M., **Dimeff, L.A.**, Comtois, K.A., & Kanter, J. (1998, November). Dialectical Behavior Therapy for opiate abusers with borderline personality disorder: Findings to data from two

randomized controlled trials. Paper presented at the 32nd Annual Association for the Advancement of Behavior Therapy, Washington, D.C.

Linehan, M.M., **Dimeff, L.A.**, McDavid, J. (1999, May). Dialectical Behavior Therapy Clinical Management for Pharmacotherapy. Paper presented at American Psychiatric Association.

Dimeff, L.A.. (1999, June). Deciding when to do what: Lessons from and beyond BASICS. Paper presented at Academy of Behavioral Medicine Research's *Basic Science and Behavioral Interventions: Bridging the Gap*, Wintergreen, Virginia.

Linehan, M.M., **Dimeff, L.A.**, Comtois, K.A., & Kivlahan, D.R. (1999, November). Dialectical behavior therapy for substance dependent women with borderline personality disorder: Analysis of Follow up data. Paper presented as part of symposium (Chair: Linda Dimeff) at the 33rd annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

Koerner, K., Swenson, C.R., & **Dimeff, L.A.** (2001, November). Linking Enthusiasm to Evidence-Based Practice: Disseminating Dialectical Behavior Therapy. Paper presented as part of a symposium (Chair: Linda Dimeff) at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Waltz, J., **Dimeff, L.A.**, & Koerner, K. (2001, November). Effectiveness of an Emotion Regulation Skills Training Videotape as a Dissemination Tool. Paper presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

Linehan, M.M, Comtois, K.A., Brown, M.Z., Reynolds, S.K., Shaw-Welch, S., Sayrs, J.H.R., Korslund, K.E., & **Dimeff, L.A.** (2002, November). DBT Versus Nonbehavioral Treatment by Experts in the Community: Clinical Outcomes. Paper presented as part of a symposium at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Dimeff, L., Koerner, K., Cuper, P, Byars, M., & Fabian, D. (2003, November). Improving Training Efficiency: DBT skills training computer-based training program. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Miller, C., Waltz, J., & **Dimeff, L.** (2003, November). Construction and norming of a task-specific self-efficacy scale for DBT skills training modules. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Waltz, J., **Dimeff, L.**, Cuper, P., and Rothman, W. Effectiveness of DBT Skills Training Videotape as a Dissemination Tool for BPD Patients. Presented at 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Dimeff, L.A., Bazinet, A., Monroe-DeVita, M., Steinman, L., & Koerner, K. (2004, November). Reality or fantasy: Use of computer technology in the 21st century to disseminate evidence based practices. Poster presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans.

Dimeff, L., Koerner, K., Bazinet, A., Monroe-DeVita, M. (2005, November). Efficacy of Computer-Based Training of DBT Validation Strategies. Presented at the 39th annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Miller, C., Waltz, J., Rothman, W., **Dimeff, L.**, & Cuper, P. (2005, November). DBT skills acquisition: Predictors of skills knowledge following skills training via video tape. Presented at the 39th annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Dimeff, L.A., & Best, H.F. (2005, November). Minding the Gap between Research and Practice: DBT Skills Online Training. Presented at the 10th annual meeting of ISITDBT.

