

Jonathan W. Kanter, Ph.D.

Address: Box 351525, Department of Psychology, University of Washington, Seattle, WA 98195
Phone: (206) 221-2591
E-mail: jonkan@uw.edu
Web: <http://socialconnection.uw.edu/>

FORMAL EDUCATION

University of Washington, Seattle, Washington: Clinical Psychology – Adult Track, Ph.D., 2002
Humboldt State University, Arcata, California: Academic Research in Psychology, M.A., 1996
University of California, Berkeley, California: Architecture, B.A., 1989

POSITIONS HELD

2021- **Behavioral Scientist, Core Leadership Team**, UW Medicine Office of HealthCare Equity, University of Washington
 2013- **Director, Center for the Science of Social Connection; Research Associate Professor**, Department of Psychology, University of Washington, Seattle, WA
 2009-13 **Associate Professor and Clinic Coordinator**, Department of Psychology, University of Wisconsin-Milwaukee, Milwaukee, WI
 2003-09 **Assistant Professor and Clinic Coordinator**, Department of Psychology, University of Wisconsin-Milwaukee, Milwaukee, WI
 2002-03 **Post-Doctoral Fellow**, Health Services Research & Development Service, VA Puget Sound Health Care System, Seattle, WA
 1995-97 **Research Associate and Program Administrator**, Fetal Alcohol and Drug Unit, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, WA

AFFILIATIONS

2015- **Affiliated Faculty**, Center for Communication, Difference and Equity, University of Washington
 2015- **Affiliate Investigator**, Nutrition Obesity Research Center, University of Washington
 2008-13 **Assistant Clinical Professor of Psychiatry**, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin, Milwaukee, WI
 2005-13 **Center Scientist**, Core Leadership Team, Center for Addictions and Behavioral Health Research, School of Social Welfare, University of Wisconsin-Milwaukee, Milwaukee, WI
 2007-10 **Psychologist** (without compensation), Mental Health, Clement J. Zablocki Medical Center, Department of Veterans Affairs, Milwaukee, WI
 2002-03 **Research Associate**, Department of Health Services, University of Washington, Seattle, WA

LICENSURE AND PROFESSIONAL MEMBERSHIPS

Licensed as Psychologist in State of Washington – 2014
 Member, Association of Behavioral and Cognitive Therapies
 Fellow and Member, Association for Contextual Behavioral Science
 Past member, Association for Behavior Analysis

Past member, Association of Directors of Psychology Training Clinics

RESEARCH & PROFESSIONAL PUBLICATIONS

Peer-Reviewed Publications (*denotes student first author):

- Williams, M. T., Skinta, M. D., **Kanter, J. W.**, Martin-Willett, R., Mier-Chairez, J., Debreux, M., & Rosen, D. C. (in press). A qualitative study of microaggressions against African Americans on predominantly white campuses. *BMC Psychology*.
- Santos, M. M., Nagy, G. A., **Kanter, J. W.**, & López, S. R. (2021). Applying a process-oriented model of cultural competence to behavioral activation for depression. *Cognitive and Behavioral Practice*.
- Vila, M. M., Fune, C. O., & **Kanter, J. W.** (2020). Behavioral-contextual model of intimate relationships: Applicability in psychotherapy. *International Journal of Psychology and Psychological Therapy*, 20(3), 373-394.
- Brandrick, C., Hooper, N., Roche, B., **Kanter, J. W.**, & Tyndall, I. (2020). A comparison of ultra-brief cognitive defusion and positive affirmation interventions on the reduction of public speaking anxiety. *The Psychological Record*. <https://doi.org/10.1007/s40732-020-00432-z>
- **Kanter, J. W.**, Kuczynski, A. M., Manbeck, K. E., Corey, M. D., & Wallace, E. C. (2020). An integrative contextual behavioral model of intimate relations. *Journal of Contextual Behavioral Science*, 18, 75-91. <https://doi.org/10.1016/j.jcbs.2020.09.001>
- Ortiz-Fune, C., **Kanter, J. W.**, & Arias, M. F. (2020). Burnout in mental health professionals: the roles of psychological flexibility, awareness, courage, and love. *Clinical and Health*, 31(2), 85-90.
- **Kanter, J. W.**, Williams, M. T., Kuczynski, A. M., Corey, M. D., Parigoris, R. M., Carey, C. M., ... & Rosen, D. C. (2020). The measurement and structure of microaggressive communications by white people against Black people. *Race and Social Problems*, 12(4), 323-343. <https://doi.org/10.1007/s12552-020-09298-w>
- **Kanter, J.W.**, Rosen, D.C., Manbeck, K.E., Branstetter, H. M. L., Kuczynski, A. M., Corey, M. D., Maitland, D. W. M., & Williams, M. T. (2020). Addressing microaggressions in racially charged patient-provider interactions: a pilot randomized trial. *BMC Medical Education*, 20, 88. <https://doi.org/10.1186/s12909-020-02004-9>
- Williams, M. T., **Kanter, J. W.**, Peña, A., Ching, T. H., & Oshin, L. (2020). Reducing microaggressions and promoting interracial connection: The racial harmony workshop. *Journal of Contextual Behavioral Science*, 16, 153-161. <https://doi.org/10.1016/j.jcbs.2020.04.008>
- Manbeck, K. E., Kanter, J. W., Kuczynski, A. M., Maitland, D. W., & Corey, M. (2020). Fear-of-intimacy in the interpersonal process model: An investigation in two parts. *Journal of Social and Personal Relationships*, 0265407519898267. <https://doi.org/10.1177/0265407519898267>
- Kuczynski, A. M., **Kanter, J. W.**, & Robinaugh, D. J. (2019). Differential associations between interpersonal variables and quality-of-life in a sample of college students. *Quality of Life Research*, 29, 127–139. <https://doi.org/10.1007/s11136-019-02298-3>
- Kuczynski, A. M., **Kanter, J. W.**, Wetterneck, C. T., Olaz, F. O., Singh, R. S., Lee, E. B., Stowe, T. J., Mazzucchelli, T. G., Mier-Chairez, J., Maitland, D. W. M., Manbeck, K. E., & Corey, M. D. (2020). Measuring intimacy as a contextual behavioral process: Psychometric development and evaluation of the Awareness, Courage, and Responsiveness Scale. *Journal of Contextual Behavioral Science*, 16, 199-208. <https://doi.org/10.1016/j.jcbs.2019.02.004>
- Reyes Ortega, M. A., Kuczynski, A. M., **Kanter, J. W.**, de Montis, I. A., & Santos, M. M. (2019). A preliminary test of a social connectedness burnout intervention for Mexican mental health

professionals. *The Psychological Record*, 69(2), 267-276. <https://doi.org/10.1007/s40732-019-00338-5>

