Asthma Diagnosis - Older Child

GOAL:
Make the diagnosis of asthma so that appropriate education and treatment can be provided.

1. History of prior trial leading to improvement, or improvement after SABA given in office.
   (short-acting β (beta) agonist such as Albuterol)

2. Assess Symptom Severity: Significant distress?
   - Yes: Proceed to next step
   - No: Return when stable

3. Improved* with SABA and/or steroids?
   - Yes: Diagnose and Treat as Asthma
     - Classify Severity/Impairment
     - Asthma Education Plan
     - Asthma Action Plan
     - Track/Note Triggers
     - Track/Note Co-morbidities
   - No: Continue with next step

4. Spirometry at First Follow up Visit
   - Normal
   - Obstructive Pattern

5. ≥ 12% improvement post-bronchodilator or oral steroids?
   - Yes: Obstructive Pattern
   - No: Re-Classify Severity/Impairment
     - Adjust Management
     - Update Asthma Action Plan

Inclusion Criteria:
- Age 5 years or older
- Cough or wheeze

Exclusion Criteria:
- Other acute primary respiratory diagnosis including pneumonia, croup, bronchiolitis
- Children with other chronic disease such as CF, congenital heart or pulmonary disease, immune disorder
- Unilateral wheeze suggestive of foreign body

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