- Dimeff, L.A.**, Bazinet, A., Monroe-DeVita, M., Daliva, M., Rash, B., Koerner, K., & Beadnell, B. (2006, November). And the Winner Is...: Results From a Randomized Controlled Efficacy Trial Comparing Three Methods of Training in a Highly Controlled Setting. Presented at the 40th annual meeting of the Association for the Advancement of Behavior Therapy, Chicago, IL.
- Dimeff, L.A.**, Paves, A.P., & Woodcock, E.A. (2007, November). Evidence-Based Practices in the 21st Century: Revisiting and Expanding Upon Training Utilization in Clinical Settings. Presented at the 12th annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Philadelphia, PA.
- Dimeff, L.A.**, Woodcock, E.A., Paves, A.P., Monroe-DeVita, M., Bazinet, A., Daliva, M., Rash, B., & Beadnell, B. (2007, November). Disseminating DBT Skills: A Comparison of Three Training Modes in a Naturalistic Setting. Presented at the 12th annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Philadelphia, PA.
- Dimeff, L.A.**, Beadnell, B., Woodcock, E.A., Paves, A.P., Bazinet, A., & Koerner, K. (2008, November). Which training mode works best? Findings and implications from two randomized trials. Presented at Association for the Advancement of Behavioral and Cognitive Therapy, Miami, FL.
- Dimidjian, S., **Dimeff, L.A.**, Hubley, S., Martell, C., Herman-Dunn, R., Woodcock, E.A., Paves, A.P., Skutch, J.M., & Mueller, T. (2008, November). Steps toward dissemination of behavioral activation: Development and use of online training. Presented at the Association for the Advancement of Behavioral and Cognitive Therapy, Miami, FL.
- Dimeff, L.A.**, Skutch, J.M., Brown, M.Z, Manning, Y., & Woodcock, E.A. (2008, November). Evaluating the efficacy of a DBT online training course using a rigorous performance based test. Presented at the Association for the Advancement of Behavioral and Cognitive Therapy, Miami, FL.
- Dimeff, L.A.** (2009, May). Dialectical behavior therapy: Essential elements and review of published randomized controlled trials. Paper presented as part of symposium (Chair: Kenneth Silk, MD) 2009 Annual Meeting of the American Psychiatric Association.
- Dimeff, L.A.** (2009, September). A Tweet and a Coach: Leveraging Twitter and mobile phone technology to produce behavior change. Paper presented at NIDA-sponsored *Developing a New Mobile Therapy: Twitter for Tobacco "Tweetment" Meeting*, Washington DC.
- Dimeff, L.A.**, Woodcock, E., Skutch, J., Rash, B., Kelley, A., Kelly, T., Contreras, I., & Harned, M. (2009, October). Spreading Science Like H1N1: Recent Innovations and Research Outcomes. Paper presented at Annual Meeting of the Strategic Planning Meeting for BPD Treatment Research, Seattle, WA.
- Dimeff, L.A.**, Woodcock, E.A., Paves, A.P., Skutch, J.M., Kelley, A.R., Kelly, T.S., Beadnell, B. (2009, November). Dissemination of core strategies in DBT: A randomized controlled trial comparing three methods of training. Presented at the Association for the Advancement of Behavioral and Cognitive Therapy, New York, NY.
- Skutch, J.M., Harned, M.S., **Dimeff, L.A.**, Kelley, A.R., Woodcock, E.A., Paves, A.P. (2009, November). Qualitative analysis of clinicians' perceived barriers to the use of exposure therapy for anxiety disorders. Presented at the Association for the Advancement of Behavioral and Cognitive Therapy, New York, NY.
- Dimeff, L.A.**, Skutch, J.M., Beadnell, B., & Woodcock, E.A. (2009, November). Comparing online training to routine training methods in simulated performance role plays: Results from a randomized controlled trial. Presented at the Association for the Advancement of Behavioral and Cognitive Therapy, New York, NY.
- Neacsiu, A.D., Linehan, M.M., Norcross, J.C., Goldfried, M. R. Wilson, R.G., Hollon, S.D., & **Dimeff, L.A.** (2009, November). The proliferation of evidence-based treatments: Are we there yet? Panel

presented at the Association for the Advancement of Behavioral and Cognitive Therapy, New York, NY.

