Resources for Child Sexual Assault

<u>Preschool – Early Grade School</u>

Bahr, A. (1986). Your Body is Your Own. New York, NY: Grosset & Dunlap, Inc.

- Freeman, L. (1986). Loving Touches: A Book For Children About Positive, Caring Kinds of Touching. Seattle, WA: Parenting Press, Inc.
- Jessie. (1991). Please Tell! A Child's Story About Sexual Abuse. St. Paul, MN: Hazelden Foundation.
- Kehoe, P. (1987). Something Happened and I'm Scared to Tell. Seattle, WA: Parenting Press, Inc.
- Kleven, S. (1997). *The Right Touch*. Bellevue, WA: Illumination Arts Publishing Company, Inc.

Patterson, S. (1986). No-No the Little Seal. New York, NY: Random House.

Y.W.C.A. of Flint. (1985). *You Belong To You*. Flint, MI:YWCA Domestic Violence & Sexual Assault Services.

<u> Mid-Late Grade School – Middle School</u>

- McGovern, K. (1985). *Alice Doesn't Babysit Anymore*. Portland, OR: McGovern & Mulbacker Books.
- Russell, P. & Stone, B. (1986). *Do You Have a Secret?* Minneapolis, MN: CompCare Publishers.

Sanford, D. (1986). I Can't Talk About It. Portland, OR: Multnomah Press.

- Stauffer, L. & Deblinger, E. (1999). *Let's Talk About Taking Care of You!* Hatfield, PA: Hope for Families, Inc.
- Stowell, J. & Dietzel, M. (1996). *My Very Own Book About Me! Personal Safety Book*. Spokane, WA: ACT for Kids.

Resources for Child Sexual Assault

Sweet, P. (1981). Something Happened to Me. Racine, WI: Mother Courage Press.

Wachter, O. (1983). No More Secrets for Me. Boston, MA: Little, Brown, & Company.

- Walvoord Girard, L. (1984). *My Body is Private*. Morton Grove, IL: Albert Whitman & Company. (*low cost, approx.* \$5.95)
- Whatcom County Opportunity Council Coalition for Child Advocacy. (1985). *Touching.* Lynnwood, WA: Qualigraphics, Inc.

High School

- Adams, C., Fay, J. & Loreen-Martin, J. (1984). NO is Not Enough: Helping Teenagers Avoid Sexual Assault. San Luis Obispo, CA: Impact Publishers.
- Fay, J. & Flerchinger, B.J. (1982). Top Secret: Sexual Assault Information for Teenagers Only. Renton, WA: King County Rape Relief.
- Loiselle, M. & Bailey Wright, L. (1992). *Shining Through: Pulling It Together After Sexual Abuse.* Brandon, VT: The Safer Society Press.
- Mather, C. & Debye, K. (1994). *How Long Does it Hurt?* San Francisco, CA: Jossey-Bass Publishers.
- Stringer, G. & Rants-Rodriguez, D. (1989). So What's It to Me? Renton, WA: King County Sexual Assault Resource Center. (specific for boys)

Parents/Adults

- Adams, C. & Fay, J. (1987). *Helping Your Child Recover From Sexual Abuse*. Seattle, WA: University of Washington Press.
- Kemp, R. & H. (1984). The Common Secret: Sexual Abuse of Children and Adolescents. New York, NY: W.H. Freeman and Company.

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Resources for Child Sexual Assault Continued...

Parents / Adults Resources Continued

- Mather, C. & Debye, K. (1994). *How Long Does it Hurt?* San Francisco, CA: Jossey-Bass Publishers.
- Stauffer, L. & Deblinger, E. (1999). *Let's Talk About Taking Care of You!* Hatfield, PA: Hope for Families, Inc.

Resources on Sexuality and Sexual Development

Preschool – Early Grade School

Ingoglia, G. (1987). Look Inside Your Body. New York, NY: Grosset & Dunlap, Inc.

Mayle, P. (2000). "Where Did I Come From?" New York, NY: Kensington Publishing Corp.

Pearse, P. (1988). See How You Grow. Hauppauge, NY: Barron's Educational Series, Inc.

Late Grade School – Middle School

Harris, R. (1994). It's Perfectly Normal. Cambridge, MA: Candlewick Press.

Mayle, P. (1975). "What's Happening to Me?" New York, NY: First Carol Publishing Group.

High School

Harris, R. (1994). It's Perfectly Normal. Cambridge, MA: Candlewick Press.

- Lewellen, J. (1999). *The Teen Body Book: A Guide to Your Changing Body*. Chicago, IL: Lowell House.
- Mayle, P. (1975). "What's Happening to Me?" New York, NY: First Carol Publishing Group.
- McCoy, K. & Wibbelsman, C. (1987). *The New Teenage Body Book*. Los Angeles, CA: The Body Press.

Parents/Adults

De Freitas, C. (1998). Keys to Your Child's Healthy Sexuality. Hauppauge, NY: Barron's Educational Series, Inc.

Wilson, P. (1991). When Sex is the Subject. Santa Cruz, CA: Network Publications.

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Trauma Resources

<u>Preschool – Early Grade School</u>

De Paola, T. (2000). *Nana Upstairs & Nana Downstairs*. New York, NY: Penguin Putnam Books for Young Readers. (loss of a grandparent)

Holmes, M. (2000). A Terrible Thing Happened. Washington, DC: Magination Press.

Krasny, L. (1998). When Dinosaurs Die. Boston, MA: Little, Brown, & Co.

- Mellonie, B. (1983). *Lifetimes: The Beautiful Way to Explain Death to Children*. New York, NY: Bantam Doubleday Dell Publishers.
- Thomas, P. (2000). *I Miss You: A First Look at Death*. Hauppauge, NY: Barron's Educational Series, Inc.
- Viorst, J. (1997). *The Tenth Good Thing About Barney*. New York, NY: Atheneum. (loss of a pet)

<u>Mid-Late Grade School – Middle School</u>

- Klassen, H. (1999). *I Don't Want to Go to Justin's House Anymore*. Washington, D.C.: Child & Family Press. (child physical abuse)
- Romain, T. (1999). *What on Earth Do You Do When Someone Dies?* Minneapolis, MN: Free Spirit Publishing, Inc.
- Sanford, D. (1987). I Know the World's Worst Secret. Portland, OR: Multnomah Press. (alcoholism)

High School

- Gootman, M. (1994). When A Friend Dies. Minneapolis, MN: Free Spirit Publishing.
- Grollman, E. (1993). Straight Talk About Death For Teenagers. Boston, MA: Beacon Press.

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Trauma Resources

Parents/Adults

- Joyce, J. & Somerville, A. (1997). *Aware of the Wicked*. Hoover, AL: Readers and Writers. (Two survivors' recovery from a violent crime)
- Van der Kolk, B., McFarlane, A., & Weisaeth, L. (1996). *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society*. New York, NY: The Guilford Press.