



## Progress Monitoring Checklist (Caregiver of children 3-17 years)

Please answer the questions based on how it is going with the child since your last appointment. This progress monitoring tool will help you and the counselor know how the child is doing. The counselor will discuss the results with you.

	Never	Sometimes	Often	
<b>Feel sad.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Feel hopeless.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Feel down on him/herself.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Worry a lot.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Seem to be having less fun.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>5+</b>				
<b>Fight with other children.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Not listen to rules.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Not understand other people's feelings.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Tease others.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Blame others for his/her troubles.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Refuse to share.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>Take things that do not belong to him/her.</b>	<b>0</b>	<b>1</b>	<b>2</b>	
<b>7+</b>				
	Never	Once in a while	Half the time	Almost always
<b>Bad dreams related to a stressful event.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Acting, playing or feeling as if a stressful event is happening right now.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Trying not to remember, talk about or have feelings about a</b>				<b>3</b>

<b>stressful event.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Avoiding activities, people, places or things that are reminders of a stressful event.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Being overly alert or on guard.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>Being jumpy or easily startled.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

4+