- Harned, M.S., **Dimeff, L.A.**, & Woodcock, E.A. (2010, June). Using motivational interviewing to supplement online training in exposure therapies for naïve clinicians. NCDEU, Boca Raton, FL.
- Dimeff, L.A.**, Porr, V., Bateman, A., and Yeomans, F. (2010, July). What's the difference that makes the difference? Commonalities and differences across efficacious treatments for BPD. First International Congress on Borderline Personality Disorder, Berlin, Germany.
- Dimeff, L. A.**, Rizvi, S. L., Linehan, M. M., Carroll, D. (2010, September). Utilizing Mobile Technology for DBT Skills Generalization with BPD-SUD Clients. Presented at Strategic Planning Meeting for BPD Treatment Research, University of Washington, Seattle, WA.
- Woodcock, E. A., **Dimeff, L. A.** & Harned, M. S. (2010, November). Maximizing DBT training effectiveness: investigating predictors of successful dissemination from a highly-controlled efficacy trial. Presented at the 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA.
- Woodcock, E. A., **Dimeff, L. A.**, Skutch, J. & Harned, M. S. (2010, November). Predictors of Training Success for Naïve Clinicians Learning DBT Skills. Presented at the 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA.
- Dimeff, L.A.**, Discussant, *Adaptations of DBT: Novel Modes of Delivery and New Populations Served*. Andrew G. Ekblad (Chair). Symposium conducted at the 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA, 2010.
- Woodcock, E.A., Beadnell, B., **Dimeff, L.A.** (2010, November). Predicting Training Success: An Exploratory Examination of Variables Moderating Outcomes for Naïve Clinicians Learning Core DBT Strategies. Presented at the 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA.
- Dimeff, L.A.**, Discussant, *Expanding the Reach of CBT: Evaluating Alternative Delivery Methods Across Various Populations*. Tiara Dillworth (Chair). Symposium conducted at the 44th annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA, 2010.
- Rizvi, S., **Dimeff, L.A.**, Skutch, J.M., Carroll, D., Linehan, M.M. (2010, November). An Interactive Mobile Phone Application providing Skills Coaching for Individuals with Borderline personality Disorder. Paper presented as part of a symposium (chair: Linda Dimeff), "First Comes Love, Then Comes the Revolution: How Mobile Technology is Changing the Way We Intervene" at the 44th annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA, 2010..
- Harned, M.S., **Dimeff, L.A.**, Woodcock, E., Skutch, J.M. (2010, November). Using Motivational Interviewing to Improve Clinicians' Attitudes toward Learning and Using Exposure Therapy. Paper presented as part of a symposium (chair: Linda A. Dimeff), "Improving the Impact of Training: Strategies for Increasing Clinician Motivation to Learn and Use Empirically Supported Treatments" at the 44th annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA, 2010. 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA.
- Dimeff, L.A.**, Murray, H.W., Woodcock, E., Rash, B., Barlow, D.H. (2010, November). Using Contingency Management to Improve Knowledge of Panic Control Treatment in Treatment Providers: Results from a Pilot Feasibility RCT. Paper presented as part of a symposium (chair: Linda A. Dimeff), "Improving the Impact of Training: Strategies for Increasing Clinician Motivation to Learn and Use Empirically Supported Treatments" at the 44th annual meeting of the Association for

Behavioral and Cognitive Therapy, San Francisco, CA, 2010. 15th annual meeting of International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Francisco, CA.

Dimeff, L.A., Welch, M. (2010, November). Just in Time Training: Turning Training on its heal. Paper presented as part of a symposium (chair: Linda A. Dimeff), "Improving the Impact of Training: Strategies for Increasing Clinician Motivation to Learn and Use Empirically Supported Treatments" at the 44th annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA, 2010.

Ehrenreich, J.T., **Dimeff, L.A.**, Queen, A.H., Rash, B., Murray, H.W., Barlow, D.H. (2010, November). Feasibility and Preliminary Efficacy of an Online Clinician Training Program for Adolescent Panic Disorder. Paper presented as part of a symposium (chair: Erika Coles), "Innovative Ways of Enhancing the Effectiveness of Evidence-Based Treatments for Children" at the 44th annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA, 2010.

Dimeff, L.A., Porr, V., Bateman, A., and Yeomans, F. (2011, May). What's the Difference that Makes the Difference? Commonalities and Differences across Efficacious Treatments for BPD. Presented at the 119th Annual meeting of the American Psychiatric Association, Honolulu, HI, 2011.

Dimeff, L. A., Rizvi, S. L., Skutch, J. M., Contreras, I., Carroll, D., & Linehan, M. M. (2011, August). An interactive mobile phone application providing skills coaching for individuals with borderline personality disorder and substance use disorder. In Onken, L. & Moore, B. (Co-chairs), Innovation and opportunities in mobile interventions for addictions. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C., 2011.

Dimeff, L.A., Welch, M., Hubley, S., Dimidjian, S., & Zaverntnik, J. (2011, October). "Just in Time" Training: Spreading the Reach of Behavioral Activation for Depression with Computer Assisted Therapy and Training. Presented at the Seattle Implementation Research Conference, Seattle, WA, 2011.

Dimeff, L.A., Rizvi, S. L., Skutch, J. M., Contreras, I., Carroll, D., & Linehan, M. M. (2011, October). Joining the Mobile Revolution: An Interactive Mobile App that Provides DBT Skills Coaching for Individuals with BPD and SUD. Presented at the Seattle Implementation Research Conference, Seattle, WA, 2011.

Dimeff, L.A., Contreras, I., Kelly, T., Welch, M., & Woodcock, E. (2011, October). Innovative Technology as a Radical Game Changer in Closing the Dissemination Gap. Presented at Annual Behavioral Tech Trainers' Meeting, Seattle, WA.

Hubley, S., Welch, M., Zaverntnik, J., **Dimeff, L.**, & Dimidjian, S. (2011, November). Formative Assessment and Iterative Development of Behavioral Activation Computer-Assisted Therapy. Presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON Canada.

