

Child and Adolescent Trauma Screen (CATS) Scoring Tip Sheet

CATS 7-17 Years Score <15	CATS 7-17 Years Score 15-20	CATS Score 7-17 Score 21+
Normal. Not clinically elevated.	Moderate trauma-related distress.	Probable PTSD.
<p>Clinical Tip: Brief review of results with clients. Validate, normalize and reassure. Anticipatory guidance.</p>	<p>Clinical Tip: Carefully review results with clients. Validate, normalize and reassure. Provide psychoeducation and coping tips. Convey hope that many children recover naturally and that there are effective treatment available if desired. Offer trauma-specific treatment if interested.</p>	<p>Clinical Tip: Carefully review results with clients and conduct PTSD diagnostic interview using results. Validate and normalize. Convey hope regarding recovery with effective treatment. Offer TF-CBT or other evidence-based trauma-specific treatment.</p>

CATS Caregiver 3-6 Years Score < 12	CATS Caregiver 3-6 Years Score 12-14	CATS Caregiver 3-6 Years Score 15+
Normal. Not clinically elevated.	Moderate trauma-related distress.	Probable PTSD.
<p>Clinical Tip: Brief review of results with caregiver. Validate, normalize and reassure regarding trauma and impact. Anticipatory guidance.</p>	<p>Clinical Tip: Carefully review results with caregiver. Validate, normalize and reassure regarding trauma and impact. Provide psychoeducation and coping tips. Convey hope that many children recover naturally and that there are effective treatment available if desired. Offer trauma-specific treatment if interested.</p>	<p>Clinical Tip: Carefully review results with caregiver. Conduct PTSD diagnostic interview using results. Validate and normalize regarding trauma impact. Convey hope regarding recovery with effective treatment. Offer TF-CBT or other evidence-based trauma-specific treatment.</p>