- **Kanter, J. W.**, Kuczynski, A. M., Tsai, M., & Kohlenberg, R. (2018). A brief contextual behavioral intervention to improve relationships: A randomized trial. *Journal of Contextual Behavioral Science*, 10, 75-84. <https://doi.org/10.1016/j.jcbs.2018.09.001>
- *Manbeck, K. E., **Kanter, J. W.**, Kuczynski, A. M., Fine, L., Corey, M. D., & Maitland, D. W. M. (2018). Improving relations among conservatives and liberals on a college campus: A preliminary trial of a contextual-behavioral intervention. *Journal of Contextual Behavioral Science*, 10, 120-125. <http://dx.doi.org/10.1016/j.jcbs.2018.10.006>
- Rosen, D. C., Kuczynski, A. M., & **Kanter, J. W.** (2018). The Antisemitism-Related Stress Inventory: Development and preliminary psychometric evaluation. *Psychology of Violence*, 8(6), 726-734. <http://dx.doi.org/10.1037/vio00002v>
- *Michaels, T. I., Gallagher, N., Crawford, M., **Kanter, J. W.**, & Williams, M. T. (2018). Racial differences in the appraisal of microaggressions through cultural consensus modeling. *The Behavior Therapist*, 41(7).
- Kuei, T., Tsai, M., McLeod, H. J., White, R. G., & **Kanter, J. W.** (2018). Using the Primary Process Emotional-Behavioural System (PPEB) to better meet patient needs in psychotherapy. *Clinical Psychology & Psychotherapy*. doi:10.1002/cpp.2330
- *Assaz, D. A., Roche, B., **Kanter, J. W.**, & Oshiro, C. K. B. (2017). Cognitive defusion in Acceptance and Commitment Therapy: What are the basic processes of change? *The Psychological Record*, 68(4), 405-418. <https://doi.org/10.1007/s40732-017-0254-z>
- Williams, M. T., **Kanter, J. W.**, & Ching, T. H. W. (2017). Anxiety, stress, and trauma symptoms in African Americans: Negative affectivity does not explain the relationship between microaggressions and psychopathology. *Journal of Racial and Ethnic Health Disparities*, 1-9. <https://doi.org/10.1007/s40615-017-0440-3>
- Bosson, R., Williams, M. T., Schlaudt, V., Carrico, R., Pena, A., Kotey, S., Ramirez, J., & **Kanter, J.** (2017). Evaluating mental health in Cuban refugees: The role of the Refugee Health Screener-15. *Journal of Refugee & Global Health* 1(1), 4. <https://doi.org/10.18297/rgh/vol1/iss1/4/>
- Bosson, R., Williams, M., Frazier, V., Lippman, S., Carrico, R., **Kanter, J.**, & ... Ramirez, J. (2017). Addressing refugee mental health needs: From concept to implementation. *The Behavior Therapist*, 40(3), 110-112.
- **Kanter, J. W.**, Manbeck, K., Kuczynski, A. M., Maitland, D. W. M., Villas-Bôas, A., & Reyes, M. (2017). A comprehensive review of research on Functional Analytic Psychotherapy. *Clinical Psychology Review*, 58, 141-156. <https://doi.org/10.1016/j.cpr.2017.09.010>
- **Kanter, J. W.**, Williams, M. T., Kuczynski, A. M., Manbeck, K., Debreau, M., & Rosen, D. (2017). A preliminary report on the relationship between microaggressions against Black people and racism among White college students. *Race and Social Problems*, 9(4), 291-299. <https://doi.org/10.1007/s12552-017-9214-0>
- Maitland, D. W. M., **Kanter, J. W.**, Manbeck, K. M., & Kuczynski, A. M. (2017). Relationship-science informed clinically relevant behaviors in Functional Analytic Psychotherapy: The awareness, courage, and love model. *Journal of Contextual Behavioral Science*, 6(4), 347-359. <https://doi.org/10.1016/j.jcbs.2017.07.002>
- *Puspitasari, A. J., **Kanter, J. W.**, Busch, A. M., Manos, R., Cahill, S., Martell, C., & Koerner, K. (2017). A randomized controlled trial of an online, modular, active learning training program for Behavioral Activation for depression. *Journal of Consulting and Clinical Psychology*, 85(8), 814-825. <https://doi.org/10.1037/ccp0000223>

- Folke, F., Hursti, T., **Kanter, J. W.**, Arinell, H., Tungström, S., Söderberg, P., & Ekselius, L. (2017). Exploring the relation between activities and emotional experience with a diary in a mental health inpatient setting. *International Journal of Mental Health Nursing*, 27(1), 276-286. <https://doi.org/10.1111/inm.12318>.
- *Santos, M. M., Nagy, G. A., Hurtado, G. D., West, P., Santiago-Rivera, A, Lee, J., & **Kanter, J. W.** (2017). Acculturative stress as a moderator of treatment engagement and retention in Behavioral Activation and treatment as usual for Latinos with depression. *Journal of Latina/o Psychology*, 5(4), 275-289. <https://doi.org/10.1037/lat0000074>
- Tsai, M., Gustafsson, T., **Kanter, J. W.**, Plummer Loudon, M., & Kohlenberg, R. J. (2017). Saying good goodbyes to your clients: A Functional Analytic Psychotherapy (FAP) perspective. *Psychotherapy*, 54, 217-228. <https://doi.org/10.1037/pst0000091>
- Keng, S.-L., Waddington, E., Lin, B. X. T., Tan, M. S. Q., Henn-Haase, C., & **Kanter, J. W.** (2016). Effects of Functional Analytic Psychotherapy on therapist trainees in Singapore: A randomized controlled trial. *Clinical Psychology & Psychotherapy*, 24, 1014-1027. <https://doi.org/10.1002/cpp.2064>
- *Villas-Bôas, A., Meyer, S., & **Kanter, J. W.** (2016). The effects of analyses of contingencies on clinically relevant behaviors and out-of-session changes in Functional Analytic Psychotherapy. *The Psychological Record*, 66(4), 599-609. <https://doi.org/10.1007/s40732-016-0195-y>
- Maitland, W. M., **Kanter, J. W.**, Tsai, M., Kuczynski, A. M., Manbeck, K. M., & Kohlenberg, R. J. (2016). Preliminary findings on the effects of online Functional Analytic Psychotherapy training on therapist competency. *Psychological Record*, 66(4), 627-637. <https://doi.org/10.1007/s40732-016-0198-8>
- Folke, F., **Kanter, J. W.**, & Ekselius, L. (2016). Integrating behavioural activation into acute inpatient services. *Journal of Psychiatric Intensive Care*, 12(2), 109-118. <https://doi.org/10.20299/jpi.2016.016>
- Tsai, M., Mandell, T., Maitland, D. M., **Kanter, J. W.**, & Kohlenberg, R. J. (2016). Reducing inadvertent clinical errors: Guidelines from Functional Analytic Psychotherapy. *Psychotherapy*, 53(3), 331-335. <https://doi.org/10.1037/pst0000065>
- Mazzucchelli, T., Martell, C. M., & **Kanter, J. W.** (2016). A clinician's quick guide of evidence-based approaches: Behavioural Activation. *Clinical Psychologist*, 20, 54-55. <https://doi.org/10.1111/cp.12086>
- *Santos, M. M., Rae, J. R., Nagy, G. A., Manbeck, K. E., Dieguez Hurtado, G., West, P., Santiago-Rivera, A., & **Kanter, J. W.** (2016). A client-level session-by-session evaluation of Behavioral Activation's mechanism of action. *Journal of Behavior Therapy and Experimental Psychiatry*, 54, 93-100. <https://doi.org/10.1016/j.jbtep.2016.07.003>
- **Kanter, J. W.** & Puspitasari, A. J. (2016). Dissemination and implementation of Behavioural Activation. *Lancet*, 388, 843-844. [https://doi.org/10.1016/S0140-6736\(16\)31131-X](https://doi.org/10.1016/S0140-6736(16)31131-X)
- *Haworth, K., **Kanter, J. W.**, Tsai, M., Kuczynski, A. M., Rae, J. R., & Kohlenberg, R. J. (2015). Reinforcement matters: A preliminary, laboratory-based component-process analysis of Functional Analytic Psychotherapy's model of social connection. *Journal of Contextual Behavioral Science*, 4, 281-291. <http://doi.org/10.1016/j.jcbs.2015.08.003>
- Miller, A., Williams, M. T., Wetterneck, C. T., **Kanter, J. W.**, & Tsai, M. (2015). Using Functional Analytic Psychotherapy to improve awareness and connection in racially diverse client-therapist dyads. *The Behavior Therapist*, 38, 150-156.
- Esparza Lizarazo, N., Muñoz-Martínez, A. M., Santos, M. M., & **Kanter, J. W.** (2015). A within subjects evaluation of the effects of Functional Analytic Psychotherapy on in-session and out-of-session client behavior. *Psychological Record*, 65, 463-474. <https://doi.org/10.1590/1982-43272767201703>
- Kohlenberg, R. J., Tsai, M., Kuczynski, A. M., Rae, J. R., Lagbas, E., Lo, J., & **Kanter, J. W.** (2015). A brief, interpersonally oriented mindfulness intervention incorporating Functional Analytic

