

Working with Our Feelings

Look at the face below.

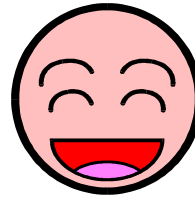


What feeling does this face show?

What makes people feel that way? Can you think of two reasons why the person in the picture might feel that way?

1. _____
2. _____

Now look at this face.



What feeling does this face show?

Can you think of two reasons why the person in the picture may feel that way?

1. _____
2. _____

Now it's your turn to draw a face now. Pick a feeling and draw how someone with that feeling might look.

Feeling: _____



Can you think of three reasons someone might be feeling that way? List them below.

1. _____
2. _____
3. _____