Kelly, T., **Dimeff, L.**, Woodcock, E.A., Contreras, I., Rash, B., Ehrenreich, J., & Barlow, D. (2011, November). Enhancing Dissemination of Empirically Supported Therapies: A Novel Use of Telephone-Based Learning Communities. Presented at the 45th Annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON Canada.

Dimeff, LA., Ivanoff, A., & Miga, E. (2012, September). Key Components in DBT Implementation: A Survey from the Ground Up. Second International Conference on Borderline Personality Disorder. Amsterdam.

Lungu, A., Contreras, I., Rizvi, S.L., & **Dimeff, LA.** (2012, November). Technology use in the communication between mental health providers and their patients. (Presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapy, Washington DC.

- Miga, E., **Dimeff, L.A.**, Ivanoff, A. (2012, November). DBT Intensively Trained Teams 2008-2011: Implementation Follow-Up. ISITDBT, Washington DC.
- Harned, M. S., **Dimeff, L. A.**, Woodcock, E. A., & Contreras, I. (2013, April). Predicting adoption of exposure therapy in a randomized controlled dissemination trial. In N. C. Feeny (Chair), *Therapist Factors in the Treatment of Anxiety and Trauma-Related Disorders*. Symposium presented at the 33rd Annual Conference of the Anxiety and Depression Association of America, La Jolla, CA.
- Tan, E., White, A., Homan, J., **Dimeff, L.A.** (2017, November). Clinic management and recovery from suicide. (Workshop presented at the International Society for the Improvement and Training in Dialectical Behavior Therapy, San Diego, CA).
- Chung, J., Klein, M., Butts, K. P, Koerner, K., & **Dimeff, L.A.** (2017, November). Does participating in a learning community to learn evidence-based practices improve provider well-being? (Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies).
- Persons, J.B., Osborne, T.L., Luoma, J.B., & **Dimeff, L.A.** (2018, November). Conducting research in your private practice: Tips and Pointers. (Research and professional development panel presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies.
- Dimeff, L.A. (2018, December). Baking evidence-based practices for behavioral emergencies into EDs using innovative technologies. 9th Annual National Update on Behavioral Emergencies Conference (NUBE). American Association for Emergency Psychiatry. Las Vegas, NV.

PRODUCTS

- Linehan, M.M., **Dimeff, L.**, Waltz, J., & Koerner, K. (2000). *DBT Skills Training Video Manual: Opposite Action*. Seattle: The Behavioral Technology Transfer Group.
- Waltz, J., **Dimeff, L.**, Koerner, K., & Linehan, M.M. (2000). *Opposite Action: Changing emotions you want to change. Dialectical Behavior Therapy Skills Training Video*. Seattle: The Behavioral Technology Transfer Group.
- Linehan, M.M., **Dimeff, L.**, & Waltz, J. (2003). *Crisis Survival Skills, Part One: Distracting and Self-Soothing: What do you do when a crisis comes?* Seattle: Behavioral Tech, LLC.
- Linehan, M.M., **Dimeff, L.**, & Waltz, J. (2003). *Crisis Survival Skills, Part Two: Improving the Moment and Pros & Cons: Making Choices That Help*. Seattle: Behavioral Tech, LLC.
- Linehan, M.M., **Dimeff, L.**, & Waltz, J. (2003). *Practicing Reality Acceptance: Alleviating Suffering Through Accepting the World As It Is*. Seattle: Behavioral Tech, LLC.
- Linehan, M.M., **Dimeff, L.**, & Waltz, J. (2003). *This One Moment: Skills for Everyday Mindfulness: Achieving awareness of what really is*. Seattle: Behavioral Tech, LLC.
- Koerner, K. & **Dimeff, L.** (2003). *Don't Make It Worse! DBT Crisis Survival Strategies for Mental Health Providers*. Seattle, Behavioral Tech, LLC.
- Koerner, K. & **Dimeff, L.** (2003). *Don't Make It Worse! DBT-S Crisis Survival Strategies for Drug Treatment Providers*. Seattle, Behavioral Tech, LLC.
- Linehan, M.M. (2002). *Mindfulness Practice with Marsha Linehan: From Suffering to Freedom through Acceptance*. Seattle, Behavioral Tech, LLC.
- Linehan, M.M. (2003). *Walking Like Buffalo: Reflections on Mindfulness and DBT*. Seattle, Behavioral Tech, LLC.
- Koerner, K. & **Dimeff, L.A.** (2005). *DBT Skills Training Online Training (20 hours)*. Seattle: Behavioral Tech Research, Inc.
- Linehan, M.M. (2005). *Progressive Muscle Relaxation*. Seattle, Behavioral Tech, LLC.