- Psychotherapy's model of awareness, courage, and love. *Journal of Contextual Behavioral Science*, 4, 107-111. <https://doi.org/10.1016/j.jcbs.2015.03.003>
- *Villas-Bôas, A., Meyer, S., **Kanter, J. W.**, Callaghan, G. (2015). The use of analytic interventions in Functional Analytic Psychotherapy. *Behavior Analysis: Research and practice*, 15, 1–19. <https://doi.org/10.1037/h0101065>
 - Ramnerö, J., Folke, F., & **Kanter, J. W.** (2015). A learning theory account of depression. *Scandinavian Journal of Psychology*, 57(1), 73-82. <https://doi.org/10.1111/sjop.12233>
 - Mir, G., Meer, S., Cottrell, D., McMillan, D., House, A., & **Kanter, J. W.** (2015). Adapted Behavioural Activation for the treatment of depression in Muslims. *Journal of Affective Disorders*, 180, 190-199. <https://doi.org/10.1016/j.jad.2015.03.060>
 - **Kanter, J. W.**, Santiago-Rivera, A. L., Santos, M. M., Nagy, G., Lopez, M., Dieguez Hurtado, G., & West, P. (2015). A randomized hybrid efficacy and effectiveness trial of Behavioral Activation for Latinos with depression. *Behavior Therapy*, 46, 177-192. <https://doi.org/10.1016/j.beth.2014.09.011>
 - Folke, F., Hursti, T., Tungstrom, S., Soderberg, P., **Kanter, J. W.**, Kuutmann, K. Olofsson, H., Keselius, L. (2015). Behavioral Activation in acute inpatient psychiatry: A multiple baseline evaluation. *Journal of Behavior Therapy and Experimental Psychiatry*, 46, 170-181. <https://doi.org/10.1016/j.jbtep.2014.10.006>
 - *Leonard, R. C., Knott, L. E., Lee, E. B., Singh, S., Smith, A. H., **Kanter, J.**, Norton, P. J., & Wetterneck, C. T. (2014). The development of the Functional Analytic Psychotherapy Intimacy Scale. *The Psychological Record*, 64(4), 647-657. <https://doi.org/10.1007/s40732-014-0089-9>.
 - *Baruch, D. E., **Kanter, J. W.**, Pirutinsky, S., Murphy, J., & Rosmarin, D. H. (2014). Depression stigma and treatment preferences among Orthodox and non-Orthodox Jews. *Journal of Nervous and Mental Disease*, 202, 556-561. <https://doi.org/10.1097/NMD.0000000000000158>.
 - Folke, F., Hursti, T., Tungstrom, S., Soderberg, P., Ekselius, L., & **Kanter, J. W.** (2014). Behavioral Activation between acute inpatient and outpatient psychiatry: Description of a protocol and pilot feasibility study. *Cognitive and Behavioral Practice*, 22(4), 468-480. <https://doi.org/10.1016/j.cbpra.2014.03.006>
 - Miaoyun, L., Ding, C., **Kanter, J. W.**, Zeng, Q., & Yang, D. (2014). Further evaluation of the psychometric properties of the Behavioral Activation for Depression Scale. *International Journal of Psychology and Psychological Therapy*, 14, 45-57.
 - **Kanter, J. W.**, Holman, G. & Wilson, K. (2014). Where is the love? Contextual behavioral science and behavior analysis. *Journal of Contextual Behavioral Science*, 3(2), 69-73. <https://doi.org/10.1016/j.jcbs.2014.02.001>
 - *Landes, S. J., **Kanter, J. W.**, Weeks, C.E., & Busch, A. M. (2013). The impact of the active components of Functional Analytic Psychotherapy on idiographic target behaviors. *Journal of Contextual Behavioral Science*, 2, 49-57. <http://dx.doi.org/10.1016/j.jcbs.2013.03>
 - Roberts, N. A., Leonard, R. C., **Kanter, J. W.**, Butler, E. A., & Levenson, R. W. (2013). Job stress and dyadic synchrony in police marriages: A preliminary investigation. *Family Process*, 52, 271-283. <https://doi.org/10.1111/j.1545-5300.2012.01415.x>
 - Agishtein, P., Pirutinsky, S., Kor, A., Baruch, D., **Kanter, J.**, & Rosmarin, D.H. (2013). Integrating spirituality into a behavioral model of depression. *Journal of Cognitive and Behavioral Psychotherapies*, 13, 275-289.
 - **Kanter, J. W.** (2013). The vision of a progressive clinical science to guide clinical practice. *Behavior Therapy*, 44, 228-233. <https://doi.org/10.1016/j.beth.2010.07.006>
 - **Kanter, J. W.**, Tsai, M., Holman, G., & Koerner, K. (2013). Preliminary data from a randomized pilot study of web-based Functional Analytic Psychotherapy therapist training. *Psychotherapy: Research, Theory, Practice, Training*, 50, 248-255. <https://doi.org/10.1037/a0029814>

- *Puspitasari, A., **Kanter, J. W.**, Murphy, J., Crowe, A., & Koerner, K. (2013). Developing an online, modular, active learning training program for Behavioral Activation. *Psychotherapy: Research, Theory, Practice, Training*, 50, 256-265. <https://doi.org/10.1037/a0030058>
- Oakley, L. D., **Kanter, J. W.**, Taylor, J. Y., & Duguid, M. (2012). The self-stigma of depression for women. *International Journal of Social Psychiatry*, 58, 512-520. <https://doi.org/10.1177/0020764011409820>
- **Kanter, J. W.**, Puspitasari, A. J., Santos, M. M., & Nagy, G. A. (2012). Behavioural Activation: History, evidence, and promise. *British Journal of Psychiatry*, 200, 361-363. Translated into Portuguese and published as: **Kanter, J. W.**, Puspitasari, A. J., Santos, M. M., & Nagy, G. A. (2012). Ativação Comportamental: História, evidência e promessa, *Boletim Contexto*, 36, 131-141. <https://doi.org/10.1192/bjp.bp.111.103390>
- Mangabeira, V., **Kanter, J. W.**, & Del Prette, G. (2012). Functional Analytic Psychotherapy (FAP): A review of publications from 1990 to 2010. *International Journal of Behavioral Consultation and Therapy*, 7, 78-89. <https://doi.org/10.1037/h0100941>
- Oshiro, C. K. B., **Kanter, J. W.**, & Meyer, S. B. (2012). A single-case experimental demonstration of Functional Analytic Psychotherapy with two clients with severe interpersonal problems. *International Journal of Behavioral Consultation and Therapy*, 7, 111-116. <https://doi.org/10.1037/h0100945>
- Xavier, R. N., **Kanter, J. W.**, & Meyer, S. B. (2012). Transitional probability analysis of two child behavior analytic therapy cases. *International Journal of Behavioral Consultation and Therapy*, 7, 182-188. <https://doi.org/10.1037/h0100954>
- *Weeks, C. E., **Kanter, J. W.**, Bonow, J. T., Landes, S. J., & Busch, A. M. (2012). Translating the theoretical into practical: A logical framework of Functional Analytic Psychotherapy interactions for research, training and clinical purposes. *Behavior Modification*, 36, 87-119. <https://doi.org/10.1177/0145445511422830>
- *Manos, R. C., **Kanter, J. W.**, & Luo, W. (2011). The Behavioral Activation for Depression Scale – Short Form (BADs-SF): Development and validation. *Behavior Therapy*, 42, 726-739. <https://doi.org/10.1016/j.beth.2011.04.004>
- Santiago-Rivera, A., **Kanter, J. W.**, Rusch, L. C., & Busch, A. M., Reyes, W., West, P., Runge, M., & Dieguez, G. (2011). Latino immigrants with depression: An initial examination of treatment issues at a community clinic. *Journal of Immigrant and Minority Health*, 13, 772-779. <https://doi.org/10.1007/s10903-010-9380-2>
- Gannon, S., Roche, B., **Kanter, J. W.**, Forsyth, J. P., & Linehan, C. (2011). A derived relations analysis of approach-avoidance conflict: Implications for the Behavioral Analysis of human anxiety. *The Psychological Record*, 61, 227-252. <https://doi.org/10.1007/BF03395758>
- *Baruch, D. E., **Kanter, J. W.**, Bove, W. M., & Pfenning, S. (2011). Improving homework compliance in career counseling with a Behavioral Activation functional assessment procedure. *Cognitive and Behavioral Practice*, 18, 256-266. <https://doi.org/10.1016/j.cbpra.2010.04.003>
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- *Rusch, L. C., **Kanter, J. W.**, Brondino, M. J., Weeks, C. E., & Bove, W. M. (2010). Biomedical stigma reduction programs produce negative but transient effects on a depressed low-income community sample. *Journal of Social and Clinical Psychology*, 29, 1020-1030. <https://doi.org/10.1521/jscp.2010.29.9.1020>
- Raes, F., Hoes, D., Van Gucht, D., **Kanter, J. W.**, & Hermans, D. (2010). The Dutch version of the Behavioral Activation for Depression Scale (BADs): Psychometric properties and factor structure.

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- *Manos, R. C., **Kanter, J. W.**, & Busch, A. M. (2010). A critical review of assessment strategies to measure the Behavioral Activation model of depression. *Clinical Psychology Review*, 30, 547-561. <https://doi.org/10.1016/j.cpr.2010.03.008>
- **Kanter, J. W.**, Santiago-Rivera, A., Rusch, L. C., Busch, A. M., & West, P. (2010). Initial outcomes of a culturally adapted Behavioral Activation for Latinas diagnosed with depression at a community clinic. *Behavior Modification*, 34, 120-144. <https://doi.org/10.1177/0145445509359682>
- *Busch, A. M., Callaghan, G. C., **Kanter, J. W.**, Baruch, D. E., & Weeks, C. E. (2010). The Functional Analytic Psychotherapy Rating Scale: A replication and extension. *Journal of Contemporary Psychotherapy*, 40, 11-19. <https://doi.org/10.1007/s10879-009-9122-8>
- Tsai, M., Plummer, M. D., **Kanter, J. W.**, Newring, R. W., & Kohlenberg, R. J. (2010). Therapist grief and Functional Analytic Psychotherapy: Strategic self-disclosure of personal loss. *Journal of Contemporary Psychotherapy*, 40, 1-10. <http://dx.doi.org/10.1007/s10879-009-9116-6>
- *Manos, R. C., Rusch, L. C., **Kanter, J. W.** & Clifford, L. (2009). Depression self-stigma as a mediator of the relationship between depression severity and avoidance. *Journal of Social and Clinical Psychology*, 28, 1128-1143. <https://doi.org/10.1521/jscp.2009.28.9.1128>
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Books:

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- Holman, G., **Kanter, J.**, Tsai, M., & Kohlenberg, R. (2017). *Functional Analytic Psychotherapy made simple: A practical guide to therapeutic relationships*. Oakland, CA, US: New Harbinger Publications.
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- Tsai, M., Kohlenberg, R. J., **Kanter, J. W.**, Holman, G. I., & Loudon, M. P. (2012). *Functional Analytic Psychotherapy: Distinctive Features*. New York, NY: Routledge/Taylor & Francis Group.
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- Tsai, M., Kohlenberg, R. J., **Kanter, J. W.**, Kohlenberg, B., Follette, W. C., & Callaghan, G. M. (Eds.). (2009). *A Guide to Functional Analytic Psychotherapy: Using Awareness, Courage, Love and Behaviorism*. New York, NY: Springer.
- Woods, D. W. & **Kanter, J. W.** (Eds.). (2007). *Understanding Behavior Disorders: A Contemporary Behavioral Perspective*. Oakland, CA: New Harbinger.
- Streissguth, A. & **Kanter, J.** (Eds.). (1997). *The Challenge of Fetal Alcohol Syndrome: Overcoming Secondary Disabilities*. Seattle, WA: University of Washington Press.