- Dimeff, L.A.**, Manning, S.Y., & Monroe-DeVita, M. (2006). Transforming Difficult Moments in Treatment for ACT Using DBT. Seattle: Behavioral Tech Research, Inc.
- Dimeff, L.A.**, (2009). Behavioral Chain Analysis Online Training. Seattle: Behavioral Tech Research, Inc.
- Dimeff, L.A.**, (2009). Validation Principles and Strategies in Dialectical Behavior Therapy. Seattle: Behavioral Tech Research, Inc.
- Linehan, M.M. & **Dimeff, L.A.** (2009). House of DBT. Seattle: Behavioral Tech Research, Inc.
- Ehrenreich, J., Barlow, D., & **Dimeff, L.A.**, and Rash, B. (2010). Online training in Panic Control Treatment for Adolescents. Seattle: Behavioral Tech Research, Inc.
- Stuart, S., **Dimeff, L.A.**, and Woodcock, E. (2011). Online Training in Interpersonal Psychotherapy: Seattle: Behavioral Tech Research, Inc.
- Dimeff, L.A.**, Linehan, M.M., Korslund, K.E., and Rash, B. (2011). Transforming Difficult Moment in Therapy: Treating in Session Dysfunctional Behaviors using DBT (Online Training).
- Harned, M., & Dimeff, L.A. (2012). Foundational principles and procedures of Exposure Therapy. (Online Training).
- Dimeff, Zaverntnik, Dimidjian, & Barlow (2012). Comprehensive Computer-Assisted Therapy (**C²AT**) for Behavioral Activation and Panic Control Treatment.
- Dimeff, L.A.**, Schaeffer, CM, & Koerner, K. (2017). iKinnect Mobile App system to enable delivery of Multi-systemic Therapy.
- Dimeff, L.A.**, Jobes, D., & Koerner, K. (2017). Collaborative Assessment and Management of Suicidality Virtual Agent.

DBT CONSULTATION, INTENSIVE TRAININGS, AND IMPLEMENTATION

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| 1998 – 1999 | Cumberland County Dual Disorders Program DBT Intensive Training, Portland, ME (C.J. Sanderson, C. Robins, & L.A. Dimeff). |
| 1998 – 1999 | Guilford County Mental Health and Substance Abuse Program DBT Intensive, Greensboro, NC (K. Koerner, C. Robins, & L.A. Dimeff).
Kern County Intensive, San Bernadino, CA (A.E. Fruzzetti & L.A. Dimeff) |
| 2000 – 2003 | Annual DBT Seattle Intensive Training, Seattle, WA (M.M. Linehan, K. Koerner, & L.A. Dimeff) |
| 2002 – 2003 | Western Psychiatric Institute DBT Intensive Training, Pittsburgh, PA (L.A. Dimeff & R. Wolbert) |
| 2004 - 2005 | Annual 10-Day DBT Intensive, Seattle, WA (L.A. Dimeff & S. Shaw-Welch)
Rochester Medical Center DBT Intensive, Rochester, NY (L.A. Dimeff & G. Abney-Cunningham) |
| 2005 - 2009 | State of Connecticut/DMHAS DBT Implementation, Hartford, CT (L.A. Dimeff & K.A. Korslund) |
| 2006 - 2009 | York, Berks, Adams Counties DBT Implementation, Pennsylvania, (L.A. Dimeff & SK Reynolds) |
| 2007 - 2009 | Inner Harbour Residential Treatment Program for Adolescents and Children, Douglasville, GA (L.A. Dimeff & A. Payne) |
| 2009 - 2010 | Crestwood Behavioral Health, Fairfield, CA (L.A. Dimeff & C. Koons) |
| 2010 - 2011 | Rochester General Hospital (L.A. Dimeff & K. Comtois) |
| 2011 - 2012 | Connecticut Juvenile Corrections Center (L.A. Dimeff & M. Hollander) |

- 2013 -
Current Office of Children and Family Services, Division of Juvenile Justice, New York State (**L.A. Dimeff** & B. Beach)
- 2015 North Metropolitan Health Services Mental Health Partners in Recovery, Perth, Western Australia (L.A. Dimeff & A. White).
- 2017 Wheeler Clinic Group Homes DBT Implementation, Hartford, CT (L.A. Dimeff, J. Homan, & E. Tan).