Book Chapters:

- **Kanter, J. W.**, Corey, M. D., Manbeck, K. E., & Rosen, D. C. (2020). Contextual-behavioral science interventions to address racism. In M.E. Levin, J. Kraft, & M. Twohig (Eds.), *Recent Innovations in ACT*. Oakland, CA: New Harbinger Books.
- **Kanter, J. W.**, Rosen, D. C., Manbeck, K. E., Kuczynski, A. M., Corey, M. D., & Branstetter, H. M. L. (2020). Using contextual behavioral science to understand racism and bias. In M. T. Williams, D. C. Rosen, & J. W. Kanter (Eds.), *Eliminating Race-Based Mental Health Disparities* (pp. 99-125). Oakland, CA: New Harbinger Books.
- Rosen, D. C., **Kanter, J. W.**, Villatte, M., Skinta, M. D., & Loudon, M. P. (2020). Becoming an antiracist White clinician. In M. T. Williams, D. C. Rosen, & J. W. Kanter (Eds.), *Eliminating Race-Based Mental Health Disparities* (pp. 147-168). Oakland, CA: New Harbinger Books.
- **Kanter, J. W.**, Puspitasari, A., Santos, M., & Nagy, G (2013). Social work and Behavioral Activation. In Boone, M. (Ed.). *Mindfulness and Acceptance in Social Work*. Oakland, CA: New Harbinger.
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- **Kanter, J. W.**, Tsai, M., & Kohlenberg, R. J. (2010). Introduction to the practice of Functional Analytic Psychotherapy. In J. W. Kanter, M. Tsai, & R. J. Kohlenberg (Eds.), *The Practice of Functional Analytic Psychotherapy* (pp. 1-7). New York, NY: Springer.
- Kohlenberg, R. J., **Kanter, J. W.**, Tsai, M. (2010). FAP and cognitive behavior therapy. In J. W. Kanter, M. Tsai, & R. J. Kohlenberg (Eds.), *The Practice of Functional Analytic Psychotherapy* (pp. 11-30). New York, NY: Springer.
- Busch, A. M., Manos, R. C., Rusch, L. C., Bowe, W. M., & **Kanter, J. W.** (2010). FAP and Behavioral Activation. In J. W. Kanter, M. Tsai, & R. J. Kohlenberg (Eds.), *The Practice of Functional Analytic Psychotherapy* (pp. 65-81). New York, NY: Springer.

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- Baruch, D. E., **Kanter, J. W.**, Busch, A. M., Plummer, M. D., Tsai, M., Rusch, L. C., Landes, S. J., & Holman, G. I. (2009). Lines of evidence in support of FAP. In M. Tsai, R. J. Kohlenberg, J. W. Kanter, B. Kohlenberg, W. C. Follette, & G. M. Callaghan (Eds.), *A Guide to FAP: Using Awareness, Courage, Love and Behaviorism* (pp. 21-36). New York, NY: Springer.
- **Kanter, J. W.**, Weeks, C. E., Bonow, J. T., Landes, S. J., Callaghan, G. M., & Follette, W. C. (2009). Assessment and case conceptualization. In M. Tsai, R. J. Kohlenberg, J. W. Kanter, B. Kohlenberg, W. C. Follette, & G. M. Callaghan (Eds.), *A Guide to FAP: Using Awareness, Courage, Love and Behaviorism* (pp. 37-59). New York, NY: Springer.
- Tsai, M., Kohlenberg, R. J., **Kanter, J. W.**, & Waltz, J. (2009). Therapeutic technique: The five rules. In M. Tsai, R. J. Kohlenberg, J. W. Kanter, B. Kohlenberg, W. C. Follette, & G. M. Callaghan (Eds.), *A Guide to FAP: Using Awareness, Courage, Love and Behaviorism* (pp. 61-102). New York, NY: Springer.
- Kohlenberg, R. J., Tsai, M., **Kanter, J. W.**, Parker, C. R. (2009). Self and mindfulness. In M. Tsai, R. J. Kohlenberg, J. W. Kanter, B. Kohlenberg, W. C. Follette, & G. M. Callaghan (Eds.), *A Guide to FAP: Using Awareness, Courage, Love and Behaviorism* (pp. 103-130). New York, NY: Springer.
- Tsai, M., **Kanter, J. W.**, Landes, S. J., Newring, R. W., Kohlenberg, R. J. (2009). The course of therapy—beginning, middle, and end phases of FAP. In M. Tsai, R. J. Kohlenberg, J. W. Kanter, B. Kohlenberg, W. C. Follette, & G. M. Callaghan (Eds.), *A Guide to FAP: Using Awareness, Courage, Love and Behaviorism* (pp. 145-165). New York, NY: Springer.
- **Kanter, J. W.**, Landes, S. J., Busch, A. M., Rusch, L. C., Baruch, D. E., & Manos, R. C. (2007). A contemporary behavioral model of depression. In D. W. Woods & J. W. Kanter (Eds.), *Understanding Behavior Disorders: A Contemporary Behavioral Perspective*. Oakland, CA: New Harbinger.
- Woods, D. W., **Kanter, J. W.**, & Landes, S. J. (2007). Introduction to understanding behavioral disorders: A contemporary behavior analytic perspective. In D. W. Woods & J. W. Kanter (Eds.), *Understanding Behavior Disorders: A Contemporary Behavioral Perspective*. Oakland, CA: New Harbinger.
- Kohlenberg, R. J., **Kanter, J. W.**, Bolling, M., Wexner, R., Parker, C., & Tsai, M. (2004). Functional Analytic Psychotherapy, cognitive therapy, and acceptance. In S. C. Hayes, V. M. Follette, & M. Linehan (Eds.), *Mindfulness and Acceptance: Expanding the Cognitive-Behavioral Tradition*. New York, NY: Guilford Press.
- Linehan, M. M., **Kanter, J. W.**, & Comtois, K. A. (1999). Dialectical Behavior Therapy for Borderline Personality Disorder: Efficacy, specificity, and cost-effectiveness. In D. Janowsky (Ed.), *Psychotherapy in the 1990s: Mechanisms, effectiveness and indications*. Washington, DC: American Psychiatric Press.

Research Funding:

- UW Population Health Initiative COVID-19 Rapid Response Grant. “Mitigating the Mental Health Consequences of the COVID-19 Crisis” \$16,168. Role: PI. 2020.
- Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. “UWM Suicide Prevention Project.” \$298,750. Role: PI. 2012-2015. Transferred to new PI in 2013 when I moved to the University of Washington.
- NIMH R34. “A Community-Based Behavioral Activation Treatment for Depression in Latino Adults.” \$450,000 (direct costs). Role: PI. 2009-2013.

- NIMH R25 (“Programs of Excellence in Scientifically Validated Behavioral Treatment”). “Curriculum Redesign to Enhance Training in Scientifically Validated Behavioral Treatments.” \$80,394 (direct costs). Role: Co-PI. 2008-2013.
- University of Wisconsin-Milwaukee, Graduate School, Research Committee Award. “Mechanisms of Change in Psychotherapy for Depression.” \$13,091. Role: PI. 2005.
- Center for Addictions and Behavioral Health Research, Research Scholar Award. “Stigma and Depression.” \$20,000. Role: PI. 2006.
- University of Wisconsin-Milwaukee, Research Growth Initiative. “Behavioral Activation Treatment for Depression in Latino Adults: A Pilot Study.” \$173,154. Role: Co-PI. 2006 – 2007.
- Charles E. Kubly Foundation. “Understanding and Developing Effective Programs to Reduce the Stigma of Depression.” \$17,000. Role: PI. 2007 – 2008.
- NIH Summer Institute on Community Based Participatory Research Targeting the Medically Underserved. Role: PI. 2009.
- Medicaid Infrastructure Grant, Wisconsin Department of Health and Family Services. “A Brief Behavioral Activation Intervention for Depressed, Unemployed Women in State Services.” \$254,179. Role: PI. 2008 - 2011.
- NIMH Loan Repayment Program. \$31,299. 2006 – 2011.
- University of Wisconsin-Milwaukee, Roberto Hernandez Center, Program for Applied Latino Research. “Measuring Activation and Avoidance in Latinos with Depression.” \$4,000. Role: PI. 2010-2011.
- Charles E. Kubly Foundation. “University of Wisconsin-Milwaukee Suicide Prevention Gatekeeper Training Program.” \$7,500. Role: PI. 2010-2012.
- University of Wisconsin-Milwaukee, Research Growth Initiative. “Culturally Enhanced Behavioral Activation for African Americans with Depression.” \$153,379. Role: PI. 2011– 2012.

SELECTED WORKSHOPS, TRAININGS, AND RELATED EVENTS

Workshops, Trainings, and Other Events on Bias, Microaggressions, and Antiracism:

2021

- Praxis Continuing Education and Training: *From Ally to Antiracist: Overcoming Obstacles to Action* (6-week course with D. Rosen and R. Gobin)
- PTSA, Lincoln High School (Seattle Public Schools): *Creating an Inclusive School Climate*
- Center for Child and Family Well-being (University of Washington): *From Ally to Antiracist: Using Psychological Science and Mindfulness to Cultivate Growth and Action* (one-month public course)
- Public Safety (UW Medical Center/School of Medicine)
- Patient Care, Quality, and Safety Certificate Program (UW Medicine)
- Pediatric Otolaryngology (Seattle Children’s Hospital)
- Administration and Finance (School of Medicine)
- Environmental Services (UW Medical Center/School of Medicine)

2020

- Center for Child and Family Well-Being (University of Washington): *From Ally to Antiracist: Using Psychological Science and Mindfulness to Cultivate Growth and Action* (public lecture)
- Department of Psychiatry (Veteran’s Affairs Puget Sound Health Care System)
- Pennsylvania Bar Association: *Diversity Summit* (with E. Ostrow and C. Cooper)

- Executive Leadership (UW Medicine training series)
- Organization Development and Training (UW Medicine)
- Pharmacy (UW Medical Center/School of Medicine)
- White Antiracism Solidarity Groups (two-month UW Medicine series)
- Radiation Oncology (UW Medical Center/School of Medicine)
- Spiritual Care (Harborview Medical Center)
- Northwest Kidney Center: Executive Team (Northwest Hospital/UW Medical Center)
- Nurse Residency Program (UW Medical Center/School of Medicine)
- Family Medicine (UW Medical Center/School of Medicine)
- Hall Health (University of Washington)
- Biomedical Informatics and Medical Education (UW Medical Center/School of Medicine)
- Lab Medicine and Pathology (UW Medical Center/School of Medicine)
- Ophthalmology (UW Medical Center/School of Medicine)
- Radiology (UW Medical Center/School of Medicine)
- Department of Chemistry (University of Washington/Bothell)
- Department of Neuroscience (University of Washington)
- Department of Psychology (University of Washington)
- Child Clinical Psychology Master's Program (University of Washington)

2019

- King County Department of Public Defense Annual Conference (Seattle, WA)
- Department of Psychiatry and Psychology (Mayo Clinic, Rochester, MN)
- 2019 Domestic Violence Symposium (Seattle, WA; Keynote address and workshop, with K. Manbeck)
- Seattle University Law School
- Office of King County Public Defense (Seattle, WA)
- Washington State Bar Association
- National Conference on Race and Ethnicity in Higher Education (talk and workshop, with D. Rosen and H. Branstetter)
- UW Medicine Leadership Development Institute
- Continuing Medical Education (Northwest Hospital/UW Medical Center)
- Department of Nephrology (UW Medical Center/School of Medicine)
- Leadership Development Institute (Harborview Medical Center)
- Psychiatry (Harborview Medical Center)
- Department of Obstetrics and Gynecology (UW Medical Center/School of Medicine)

2018

- Seattle Public Schools
- Washington State Attorney General's Office
- Seattle University Law School
- Washington Initiative for Diversity: *Legal Executives Diversity Summit*
- Communications Department (University of Washington)
- Department of Psychology (University of Connecticut)
- University of Washington Counseling Center (with D. Rosen)
- Department of Speech and Hearing Sciences (University of Washington)
- President's Symposium on Mental Health (University of Connecticut): *Race matters* (invited panel presentation with M. Williams)

Workshops, Training Series, and Events on Other Topics:

2021

- Microsoft: Amplify Wellness Program, International: *Connecting for Coping*
- Great Lakes Prevention Technology Transfer Center Network, Madison, WI: *Coping with Covid in our Everyday Lives: Evidence for What Works* (regional webinar)

2020

- University of Griefswald, Germany: *Behavioral Activation* (3-day workshop)
- University of Washington: *Covid and Mental Health* (public lecture)
- UW Genome Sciences, University of Washington: *Mental Health and Coping with Covid*
- Department of Psychiatry and Psychology, Mayo Clinic, Rochester, MN: *Improving Relationships at Work*.

2018

- Association for Contextual Behavioral Science World Conference, Montréal, Canada: *How to Have Close Relationships: An Experimental Primer*

2017

- Washington Association of Contextual Behavioral Science, Seattle, WA: *Healing the Political Divide*.
- Institute of Psychiatry and Neurology, Warsaw, Poland: *Functional Analytic Psychotherapy* (2-day workshop)
- Association for Contextual Behavioral Science World Conference, Seattle, WA: *Conceptualization of awareness, courage, and love as clinical targets in FAP*

2016

- Western Michigan University, Kalamazoo, Michigan: *A Contextual Behavioral Model of Racism*
- Copenhagen, Denmark: *Functional Analytic Psychotherapy* (3-day workshop)
- Bildungswerkstatt ACT, Winterthur, Switzerland: *Functional Analytic Psychotherapy* (2-day workshop)

2015

- Buenos Aires, Argentina: *Functional Analytic Psychotherapy* (1-day workshop)
- Instituto de Psicologia, Universidade de São Paulo, Brazil: *Maximizing the Natural Functional Mechanisms of Social Connection in Psychotherapy*
- Salvador, Brazil: *Functional Analytic Psychotherapy* (2-day workshop)
- Cuiabá, Curitiba, Brazil: *Functional Analytic Psychotherapy* (2-day workshop)
- Mexico City, Mexico: *Functional Analytic Psychotherapy* (2-day workshop)

2014

- London, England: *Functional Analytic Psychotherapy* (2-day workshop)
- Chicago, Illinois: *Functional Analytic Psychotherapy* (2-day workshop)
- Stockholm, Sweden: *Functional Analytic Psychotherapy* (1-day workshop)
- Dalarna, Sweden: *Functional Analytic Psychotherapy* (2-day workshop)
- Copenhagen, Denmark: *Functional Analytic Psychotherapy* (2-day workshop)
- Department of Psychiatry and Behavioral Sciences, UW Medical Center: *Behavioral Activation and Effective Clinical Practice: What do we know? What should you do?*

2013

- Ikatan Psikologi Klinis Perwakilan Jakarta, Jakarta, Indonesia: *Behavioral Activation* (3-day workshop)

2012

- Adapting Therapy for Faith Communities Conference, Bradford, England: *Strategies for delivering Behavioural Activation in diverse communities: A therapist workshop*
- Adapting Therapy for Faith Communities Conference, Bradford, England: *Adapting Behavioural Activation to the values of Latino clients* (plenary address)
- Depression in Primary Care conference sponsored by the National Health Service, Bradford, England: *Behavioural Activation: History, evidence, promise*
- Association for Contextual Behavioral Science Annual Conference, Bethesda, Maryland: *Functional Analytic Psychotherapy* (2-day workshop)
- Association for Contextual Behavioral Science Annual Conference, Bethesda, Maryland: *Behaviorally speaking: From packages to change processes*
- Psykiatrien i Region Sdydanmark, Svendborg, Denmark: *Treating the worst disease in the world with the best treatment in the world* (3-day workshop)
- Dansk Selskab for ACT, Copenhagen, Denmark: *Functional Analytic Psychotherapy* (2-day workshop)
- ACBS BeNe, Utrecht, Holland: *Functional Analytic Psychotherapy* (2-day workshop)
- Psychology Department, Western Michigan University, Kalamazoo, MI: *Functional Analytic Psychotherapy* (2-day workshop)
- First Annual ACBS Chicago Chapter Conference, Chicago, Illinois: *Functional Analytic Psychotherapy* (2-day workshop)
- First Annual ACBS Chicago Chapter Conference, Chicago, Illinois: *Treating the worst disease in the world with the best treatment in the world*
- La Facultad de Psicología de la Pontificia Universidad Javeriana, Bogotá, Colombia: *Functional Analytic Psychotherapy and Behavioral Activation* (3-day workshop)

2011

- UWM Roberto Hernandez Center, Milwaukee, WI: *Latinos and depression in the United States*
- University of Wisconsin-Milwaukee Local 82, Milwaukee, WI: *Managing Stress in Challenging Times*
- Instituto de Psicologia, Universidade de São Paulo, Brazil: *Functional Analytic Psychotherapy* (3-day workshop)
- Association for Contextual Behavioral Science, Parma, Italy: *Behavioral Activation and Acceptance and Commitment Therapy*
- Parma, Italy: *Functional Analytic Psychotherapy* (2-day workshop)

2010

- Australia-New Zealand Association for Contextual Behavioral Science, Adelaide, Australia: *Behavioral Activation and Acceptance and Commitment Therapy*
- Australia-New Zealand Association for Contextual Behavioral Science, Adelaide, Australia: *Functional Analytic Psychotherapy and Acceptance and Commitment Therapy*
- Association for Behavior Analysis, Denver, CO: *Behavioral Activation and the Meaning of Life*
- Bethylm Royal Hospital, London, England: *Supercharging CBT with Functional Analytic Psychotherapy* (2-day workshop)

2009

- Practice Ground Online Evidence-Based Practice Learning Community: *Behavioral Activation*
- YWCA, Milwaukee, WI: *The Journey: Mental health issues and the African American community* (with B. Wesley)
- Curative Care Network, Wauwatosa, WI: *Behavioral Activation Training Toolkit*
- Aurora Psychiatric Hospital's Educational Program, "Celebrating 125 Years in the Art of Healing," Milwaukee, WI: *Behavioral Activation*
- Advisory Board of Wisconsin United for Mental Health, Madison, WI: *Implications and recommendations from research on stigma for anti-stigma program developers*
- Charles E. Kubly Foundation, Milwaukee, WI: *Implications and recommendations from research on stigma related to depression in the Milwaukee community*
- Jewish Family Services, Milwaukee, WI: *Starting the conversation about depression*
- Social Development Commission, Milwaukee, WI: *Are the economy and the world getting you down? How do we keep our heads about water?*
- Wisconsin Public Psychiatry Network teleconference series: *Anti-depressants, outcomes, and suicide: The good, the bad, and the ugly*
- Association for Behavior Analysis International Convention, Phoenix, AZ: *Behavioral Activation*
- BABCP Behavioural Activation Special Interest Group, London, England: *Behavioral Activation*

2008

- Aurora Psychiatric Hospital, Wauwatosa, WI: *How to talk to your clients about depression*
- Aurora Behavioral Health, Milwaukee, WI: *Behavioral Activation*
- Association for Behavior Analysis International Convention, Chicago, IL: *Behavioral Activation*
- *Understanding depression: What is it and how should we talk about it?* Invited talk for the Lake Forest College Current Advances in Psychology (CAP) Colloquia Series, Lake Forest, IL.
- Dartmouth-Hitchcock Medical Center, Lebanon, NH: *Behavior therapy for depression in the 21st century: New advances and applications*
- Lieutenant Governor's Task Force on Women and Depression, Madison, WI: *Depression and stigma: Issues and considerations*

2007

- Wisconsin Public Psychiatry Network teleconference series: *Depression and stigma: The impact of biological models of depression*
- Roberto Hernández Center of the University of Wisconsin-Milwaukee: *Latino research: Pros and cons*
- Wisconsin United for Mental Health, Madison, WI: *Depression and stigma: What research tells us (and doesn't tell us) about the design of effective anti-stigma messages*

2006

- Center for Addictions and Behavioral Health Research, Milwaukee, WI: *Stigma and Depression.*

2004

- Department of Psychology, National University of Ireland, Maynooth, Ireland: *Functional Analytic Psychotherapy*

NEWS & MEDIA

Media on the COVID-19 Crisis:

- Mashable, May 3, 2020: [Closer in Quarantine: How Some Friends and Families are Actually Connecting More in Isolation](#)
- Crosscut, April 30, 2020: [Social Isolation Challenges Seattle's 'Resilient' Mental Health](#)
- Nikkei, April 29, 2020: [New York voices: Virus-wracked City Split on Safety Versus Liberty](#)
- KIRO Radio, April 17, 2020: [UW Study Shows Most Are Coping, Adapting to New Normal During Crisis](#)
- Seattle Met, April 17, 2020: [Why You Shouldn't Give Up on Virtual Happy Hours](#)
- Geek Wire, April 13, 2020: [Univ. of Washington and SurveySignal Study How Tips Help Us Cope with COVID-19](#)
- KIRO Nights, April 15, 2020: [The UW's Jonathan Kanter](#)
- National Geographic, April 15, 2020: [Psychologists are Watching How We Cope with Social Distancing](#)
- KQED, March 31, 2020: [With Shelter in Place Extended to May 1, How are Californians Coping?](#)
- STAT, March 28, 2020: [In A Time of Distancing Due to Coronavirus, the Health Threat of Loneliness Looms](#)
- Crosscut, March 26, 2020: [Social Distancing is Hard, Especially for People Living with Addiction and Mental Illness](#)
- High Country News, March 25, 2020: [Support Groups Grapple with Social Distance and Isolation](#)
- The Seattle Times, March 23, 2020: ['We're in this human experiment': UW Researchers Study Effects of Coronavirus Social Isolation](#)
- BBC, March 22, 2020: Interview with Dr. Jonathan Kanter on the Effects of Social Isolation
- Huff Post, March 18, 2020: [Panic Attacks And Night Terrors: The Mental Health Toll Of Coronavirus](#)
- WBUR, March 18, 2020: [How To Stay Resilient And Mentally Healthy During The Coronavirus Outbreak](#)
- The Conversation, March 16, 2020: [Social Distancing Comes with Social Side Effects - Here's How to Stay Connected](#)
- The New York Times, March 16, 2020: [Wondering About Social Distancing?](#)
- UW News, March 12, 2020: [Staying Connected - At a Distance](#)
- Mic.com, March 11, 2020: [The Emotional Toll of Social Distancing](#)

Other media:

- Brodeur, N. (2018, December 20). [Liberals and conservatives made peace at UW — but Rush Limbaugh wasn't buying it.](#) *The Seattle Times*.
- Airaksinen, T. (2018, November 28). [Students believe conservatives are 'evil,' 'inhuman,' UW study finds.](#) *PJ Media*.
- Banwell, K. (Producer). (2017, September 21). [Before touching a Black person's hair, ask yourself: Am I being racist?](#) KUOW 94.9.
- KING 5 Evening News (2017, September 13). *Microaggressions*. Retrieved from: <https://www.iqmediacorp.com/ClipPlayer/?ClipID=c1cef638-2018-4fb9-8399-c0bd8d9c2439>
- Roll, N. (2017, September 5). [Insensitive or racist? Study finds that students who deliver microaggressions are also likely to harbor racist attitudes.](#) *Inside Higher Education*.
- Schroeder, M. O. (2016, November 24). [Behavioral Activation: The depression therapy you've likely never heard of.](#) *U.S. News and World Report*.
- Mendoza, J. (2016, October 13). [Police shootings and social media: Why some black people believe no one cares.](#) *Christian Science Monitor*.

- Williams, M. (2016, October 6). Column: White people don't understand the trauma of viral police-killing videos. *PBS Newshour*.
- **Kanter, J. W.** & Rosen, D. (2016, August 10). What well-intentioned white people can do about racism. *Psychology Today*.
- **Kanter, J. W.** & Rosen, D. (2016, August 15). Learning the new language of racism. *Psychology Today*.
- **Kanter, J. W.** & Rosen, D. (2016, August 13). Accepting difficult emotions around racism. *Psychology Today*.
- **Kanter, J. W.** & Rosen, D. (2016, August 16). Exploring our own biases and stereotypes. *Psychology Today*.
- **Kanter, J. W.** & Rosen, D. (2016, August 18). Anti-racist action and becoming part of the solution. *Psychology Today*.
- **Kanter, J. W.** & Rosen, D. (2016, August 20). Connecting: Forging real relationships with people of color. *Psychology Today*.
- Mullaly, C. (2016, August 9.) Behavioral Activation is noninferior to CBT for depression. *Reuter's Health*.
- Lujak, Thomas (Producer). (2009, August). *The UWM Today Show* (30-minute interview with Tom Lujak and Azara Santiago-Rivera on Latino depression) [radio broadcast]. Milwaukee, WI: WUWM Radio.
- Duran, Leo (Producer). (2007, October 10). *Joy Cardin* (30-minute interview with public phone in calls on Joy Cardin show) [radio broadcast]. Madison, WI: Wisconsin Public Radio.
- Prince, Sara (Producer). (2007, September 11). *Lake Effect* (interview on Lake Effect) [radio broadcast]. Milwaukee, WI: WUWM Radio.
- Orth, Paula (2007, September). Study focuses on Latino depression. *UWM Report*, 28, p. 11.
- Hunt, L. L. (2006, April). 'Relationship coaching' put to the test. *UWM Report*, 27, p. 11.
- Spivak, C & Bice, D. (2006, August 30). It's hard to be depressed about \$166,769. *Milwaukee Journal Sentinel*, p. 2.
- **Kanter, J. W.** (2006, September 3). Letter to the editor [response to Spivak and Bice]. *Milwaukee Journal Sentinel*, p. 2.

OTHER SERVICE

Editorial Activities:

Editorial Boards	Journal of Contextual Behavioral Science (2019 -) Journal of Psychotherapy Integration (2015 -) The Psychological Record (2010 -) Brazilian Journal of Cognitive and Behavioral Therapy (2011 - 2016) Psychotherapy: Theory, Research, Practice, Training (2010 - 2015) The Behavior Analyst (2006 - 2015)
Guest Editor	The Behavior Analyst, Special Series on Clinical Behavior Analysis (2009, Spring)
NIH Reviewer	Challenge grant submissions, 2009

Consulting, Professional & Community Services:

DEI consultant	UW Medicine workgroups including Digital Health Equity, New Employee Orientation, Faculty Development, 2020 -
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Consultant	The How We Feel Project, an independent, non-profit organization founded by Ben Silbermann, CEO of Pinterest, to fight the Covid-19 pandemic, 2020 –
Consultant	Emmi Advising, Healthcare consulting and solutions with Wolters Kluwer, 2020
Consultant	King County Public Health, on mental health and Covid, 2020
Participant	Aspen Institute expert roundtable discussions on Loneliness and Covid-19, 2020
Member	PTSA Diversity Equity and Inclusion Committee, Lincoln High School, Seattle Public Schools, 2020 –
Member	Equity and Race Advisory Committee, Seattle Public Schools, 2018 –
Member	Race Equity Team, Jane Addams Middle School, Seattle Public Schools, 2016 – 19
Member	Advisory Board, Terra Nova Learning Solutions, 2009 - 11
Award	“Volunteer Partner of the Year,” Mental Health America of Wisconsin, 2008
Member	Advisory Board, Wisconsin United for Mental Health, Madison, WI, 2009 - 11
Co-Chair	Office of the Lieutenant Governor’s Task Force on Women and Depression, Education, Research and Media Subgroup, 2007 – 09
Coordinator	“Bridging Science and Practice: Dialogue on Effective Anti-Stigma Messages and Models for Depression.” Workshop sponsored by the Charles E. Kubly Foundation, October, 2007
Vice President	Clinical Behavior Analysis Special Interest Group, Association for Behavior Analysis, 2003 – 07
Consultant	Columbia St. Mary’s Hospital, Behavioral Medicine Unit, Dialectical Behavior Therapy Program, Milwaukee, WI, on conducting research within the Unit, 2003-05
Consultant	Center for Behavioral Medicine, Milwaukee, WI, 2006
Consultant	InHealth Wisconsin (a not-for-profit health education organization in Milwaukee), Depression Education Program, on developing depression stigma programs for the community, 2005 - 06
Consultant	Mental Health America of Wisconsin collaboration with Entercom Milwaukee (99.1 the Mix, 1250 Sports Radio, and 103.7 KISS) on radio programming and listener surveys to reduce stigma associated with mental illness, 2008
Consultant	University of Wisconsin, Madison collaboration with Wisconsin United for Mental Health, “Multicultural views of depression self-stigma in working Wisconsin women” research project, 2007 - 09